**Official Homework 2**

1. **Describe** the purpose of gathering information on your performance. (4)
2. **Describe** one standardised test that you used to gather information on the physical factor. (4)
3. **Describe** how you used performance profiling to gather information on your performance. (4)
4. **Describe** how you used a questionnaire to gather information on your performance. (4)
5. **Describe** the ways in which you could use a model performer to gather information on performance. (4)