S6 Online Information Evening

Thursday 7th September (6.30pm to 7.30pm)



Please keep your camera off



Please keep your microphone off

















Key Information, Values and Habits – Mr Carson (DHT S6)

Academic supports – Mr Richardson (DHT Attainment)

Mental Health supports – Miss Campbell (PT Pastoral Care)

Financial supports – Mrs McLennan (PT Pastoral Care)

UCAS – Miss Christie (PT Pastoral Care)

College and Post-school transition – Mr McFarlane (PT Skills & Achievement)

Questions – All

















https://blogs.glowscotlan d.org.uk/gc/hillheadhigh/

6A – Mrs McLennan <u>gw18mclennankarenemm@glow.ea.glasgow.sch.uk</u>

6B – Miss Hewitt gw09hewittjenny@glow.ea.glasgow.sch.uk

6C and 6D – Mr Greechan gw07greechanjohn@glow.ea.glasgow.sch.uk

6E – Miss Campbell <u>gw19campbellkirstin@glow.ea.glasgow.sch.uk</u>

6F – Miss Christie <u>gw21christiehannah1@glow.sch.uk</u>

S6 DHT – Mr Carson <u>gw11carsonthomas3@glow.sch.uk</u>















Equalities

Prom

Arts

Charities

Sports

Events

Buddies

LEGACY

Yearbook and Hoodies

HILLHEAD HABITS OF LEARNING & BELONGING

Learning Time

Learning Quality

Part of the **Team**

S6 SET THE TONE











HILLHEAD HABITS OF LEARNING & BELONGING

Some housekeeping...

All S6 pupils should attend registration every day

No pupils are allowed to leave the school building during interval

Please let us know of absences or appointments in the usual way

"Free periods" NO! "Study periods" YES!













https://www.sqa.org.uk/sqa/files_ccc/nq-2024-exam-timetable.pdf

Monday 22nd April to Thursday 30th May 2024



Monday 29th January to Friday 16th February 2024











Parents' Evening

Tuesday 10th October (4.15pm to 6.45pm)



Online Drop-ins (all 7.30pm to 8.15pm on Teams)

Wednesday 20th September

Wednesday 11th October

Wednesday 15th November

Wednesday 13th December...



Tracking Report 1

Tuesday 26th September



Support

Classroom Support

- In-class revision
- Assessment technique
- Timed practice
- Homework
- Fortnightly quizzes
- Feedback
- Planning

[Classroom teachers]











Departmental Support

- Attendance monitoring
- Homework monitoring
- Targeted supported study
- Evidence Gathering reviews

[Principal Teachers and Faculty Heads]











Pupil Support

- Attendance monitoring
- UCAS/College/Apprenticeship/Employment
- Wellbeing

[Pastoral Care and PT Skills and Achievement]











Mental Health and Wellbeing

- Supports in school
- Supports beyond school
- Supports after school

Supporting Mental Health and Wellbeing

Kooth

A free, safe and anonymous online Mental Wellbeing Community for young people aged 10-16 across Glasgow city.

Togetherall

A safe, online community where people support each other arronymously to improve mental health & wellbeing. Available to students 16+

Action for Children

Trained counsellors are provided in the school who can offer confidential sessions - a referral is required via Pastoral Care

Coaching in \$4-6

Led by Mr Carson, all pupils in the Senior Phase have access to a coach who they can turn to for help and advice about their studies and any aspect of school life.

PSHE Curriculum

Including Mental Health Awareness, Sleep Hygiene, and the Level 5 SQA Health and Wellbeing Award, pupils learn about Mental Health across SI-S6 PSHE

Pastoral Care

All pupils have a dedicated Pastoral Care teacher who they can speak with about any worries or concerns, including their wellbeing and mental health.

Wellbeing Wednesdays

There's a Wellbeing Wednesday Club for \$1-\$3 and \$4-\$6. Pupils chat, craft and take time out from the stress of studies.

Wellbeing Activity Calender

There are a wide range of extra-curricular activities on offer - from Music to Sports, there's hopefully something for everyone!

Support in school

Pastoral Care

Wellbeing activities

Mental Health and Wellbeing Support Booklet

Action for Children
Counselling
Service

ABOUT HILLHEAD HIGH SCHOOL TO CURRICULUM TO P7 TRANSITIONS TO PARENTS AND FAMILIES TO PUPIL ZONE TO SCHOOL PARTNERS TO SKILLS AND PATHWAYS TO THE SCHOOL SHOP TO

FOLLOW US ON TWITTER



for our youngest visitors! With the help of Hillhead High S1 pupils the compost was dug out of the raised bed, it was lined and



Supporting the mental health and wellbeing of pupils is at the heart

of our work at Hillhead High School.

