

Organisation & Time Management

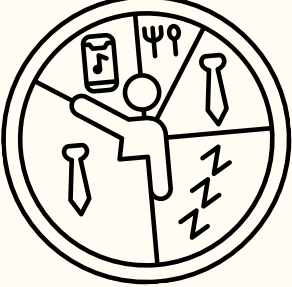
Dyslexia Study Skills

@miss_aird

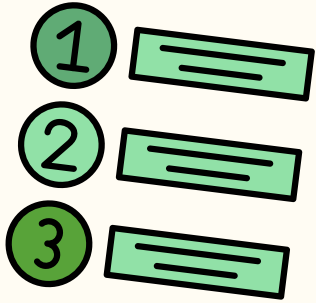
Managing & Organising Tasks

1 Break tasks down into more manageable chunks or small steps so you don't feel overwhelmed.

2 Prioritise tasks in order of importance and tackle one task at a time.



3 Set deadlines for each task. Order them in priority of when they are due.



Breaking down tasks allows you to focus and retain information better. Instead of trying to write a whole essay, try doing a paragraph a day!

Create a Study Timetable



Create a study timetable to make sure you are covering all your subjects.

Set regular breaks in your timetable for Rest and Relaxation.

Think about what time of day you work best at. Do you study best in the morning, at night... ?

If you have study periods, plan what you will do in each lesson. Be specific

Colour Coding



Colour code each subject to help keep track of notes and resources.

Use highlighters to highlight key points or coloured post-its to summarise key points.



Colour coding will help you to locate information quickly and easily.

