

OUR NURTURE NEWSLETTER

September 2023 - May 2024

REFLECTING ON THIS YEAR...

Our aims

Nurture offers our pupils the chance to develop their social skills, improve their emotional literacy and become more confident and resilient. Being part of our group each morning supports pupils to engage with school for the rest of their day; encourages positive relationships with peers and teachers across the school and most importantly allows a safe, calm space for those who need it most at the start of their day.

Our positive impact

Pupils have slowly but surely flourished as part of the Nurture group as they have: made friends, listened to each other, worked together to solve problems and opened up, feeling comfortable sharing their thoughts.

End of year Boxall Profile completion and observations are currently being undertaken to provide evidence of individual progress, and staff feedback is invaluable to this.



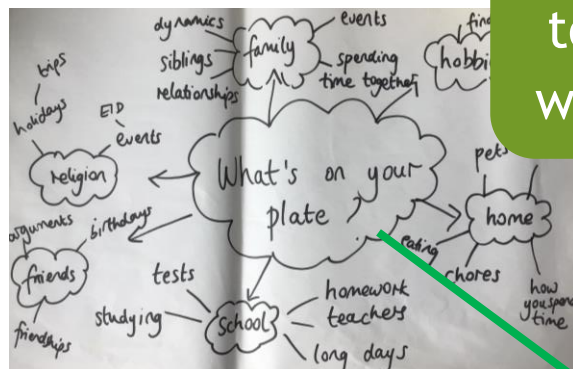
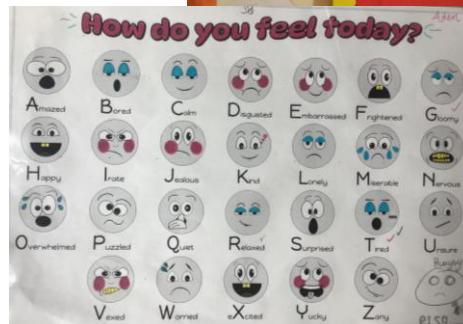
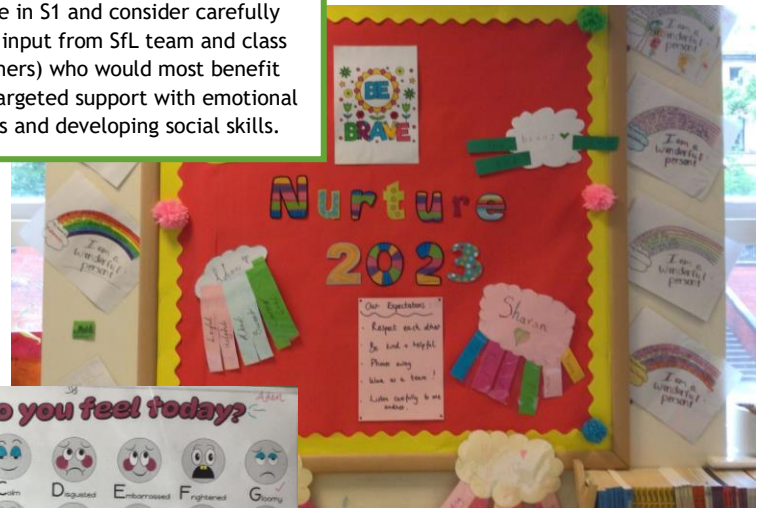
THANK YOU

To all teachers who supported by providing feedback both through completing Boxalls, round robins and regular chats about pupils' progress in your class, thank you for taking the time to share important information and work with us to support our Nurture group: we really appreciate it.