There are a wide variety of supports available to pupils at all stages, ranging from wellbeing activities in school to more intensive supports from outside agencies.

TRANSLATE:

Select Language 🗸 Powered by Google Translate

RECENT POSTS

S3 into S4 Options 'Next Steps' Letter

Health and Wellbeing Newsletter

Updated Supported Study Timetable 29.01.23

S6 Evidence Gathering

Supported Study Timetable Jan-Mar 2023

CALENDAR

FEBRUARY 2023

М	Т	W	V T	F	S	5
		1	2	3	4	5
6	7	8	9	10	11	12

Hillhead High School



Supporting Mental Health and Wellbeing







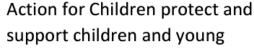






Action for Children Counselling Service

Hillhead High School has trained counsellors provided by the organisation Action for Children.



people, provide practical and emotional care and support, ensure children's' voices are heard, and campaign to bring lasting improvements to their lives.

A referral to the counselling service can be made via the school Pastoral Care Team. Please speak to your child's pastoral care teacher for more information.







Health and Wellbeing Online Resources

For Children & Young People

Cove

http://www.cove-app.com/

This app helps people to capture their mood and express it by making music. Note: you do not need to know how to play an instrument to use this app.

Childline

www.childline.org.uk

Mental health charity for children and young people that has a wide variety of helpful videos, games and articles. They have a free telephone helpline (0800 1111) and message boards where young people are encouraged to share experiences and support each other in a positive way.

Chill Panda

chillpanda.co.uk/

This free app is for children and adults who want to learn how to manage stress and worry, and feel better.

Clear Fear

www.clearfear.co.uk/

This free app aims to help children and teenagers manage anxiety. The app helps to reduce physical responses to threat and change thoughts and behaviours through distraction and helpful activities.

For Young People

Ayemind

www.avemind.com

Website aimed at improving the mental wellbeing of young people. Includes resources for young people and professionals. Ayemind also signposts to lots of other useful websites.

Calm

www.calm.com/

A mindfulness app that includes various relaxing sounds to listen to, visualisations to help relaxations, "sleep stories", and guided meditations.

Calm Harm

www.calmharm.co.uk

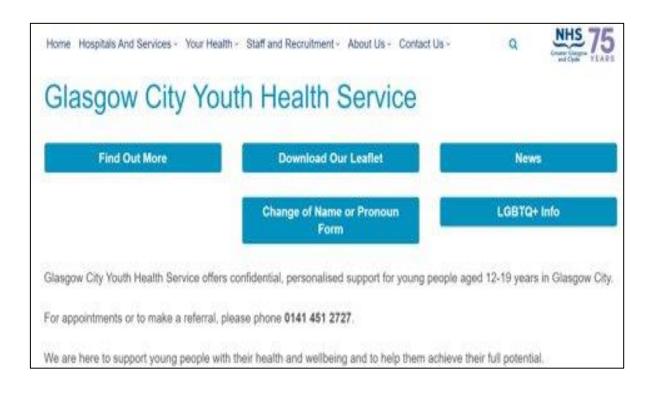
An app to help teenagers manage or resist the urge to self-harm by providing a wide range of distraction techniques.

Papyrus

www.papyrus-uk.org

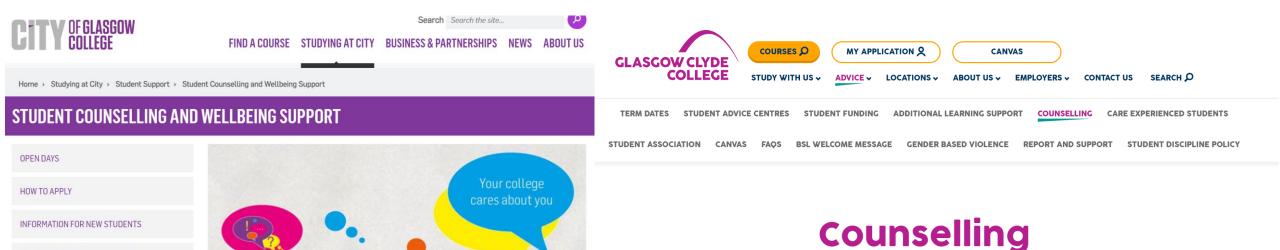
Mental health charity dedicated to preventing young suicide by providing support and resources for young people and their families. The "Hopeline" (Call: 0800 068 4141 / Text: 07860 039 967 / E-mail pat@papyrus-uk.org) is for children and young people experiencing thoughts of suicide, or for anyone concerned for a young person.

