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**Hillhead High School**

**Physical Education Department**

**S1-S3 Course Outline**

**CfE Experiences & Outcomes:**

**HWb: 2/3/4-21a, 2/3/4-22a, 2/3/4-23a, 2/3/4-24a.**

**Lit: 2/3/4-02a**

**Activity: Volleyball**

**Block Learning Intentions:**

**S1: Pupils will be able to participate in 1v1/2v2 or 3v3 games applying basic skills and following appropriate rules and regulations.**

**S2: Pupils will be able to compete in a 2v2 or 3v3 tournament successfully applying a range of skills and techniques in a structured performance following the rules of the game.**

**S3: Pupils will be able to organise a 3v3 tournament and compete using a range of skills and tactics, while implementing the correct rules and demonstrating tactical knowledge and decision-making skills.**

**Activity Specific Skills:**

**Overhead pass (volley) Agility**

**Underarm pass (dig) Combination play**

**Service Rules & Regulations**

**Tip Scoring System**

**Spike**

**Reaction Time**

**Skills for Life, Learning & Work: Co-operation**

**Leadership**

**Responsibility**

**Communication**

**Team-work**

**Significant Aspects of Learning:**

**Kinaesthetic Awareness Decision Making**

**Balance & Control Speed**

**Co-ordination & Fluency Flexibility**

**Timing Determination**

**Gross & Fine Motor Skills Confidence**

**Focus & Concentration**

**Assessment Approaches:**

**Questioning & Discussion Video**

**Feedback Partners Peer Observations**

**Learning Logs Observation Schedule**

**Teacher observations Learner Conversations**

**Learning & Teaching Approaches: Individual / Paired / Group work**

**Teacher directed**

**Pupil centred**

**Problem Solving**