



S5/S6 Study Skills and Supports Information Evening



Wednesday 2nd November 2022



KINDNESS



AMBITION



INTEGRITY



RESILIENCE



RESPECT

Plan for this evening

Evidence Gathering

Wellbeing Supports

Support Structure

Digital Supports

Study Techniques

Managing Stress

Pupil experience

Subject-stalls and Questions

The Core Attainment Team

Mr Carson – DHT Raising Attainment

Mrs McLennan – PT Raising Attainment (S4 to S6)

Miss Williams – PT Raising Attainment (S1 to S3)

Mrs Rothery – PT Literacy

Miss Copland – PT Numeracy

Mr Neil – DHT S4 and S5

Miss Whyte – PT Digital

Evidence Gathering

S5 window from
Wednesday 23rd November to Tuesday 6th December

S6 window in February

Every piece of work has value



KINDNESS



AMBITION



INTEGRITY



RESILIENCE



RESPECT

Evidence Gathering v Traditional Prelims

Similarities

Experience of working at exam conditions

Rigour of marking standards – SQA levels

Accurate feedback of journey

Differences

More positive approach – opportunity to show off learning and obtain feedback

Level decisions not made based on one assessment alone – part of a 'suite of evidence', multiple opportunities

WELLBEING



Studies

Wellbeing



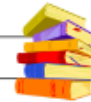
















Balance

A decorative still life featuring a wooden-framed chalkboard with the word 'Balance' written on it. The chalkboard is surrounded by purple lavender flowers, purple stones, and a lit candle in the background.



Hillhead High School Weekly Clubs & Wellbeing Activities



Day	Before School	Lunch Time	After School
Monday		Activity: Fitness Club Where: Fitness Suite  With: Mrs Currie Moodie	Activity: Badminton  Where: Gameshall With: Mr Gillespie
		Activity: S1-S3 Book Club Where: M112  With: Mrs Rothery	Activity: Musical Theatre Production  Where: Drama Studios & Assembly Hall With: Ms Williams & Miss Ross
		Activity: Manga Drawing Club Where: T23  With: Ms Zahid Jamil	Activity: Choir  Where: M101 With: Miss Ross
Tuesday	Activity: Basketball  Where: Gameshall With: Mr McFarlane & Barra Fadel	Activity: S1-S3 Ultimate Frisbee  Where: Gameshall With: Mrs Currie Moodie	Activity: Senior Volleyball  Where: Gameshall With: Mr Gemmill & Mr McFarlane
		Activity: Senior Study Skills  Where: M112 With: Mrs Rothery	
		Activity: Gymnastics  Where: Gym 1 With: Mrs Trobe	
		Activity: Italian Club  Where: M213 With: Miss McBride	
Wednesday	Activity: Basketball  Where: Gameshall With: Mr Dougan	Activity: Fitness Club  Where: Fitness Suite With: Mrs Currie Moodie	Activity: Netball  Where: Gameshall With: Mrs Maxwell
		Activity: Table Tennis  Where: Gym 2 With: Mr Dougan	Activity: Girls Football  Where: Hillhead Primary Pitch With: Ms McBride
		Activity: Chess  Where: T22 With: Miss Robinson	Activity: Cross Country Running  Where: Kelvingrove (Meet in PE) With: Mrs Currie Moodie

S4 - S6

Wellbeing Wednesdays



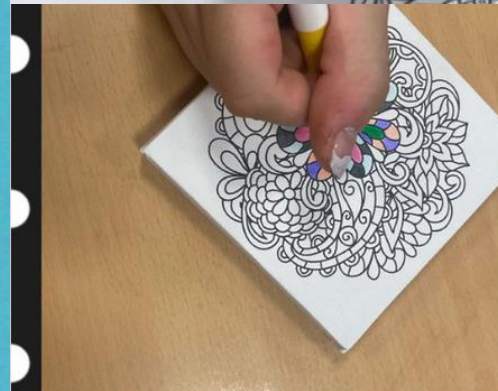
Need some time to relax?
Some time for you?



Come join Mrs McLennan, Miss Whyte &
Mrs Milligan T08 Wednesday
Lunchtimes. Starting 14th September.