Support beyond school



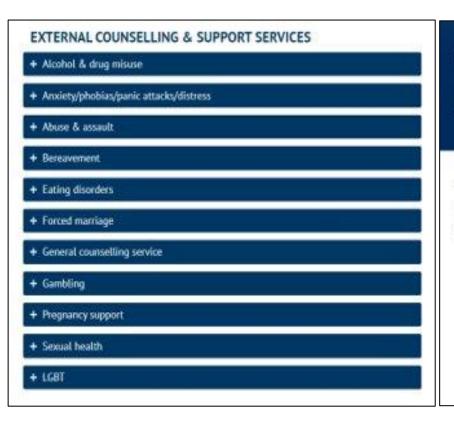


Support after school: college



WHAT TO EXPECT IN SESSION 23/24

Support after school: university



Disability & Wellbeing Service

Mental health and wellbeing support

The Disability & Wellbeing Service has a range of advisers with specialist expertise in mental health, counselling, health and disability. We offer a broad range of support to students experiencing emotional, mental health and wellbeing issues, which includes, but is not limited to:

- · one-to-one mental health and wellbeing assessment
- counselling
- · cognitive behaviour therapy (CBT)
- · group therapies
- · our online mental health support programme, SilverCloud
- · mindfulness-based stress reduction programmes

The Cost of the School Day

Education Maintenance Allowance

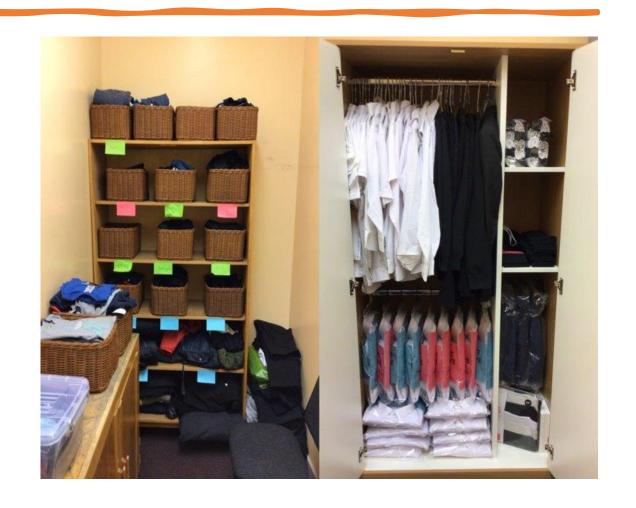
- •Is a weekly allowance paid to help young people in education who are beyond the statutory leaving age of 16.
- You qualify for this based on household income, aged between 16-19 years old and attend school for a minimum of 21 hours per week
- You apply for this through the Glasgow City Council website and the young person needs to create their own MyAccount
- Paid every two weeks

The INCOME THRESHOLD for the EMA Programme, Academic Year 2023/2024

Household Income	No. of dependent children in household	Award
£0 - £24,421	1	£30
£0 - £26,884	2+	£30

Uniform & Clothing Items

- The school has a store of uniform and casual clothing which is accessible free of charge.
- This is part of our initiative to become more sustainable
- We have good quality second hand uniform stock available, as well as other clothing
- We also have a wide range of brand new clothing. This is all free of charge and can be accessed without question



Financial Inclusion Officer (FISO)

Nicola McCaskill is our FISO at Hillhead High School

The FISO can support with:

- applications for free school meals
- applications for clothing grants
- applications for educational maintenance allowance
- applications for education benefits, welfare benefits and disability benefits including Child Benefit and Universal Credit
- debt management

Financial Inclusion Support Officer

If you are on a low Income and have children at school you may be entitled to financial support.

For FREE ADVICE and additional information regarding your financial situation

it may be worth speaking to the Financial Inclusion Support Officer.

