**NEWSLETTER**

**A person smiling for the camera

Description generated with very high confidence**

**WELCOME**

We are delighted to officially open Elysium Spa and Health Club. We are here to support you to achieve your fitness goals! Our personal fitness trainers are listed below.

**David Quinn**

**TIMETABLE**

Please book your place at Reception or online.

PERSONAL DETAILS

**Name**

**Name**

PERSONAL DETAILS

**Name**

PERSONAL DETAILS

**Qualifications**

BSc Sport and Exercise Science

Sports Medicine Course

Level 3 Sports Conditioning Award

**Favourite Activity**

Metafit