



80% of children are not eating enough vegetables!

We are delighted to have been chosen to take part in a national campaign to inspire children to eat more vegetables. You may have seen the adverts on television – Eat Them to Defeat Them – which is part of the campaign.

Between now and the end of term, the children will have the opportunity to try different vegetables at lunchtime each week. They will receive a pack to bring home with stickers and activities which you can use at home to encourage them to continue trying the 'vegetable of the week.'

Each week there will be a different vegetable to try –

Week Beginning 17th May – carrots

Week Beginning 24th May - peas

Week Beginning 31st May - broccoli

Week Beginning 7th June - tomatoes

Week Beginning 14th June - sweetcorn

Week Beginning 21st June – peppers

We hope that you will join us in helping to encourage the children to eat more vegetables. If you would like further information, please have a look at the following website –

www.eatthentodefeatthem.com