S4 National Qualifications PE Official Homework 3

1. **Describe** one method you have used to gather information on the **social** factor. (4)
2. **Describe** one approach you have used to gather information on the **mental** factor. (4)
3. **Explain** your reasons for using one of these approaches. (4)
4. Select an approach you have used to gather information on **any** factor. **Evaluate** the **benefits and limitations** of this approach to gathering information. (4)
5. **Describe** your **physical** factors in comparison to those of a model performer. (4)

**Total marks available: 20**