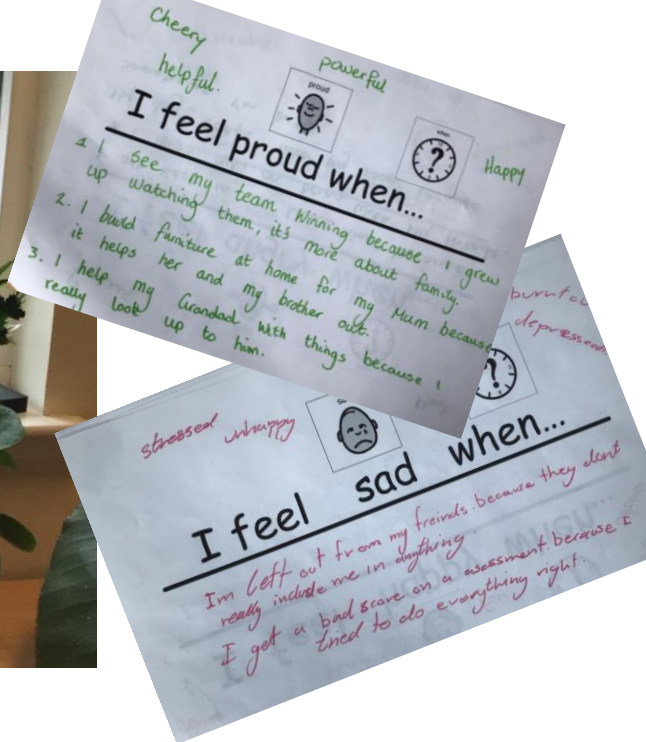
How do we select our Nurture group students?

The process begins with P7 transition meetings and observations to gather information about pupils who are highlighted as potentially requiring support. We observe pupils when they arrive in S1 and consider carefully (with input from SfL team and class teachers) who would most benefit from targeted support with emotional needs and developing social skills.



"I have learned to ask for help when I need it"





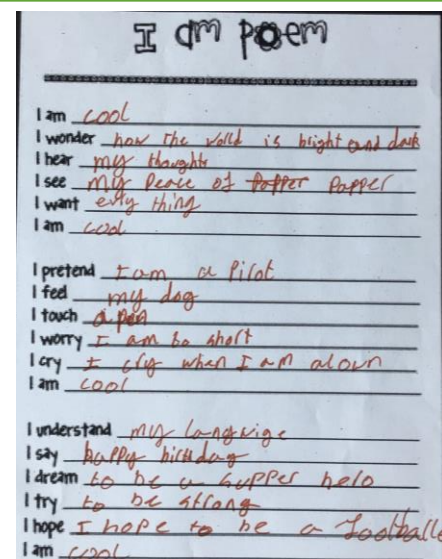
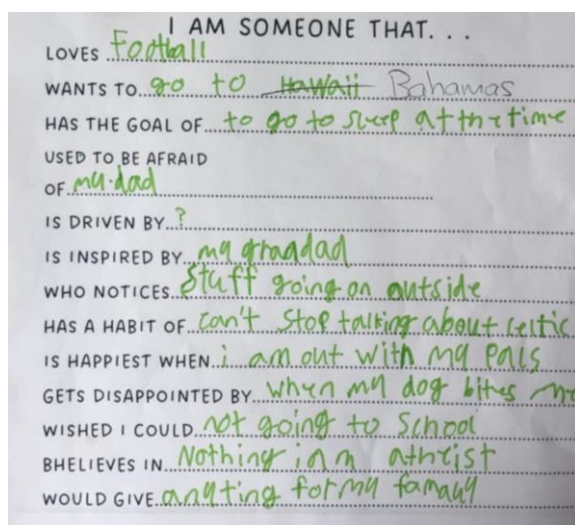
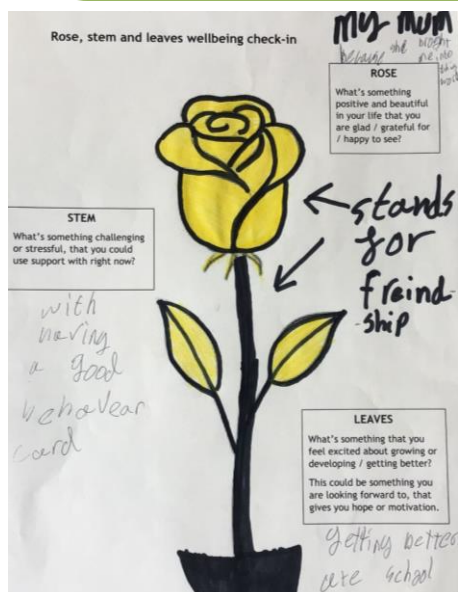
WHAT WE HOPED

TO ACHIEVE:

- Making connections
- Building friendships
- Developing creativity
- Being mindful
- Improving emotional literacy
- Enjoying team work
- Building communication skills
- Having fun
- Nurturing plants – each of us had our own wee one!

