MAY 2024

## **Safety in Water**

**Keeping King's Park Young People Safe** 



Water can be colder than you think. Anything below 15°C is defined as cold water and can seriously affect your breathing and movement. The average sea temperature around the UK and Ireland is 12°C.

Water can be deeper than you think and often there can be hidden dangers.

Water can be faster moving than you think, and can be powerful.

In an emergency, always call 999.

Click on the image to hear Nick from FARE talk about keeping vourself safe in water.



Water safety is so important. It only takes a moment. A child or weak swimmer can drown in the time it takes to reply to a text, check a fishing line or apply sunscreen. Death and injury from drownings happen every day in home pools and hot tubs, at the beach or in oceans, lakes, rivers and streams, bathtubs, and even buckets. The Red Cross believes that by working together to improve water competency - which includes swimming skills, water smarts and helping others - water activities can be safer... and just as much fun.

## **Child Protection** Coordinator

Mrs Preston is our CP coordinator and her role is



to ensure all young people are safe in school, at home and in the community. If you have a Child Protection concern about a young person, please contact Mrs Preston.

You can e-mail our Pupil Support Team:

Arran House Miss Armour

Lewis House Miss McTaggart

**Mull House** Ms Gibson

Skye House Mr Samson

**All Houses** Mrs Bertolini Mrs Ogilvie

If you would like to speak to PC Chris O'Neill, our school police officer, please contact him via our school office.





Stop and think. Spot the dangers. Plan your activity and bring the right equipment.



Stay together. Stay close. Always tell someone where you are going.



Fight the urge to swim and instead float on your back until you can swim to shore or shout for help.