FISO: Nicola McCaskill Tel:0141 648 2022 Email: schools@moneymattersweb.co.uk





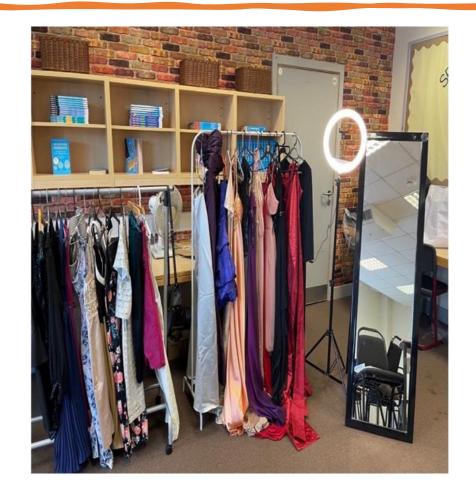
FREE SCHOOL MEALS



GRANT

Say "Yes to the Hillhead Dress" & "Aye to the Tie"

- The cost of prom ticket has been kept low
- Important to keep the cost of prom outfits low too.
- Last year S6 pupils could come along and experience the fun of trying on prom items with their friends - without the cost!
- Generous donations from our school community – a range of prom clothing and accessories that could be borrowed free of charge.
- Any items donated and not borrowed last year, kept for future years.



Contact

- Karen McLennan (Acting PT Pastoral Care)
- gw18mclennankarenemm@glow.sch.uk

- Free School Meals & Clothing
 Grant https://www.glasgow.gov.uk/index.aspx?articleid=17885
- EMA https://www.glasgow.gov.uk/index.aspx?articleid=17025
- FISO

UCAS – Preparing and applying for university





What is UCAS?

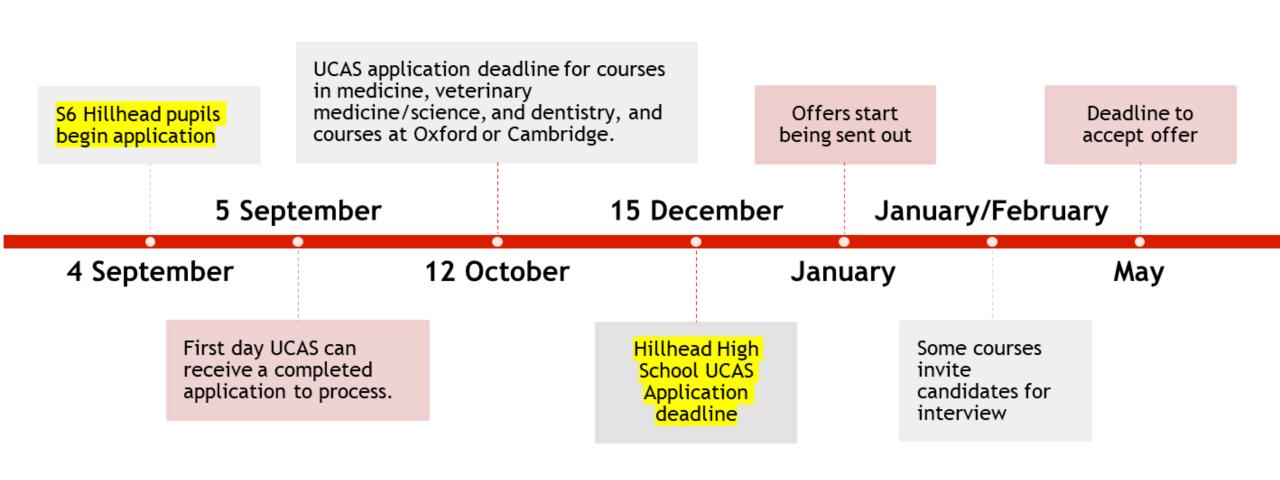
UCAS is the Universities and Colleges Admissions Service and is the UK's shared admissions service for higher education.

Essentially, if you want to go to a university in the UK you need to apply through this organisation.

If you are planning to go to college when you leave school you **do not** apply through UCAS.



UCAS Timeline



Key Facts

- To start an application you need to register with ucas.com.
- Universities can't see your other choices when you apply.
- Apply by the deadlines detailed
- You have up to five choices, unless applying to study medicine,
 veterinary, medicine/ dentistry then it's four choices.
- You can't apply to BOTH Oxford and Cambridge.
- Applying costs £27.50



SAAS - Student Awards Agency Scotland

- The Student Awards Agency Scotland (SAAS) is Scotland's student funding agency.
- They provide government money to colleges and universities to pay for your course tuition fees, as well as giving money directly to you to help with your living costs while you study. This could be either a bursary, living costs support or a loan and the amount you receive will depend on your circumstances.
- Each part of the UK has its own funding agency. If you normally live in Scotland, you'll
 apply to SAAS.
- Pupils leaving school and are looking to study from HNC level to a degree you will need
 to apply independently for undergraduate funding. This is not done through the
 school





