

# Nurture Newsletter-January 2026

Dear Parents/Carers,

Happy New Year! All the children have settled back to school and are making good progress. The group are getting along better than ever, and it is a pleasure to spend the mornings with them. We will continue to build their listening skills through a variety of activities listed below. The month of January we will be focusing on 'Scotland' as part of our whole school project. As a reminder, children who attend Nurture are in the Badgers' Den in the morning, returning at lunch time to join their class for the rest of the afternoon. Please keep an eye on letters/appointments in your child's bag. I will be in touch soon at the start of February to arrange an appointment to discuss your child's progress. As always, please don't hesitate to get in touch.

Miss Kennedy



## Health & Wellbeing

The group will be developing their social skills through a variety of activities. These include:

- Circle time
- Trips decided by the group
- Sensory activities
- Turn taking games and jigsaws
- Opportunities to play with friends
- Memory games
- Junk modelling
- Music and singing
- Using the parachute and listening games in the gym hall
- Visiting the outdoor sheds
- Show and Tell
- Using feeling puppets
- Stories with a HWB focus
- Calm time - mindful yoga
- Celebrating others e.g. birthdays and Robert Burns' Day
- Scottish country dancing

## Read Write Inc & Literacy

During the week your child will revise their RWI sounds. They will practise writing and sounding out the sounds.

Your child will have plenty opportunities for writing linked to Scotland.

Most days we read a story where the children can use their predicting, describing and summarising skills. This will help to build their listening and focusing too.

## Numeracy

- BINGO numbers up to 50
- Using a dice accurately
- Counting in 2's
- Shape revision
- Number of the day
- iPad games

## Drama and role play

The children have shown a strong interest in developing their imagination and curiosity through role play. We will provide role play opportunities on:

- Schools
- Doctors
- Police
- Dentists
- Shops

## Cooking

Once a week your child will participate in cooking and baking. This will include making:

- Noodles
- Cookies/Biscuits/Cakes
- Soup
- Fruit bowls
- Sandwiches

### Friendship Friday



On a Friday we have 'Friendship Friday'. Your child will be able to invite one friend from their class to take part in the morning activities and join us for snack in the Badger's Den. This will help build strong relationships.

### Snack Time



Every morning the children take turns to help make snack and wash the dishes. Snack includes toast, milk, juice and a piece of fruit.

Please advise the school of any allergies.

### Our School Nurturing Principles

'We all learn in our own way in our own time'

'Our school is a safe place to be'

'We believe in ourselves'

'We used our words to talk about our feelings'

'Our behaviour shows how we feel'

'We can cope with changes'

**We are always so busy at school!**



Keep your eyes peeled on the Badger's Den tab on Showbie for more pictures