How did we do this?

- Importantly we started every morning by having breakfast together, demonstrating the importance of fueling for the day and having chance to feel heard by each other as we talked about our week.
- Guided group discussion and writing activities about our feelings, situations, different experiences,
- Regular check-in conversations about how things were going, things we were looking forward to or worried about ahead,
- Lots of literacy related activities: poems, stories, reflective tasks to learn from each other and share similar thoughts / experiences / advice,
- Various art, crafts and home baking projects,
- Problem-solving tasks and puzzles - both independently (competitively!) and in different teams,
- Learning about improving wellbeing and using plants to illustrate this: for example, researching their plant to discover what it needed to thrive and then trying to keep it alive!
- Celebrations of birthdays and important events in their lives (Eid, Christmas, Miss Martin's baby arrival!)
- A variety of games - both indoors and outside once the sun came out!





TARGET SETTING

Initial Boxall Profiles are completed at the beginning of term in August, and these inform the first target(s) set for each pupil in Nurture.

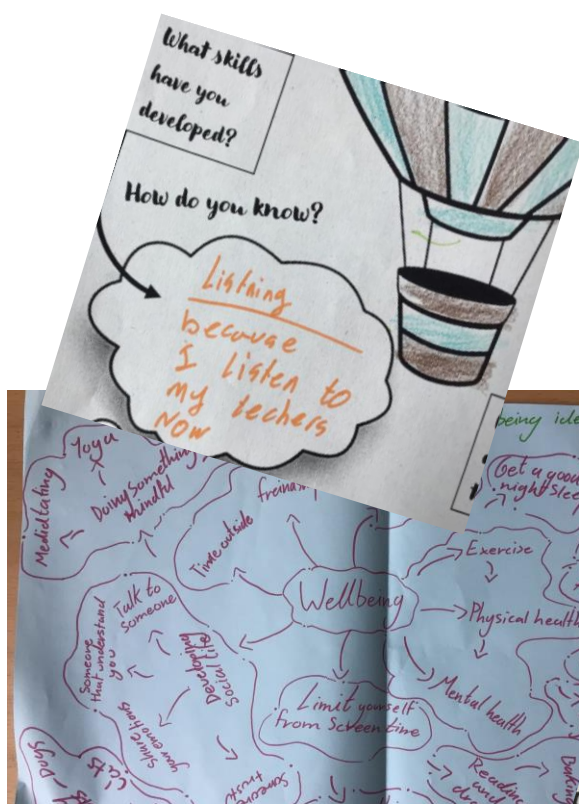
We discuss targets openly throughout the year and each pupil knows what they are working on and how they can try to demonstrate that they have met their target(s).

We have regular check-ins throughout the term to talk about how things are going and to offer advice and support. Ideally, targets are met and then new ones set each term.

Feedback from teachers is vital in informing us about whether or not targets are being met outside of the Nurture room. We hope that pupils are developing positively in a way that is genuinely felt and expressed in their daily lives.

So far, feedback from teachers from this year's group is showing that being in Nurture has had such a positive impact on our pupils - they are **settled** and feel **valued** here; **listen** more; are **more confident** and **happier** - collectively these strengths will help them to **learn and thrive**.

“I will miss having breakfast together”



Thanks to funding from a Kellogg's grant, we were able to take the group for a block of skiing lessons, which they absolutely loved. Even going on the Subway was a new, exciting experience for them!

If you're interested in learning more about Nurture, the six principles and how these can be applied within our classrooms, here is a short video with further information:

<https://www.youtube.com/watch?v=jwaggKknyeY>



NURTURING GLASGOW
nurture: at the heart of glasgow