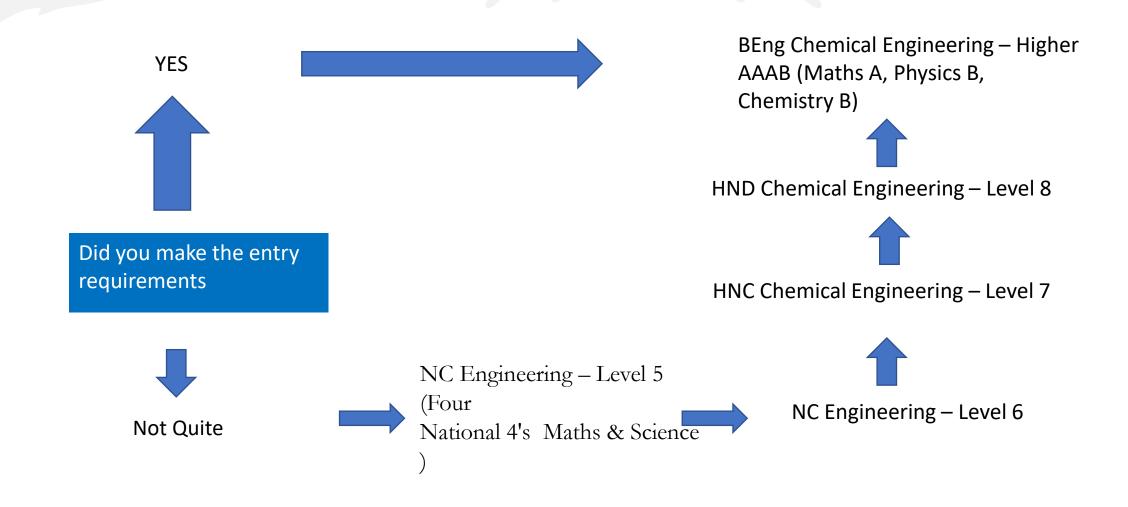




College

- Applying for College January
- Senior Phase Courses Tuesday & Thursday afternoon
- Pathways

Pathways



Work Experience

Mr McFarlane - PT Skills and Achievement

- Moved away from the "one week" work experience week.
- Incredibly important to gain experience.
- University, College, Modern/Graduate Apprenticeships, Employment.
- In-Person or Online.
- https://www.speakersforschools.org/
- https://wakelet.com/wake/alRJK2TOeg29YfVXMRYVl



























Work Experience Mr McFarlane - PT Skills and Achievement

- Glasgow City Council
- Medical Practices
- Scottish Parliament
- Everyday Athlete
- BAE Systems
- Barista
- TV Production
- Charities
- Thales UK

Post School Destination Support

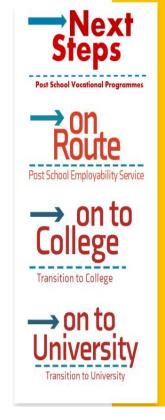
- Pathways Team
- Career Advisors Skills Development Scotland (SDS)
- Towards better futures
- Glasgow Guarantee https://www.glasgowguarantee.org/
- Apprenticeships https://www.apprenticeships.scot/



Post School
Destination Support







New vacancies					VIEW ALL >
Job title	Job type	Salary	Area	Closing date	
MA Business Administration	Modern Apprenticeship	£14,000.00	Glasgow City Centre	11 September 2023	More details
MA Childcare Practitioner	Modern Apprenticeship	£10,900	Glasgow North West	11 September 2023	More details
MA Multi utility main and service layer	Modern Apprenticeship	£14,625	Outside Glasgow	25 September 2023	More details
MA Support Service Technician (Science)	Modern Apprenticeship	£10,901.80	Glasgow Wide	18 December 2023	More details
MA Support Service Technician (Technical)	Modern Apprenticeship	£10,901.80	Glasgow Wide	18 December 2023	More details
Trainee Signage & Graphics Installer	Vacancy	£22,800	Glasgow South	25 September 2023	More details

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UCAS – Miss Christie (PT Pastoral Care)

College and Post-school transition – Mr McFarlane (PT Skills & Achievement)

Questions

Please ask in chatbox, identifying who your question is for.