CHAT

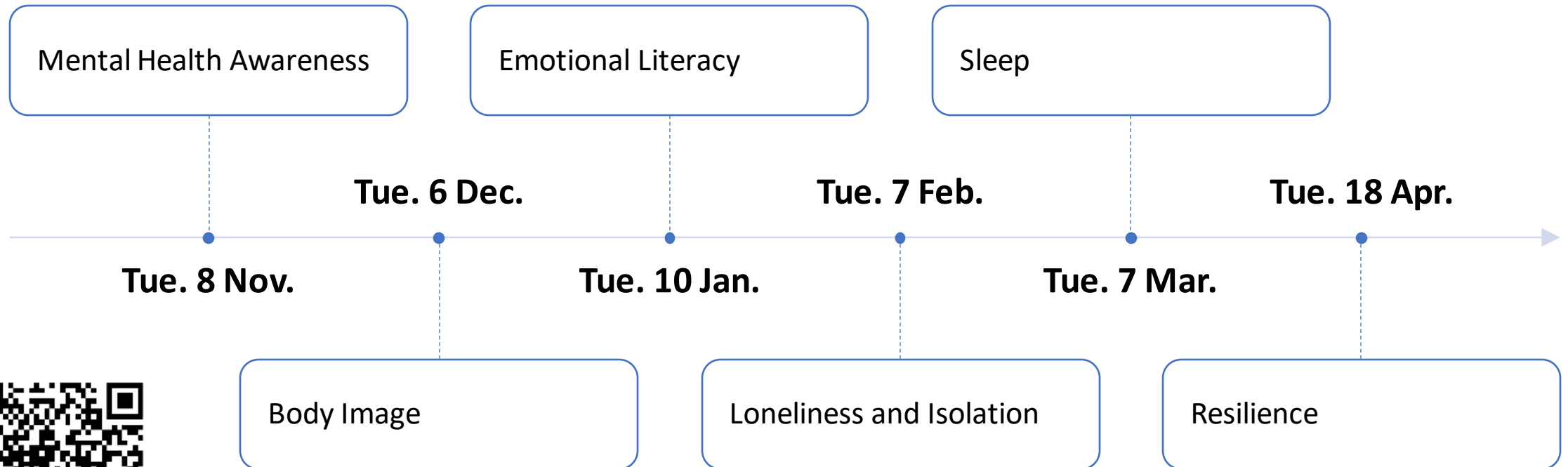
QUIZ





Health and Wellbeing Sessions

Introducing monthly sessions for parents and families to learn more about how to support your child's mental health. All events run from **6.30-7.30pm in school**. Sign up for the first session via the QR code!



KINDNESS



AMBITION



INTEGRITY



RESILIENCE



RESPECT

Structure of support

Structures in place to ensure equity of support –
everyone gets the support they need

Use of tracking and EG data – no one falls through the gaps

Supports implemented based on 'what works' and pupil feedback

Universal supports

Group supports

Targeted supports

Universal Support

Attendance at class!
Supported Study
Easter Masterclasses
Library Supervision
Study Support

Wellbeing Support
Online Support
Tracking Reports
Parents' Evening
Family Drop-in Evenings
Coaching (S4 and S5)



KINDNESS



AMBITION



INTEGRITY



RESILIENCE



RESPECT

A person in a white t-shirt is holding a white tablet. The background is a blurred cityscape. Various digital and business-related icons are floating around the person, including a magnifying glass, gears, a bar chart, a smartphone, a line graph, a laptop with a city skyline, a laptop with a mountain scene, a brain, a treasure chest, a pencil, and a stack of coins.

Digital Support



Digital Support



Internal:

- Year group Teams page
- Subject specific Teams pages
- iPad Support - Miss Whyte



External:

- West OS
- E-Sgoil



Study Skills:

- Post-it app
- Quizlet
- Explain Everything
- Book Creator

Online Digital Support

Online schools delivered as part of the National e-learning offer

Variety of subjects and levels offered on both platforms

Pre-recorded and weekly live webinars

Opportunity to ask questions

Completely free



A person in a white t-shirt is holding a white tablet. The t-shirt is decorated with various digital and tech-related icons: a magnifying glass, two interlocking gears (one orange, one blue), a bar chart with five colored bars (orange, blue, pink, green, yellow), a stack of gold coins, a pink brain, a pink pencil, a purple treasure chest, and a line graph with green and orange data points. The person is also holding a smartphone in their right hand. In the background, there are two laptops. The laptop on the left shows a city skyline, and the laptop on the right shows a snowy mountain landscape. The background is a blurred outdoor scene with greenery and a blue sky.

How to Register



Step 1 - Check Timetables

Check the timetables and identify sessions that you would like to attend.

These are available on the West OS and E-Sgoil websites.

