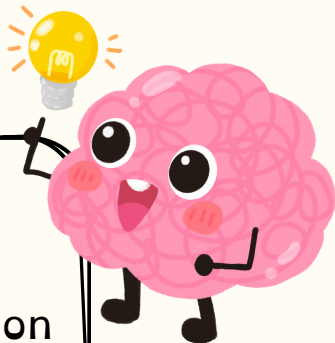


Memory Recall Techniques

Dyslexia Study Skills

@miss_aird

Active Recall



What do you already know?

- Write this down.
- Check what other information you need to learn.

Make revision sheets...

- Write only the **key words** or **phrases**.
- Use **colour** to distinguish the different points.
- Use **symbols, images, numbers, diagrams, tables and charts** to cut down words.
- Use more bullet points for topics you are less familiar with.

Self Quizzing



Write down questions based on the material you're studying, then answer them without referring to your notes. This technique helps identify areas of weakness and strengthens memory recall.

Concentrate on the things you do not know – put the things you know to one side.

Songs & Rhymes

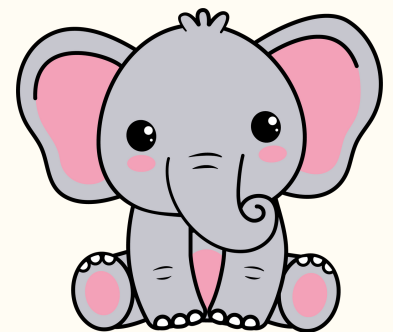
Create catchy tunes or rhymes to remember facts or sequences.

"i before e,
except after
c"

Acronyms/ Mnemonics

Use your imagination and association to create a chain of information in your mind. You can also use these to remember how to spell words.

Big
Elephants
Can
Always
Understand
Small
Elephants



Flashcards



Put key points on cards and on the other side of the card draw something to remind you. Test your knowledge with these flashcards.

Past Papers

Analyse each part of the question and underline the keywords of the task and be specific to the area you are being asked about

Practice using digital past papers on the SQA website.

