

*Using the outdoors to challenge,
educate & inspire young people*

Scottish Outdoor Education Centres

Dounans Centre

Jamie Miller, Centre Manager



Scottish
Outdoor
Education
Centres



Your visit

- Who are we?
- What do we do?
- Where are we?
- What is it like?

*Be amazed at what
you can do!*



Who are we?

History since 1939

Residential outdoor
environmental experience

Companies, schools,
community groups...

... AND YOU



What do we do?

- Outdoor Activities
- Safety
- Fun
- Learning



Confident Individuals

Responsible Citizens



Curriculum for Excellence



Successful Learners

Effective Contributors

Leap of Faith

Confident
Individuals

*Be amazed at what
you can do!*



Mohawk Walk

Confident
Individuals

*Be amazed at what
you can do!*



Living Outdoors

Responsible
Citizens



*Be amazed at what
you can do!*



Night Line

Responsible
Citizens

*Be amazed at what
you can do!*



Crate Climb

Effective contributors

*Be amazed at what
you can do!*



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Problem Solving

Effective contributors

*Be amazed at what
you can do!*



Tree Climb

Successful
learners

*Be amazed at what
you can do!*



Archery

Successful
learners

*Be amazed at what
you can do!*



How we do it....

- Engaging the senses
- Effective learning environment
- Challenge through choice
- Stretching comfort zones
- Facilitative learning

**Experiential
Learning**



SAFETY IS PARAMOUNT

All tutors are:-

Trained and validated

Qualified

First aiders

Disclosure Scotland checked

All activity systems and safety are checked externally

<http://www.hse.gov.uk/aala/>



What's it like?

- Where are we?
- Accommodation
- Food
- Daily Routine

*Be amazed at what
you can do!*



Where are we?

Set in the heart of the
Lomond and Trossachs
National Park

Dounans

Dounans has a wealth of natural resources on its doorstep and is perfect for environmental sessions both on and off-site. Off-site activities such as kayaking or abseiling are a short hop away.



Accommodation & Facilities



Working areas



Dining Hall

Cooked breakfast
Curry
Shepherds pie
Pizzas
Baked Potatoes with fillings
Pasta Bakes
Soups
Baguettes
Bacon Rolls
Fruit crumbles

*Healthy Eating
Options!*



Breakfast 8:30

Lunch 12:30

Dinner 5:00

Supper 8:30

All special dietary requirements
can be catered for

Please let us know!

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Daily Routine

*Be amazed at what
you can do!*

8.30 am

9.30am

12.30pm

1.30pm

5.00pm

6.00pm

7.30pm

8.30pm

?

Breakfast

Activities

Lunch

Activities

Dinner

Evening Activities

Teacher Time

Supper

Bed



What to bring



*Don't forget your
Teddy Bear!*

- Old warm clothes
- Plenty of changes – socks, pants etc
- Waterproofs
- Wellies or walking boots (*only if you have them*)
- Trainers
- Towel and toiletries
- Medication
- Bin Bags
- Sun screen & midge repellent
- Watch
- Water Bottle
- Small Rucksack/ Backpack
- Dancing clothes for the DISCO



What to leave at home

- Large amounts of money
- Sweets/extra food
- Expensive cameras
- Mobile phones
- Electronic games and MP3 players
- Hair straighteners, hair spray etc



Medication & dietary needs

A Fridge and cupboard are available for medication if required

Clearly labelled with

- Name
- Class
- Dosage

**Any other information to the school
who will inform SOEC**



AND
FINALLY
DON'T
FORGET
TO...

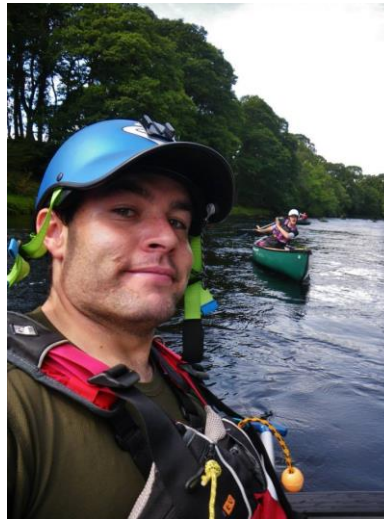
Label
EVERYTHING!



The staff at
Dounans
Centre are
looking
forward to your
visit



*Be amazed at what
you can do!*





Questions

