





Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- All meals include choice of plain semi-skimmed milk and refresh water
- All options include yoghurt and fresh fruit for dessert
- All dishes are served with a choice of seasonal vegetables or side salad

WEEKLY CYCLE

19/4, 17/5, 14/6, 16/8, 13/9, 18/10, 15/11, 13/12, 3/1, 7/2 and 7/3

We also offer Homemade soup with a

selection of bread

Week 1 Wednesdav Thursday Friday Monday Tuesdav Halal Roast Choice **Ouorn Meatballs in Fish Fingers** Halal Chicken Chicken Halal Lamb Pie **Tomato Sauce Oven Chips** Currv **Yorkshire Pudding** with Potatoes with Rice with Rice or Potatoes Potatoes Vegetable Quarter Choice Cheese & Tomato Vegetable Paella Sweet Chilli Quorn Pounder Baked Potato Pizza Herb or Plain Savoury Cheese **Crusty Bread** Spiced or Plain Flat Bread 2 Potato Wedges **Diced Potatoes** Choice Salmon Nibbles Cheese Savourv Cheese **Fish Goujons** Tuna Spiced or Plain Sandwich or Roll Salad Wrap Sandwich or Roll Sandwich/Roll 3 **Diced Potatoes**

Medical Diet - If you have any dietary requirements please contact the catering manager







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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Falafel Burger in a Bun Oven Chips or Potatoes	Halal Lamb Savoury Mince with Potatoes	Quorn Meatballs in Gravy Spiced or Plain Diced Potatoes	Halal Lamb Spaghetti Bolognaise Garlic & Herb Bread	Breaded Fish with Potatoes
Choice 2 V	Baked Beans on Toast	Quorn Goujons with Tangy Sweet & Sour Noodles	Vegetable Curry with Rice	Quorn Hot Dog & Onions Herb or Plain Potato Wedges	Quorn Tomato Pasta Garlic & Herb Bread
Choice 3	Baked Potato Cheese & Coleslaw	Tuna Sandwich or Roll	Vegetable Quarter Pounder Spiced or Plain Diced Potatoes	Cheese Sandwich or Roll	Halal Sweet Chilli Chicken Wrap

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WEEKLY CYCLE

26/4, 24/5, 21/6, 23/8, 20/9, 25/10, 22/11, 20/12, 10/1, 14/2 and 14/3

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WEEKLY CYCLE

3/5, 31/5, 30/8, 27/9, 1/11, 29/11, 17/1, 21/2 and 21/3

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Homemade soup with a selection of bread

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Sweet Potato & Coconut Curry with Rice	Halal Lamb Lasagne Garlic & Herb Bread	Halal Roast Chicken & Yorkshire Pudding with Potatoes	Quorn Sausages in Gravy with Potatoes	Fish Fingers Oven Chips or Potatoes
Choice 2 V	Quorn Goujon Herb or Plain Potato Wedges	Cheese & Tomato Pizza with Pasta	Quorn Risotto Crusty Bread	Vegetable Chilli with Rice	Cheese & Tomato Quiche Oven Chips or Potatoes
Choice 3	Cheese Sandwich or Roll	Tuna Sandwich or Roll	Fish Cake Herb or Plain Potato Wedges	Fish Goujon Salad Wrap	Baked Potato Baked Beans

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WEEKLY CYCLE

10/5, 7/6, 6/9, 4/10, 8/11, 6/12, 24/1, 28/2 and 28/3

We also offer

Homemade soup with a selection of bread

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Macaroni Cheese Garlic & Herb Bread	Breaded Fish with Potatoes	Halal Chicken Casserole Herb or Plain Potato Wedges	Halal Mince Pie with Potatoes	Halal Chicken Fajita Spiced or Plain iced Potatoes
Choice 2 V	Quorn Sausage Casserole with Potatoes	Thai Vegetable Curry with Rice	Baked Potato Cheese & Coleslaw	Quorn Goujon Salad Flat Bread	Vegetable Arrabiata Pasta
Choice 3	Banana & cheese Sandwich or Roll	Halal Chicken Mayonnaise Wrap	Quorn Hot Dog & Onions Herb or Plain Potato Wedges	Cheese Sandwich or Roll	Keema Burger in a Bun Herb or Plain Diced Potato

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