<https://www.westpartnership.co.uk/west-os/live/>
<https://www.e-sgoil.com/study-support/>

MONDAY

TIME	SUBJECT	LEVEL
5PM	English	Advanced Higher
5PM	Physics	National 5
5PM	RMPS	Higher
6PM	Maths	National 5
6PM	RMPS	National 5
6PM	Physics	Higher
6PM	Physics	Advanced Higher
6PM	Human Biology	Higher
6PM	Business Management	National 5
7PM	Application of Maths	Higher
7PM	Business Management	Advanced Higher
7PM	PE	Higher
7PM	Biology	Higher
7PM	Computing Science	Higher
7PM	Biology	Advanced Higher
7PM	Computing Science	National 5
7PM	Biology	National 5

TUESDAY

TIME	SUBJECT	LEVEL
4PM	Maths	National 4
5PM	Modern Studies	Higher
5PM	Geography	National 5
5PM	Music	National 5
5PM	Maths	Higher
5PM	English	National 4
6PM	Chemistry	National 5
6PM	Gaelic (learners)	National 5
6PM	Spanish	Higher
6PM	Maths	Advanced Higher
6PM	Art & Design	National 5/ Higher
6PM	Business Management	Higher
6PM	Music	Higher
7PM	Chemistry	Advanced Higher
7PM	Gaelic (learners)	Higher
7PM	English	National 5
7PM	History	Higher
7PM	French	Higher

WEDNESDAY

TIME	SUBJECT	LEVEL
5pm	German	Higher
5pm	Graphic Communication	Higher
5pm	Geography	Higher
5pm	Applications of Maths	National 5
6pm	Graphic Communication	National 5
6pm	Gaidhlig	Higher
6pm	Design & Manufacture	National 5
7pm	Gaidhlig	National 5
7pm	Design & Manufacture	Higher

THURSDAY

TIME	SUBJECT	LEVEL
5pm	PE	National 5
5PM	English	Higher
5PM	Engineering Science	National 5
6PM	Engineering Science	Higher
6PM	Chemistry	Higher
7PM	Graphic Communication	National 5
7PM	History	National 5
7PM	Health & Food Technology	National 5/Higher



STUDY SUPPORT WEEK 2



Monday 7th Nov

Higher Geography
Human Environments

Higher Physics
Forces, work, energy and power

Tuesday 8th Nov

N5 History
Knowledge - Explain Questions

Higher Computing
Software Design & Development

Wednesday 9th Nov

Higher Politics
Lukes and Power

N5 Geography
Human Environments

N5 Business
Exam questions Understanding Business

N5 English
Reading UAE

Thursday 10th Nov

Higher History
Paper 1 - Essay Skills (Main Body)

Higher Business
Understanding Business - Content and SQA Question Session 2

N5 Health and Food Tech
Nutrition

N5 Computing
Software Design & Development

N5 Modern Studies
Conclusion Qs

SIGN UP NOW



west_os



<https://www.westpartnership.co.uk/west-os/live/>

Webinars in Maths, English, Social Subjects and Science subjects will start in the week beginning September 26th.

All other subject webinars will start in the week beginning October 31st.

Registration for Evening Webinars will be via the link below.

[REGISTER HERE](#)

(You must log on to Glow before accessing the link to the registration form, and you should check the

REGISTRATION NOW OPEN

Webinars for English, Maths, Social Subjects and Sciences start in the week beginning
26th SEPTEMBER

All other webinars start in the week beginning
31st OCTOBER

www.e-sgoil.com



National e-Learning Offer



If you are struggling to access the registration form

Data will be stored in accordance with rules and policies of Comhairle nan Eilean Siar and will be used by e-Sgoil and Education Scotland solely for the purposes of the administration of the Study Support programme.

<https://www.cne-siar.gov.uk/your-council/data-protection/>

Hi, Caitlin. When you submit this form, the owner will see your name and email address.

* Required

1. Please enter your name *

Enter your answer

2. What year group are you in? *

☐ S4

☐ S5

☐ S6

3. Please select your webinars. You must check the timetable to avoid clashes with your webinar choices.

<http://www.e-sgoil.com/study-support/> *

☐ Applications of Maths (H):

☐ Applications of Maths (NS):

Step 2 - Complete the Form



West OS

Search for www.westpartnership.co.uk/west-os/live/

West OS Live offers real time, interactive study support webinars to provide additional support to learners within the Senior Phase!

Between 31st October and 1st December 2022, West OS Live Study Support Webinars will run in early evening across a variety of Senior Phase courses and will focus on key learning points from each subject and allow learners further opportunity to ask questions and seek further clarity on aspects of the course they may find challenging.

This programme of Study Support from West OS aims to extend the times learners can access Live Study Support already available through the National e-Learning Offer and e-Sgoil. We currently offer a wide range of Study Support between 5pm and 8pm and can be accessed [here](#). Digital learning from Comhairle nan Eilean Siar | e-Sgoil

REGISTRATION IS NOW OPEN HERE 

DOWNLOAD THE FULL PROGRAMME HERE 

sessions you wish to attend. Once you have completed this registration form, you will receive an email with information on how to join the subject team for either National 5 or Higher.

You can also find recorded video lessons and other resources on West OS which you can access any time, any where to support your learning.



* Required

1. Full name *

Enter your answer

2. Please provide your Glow email address *

Enter your answer

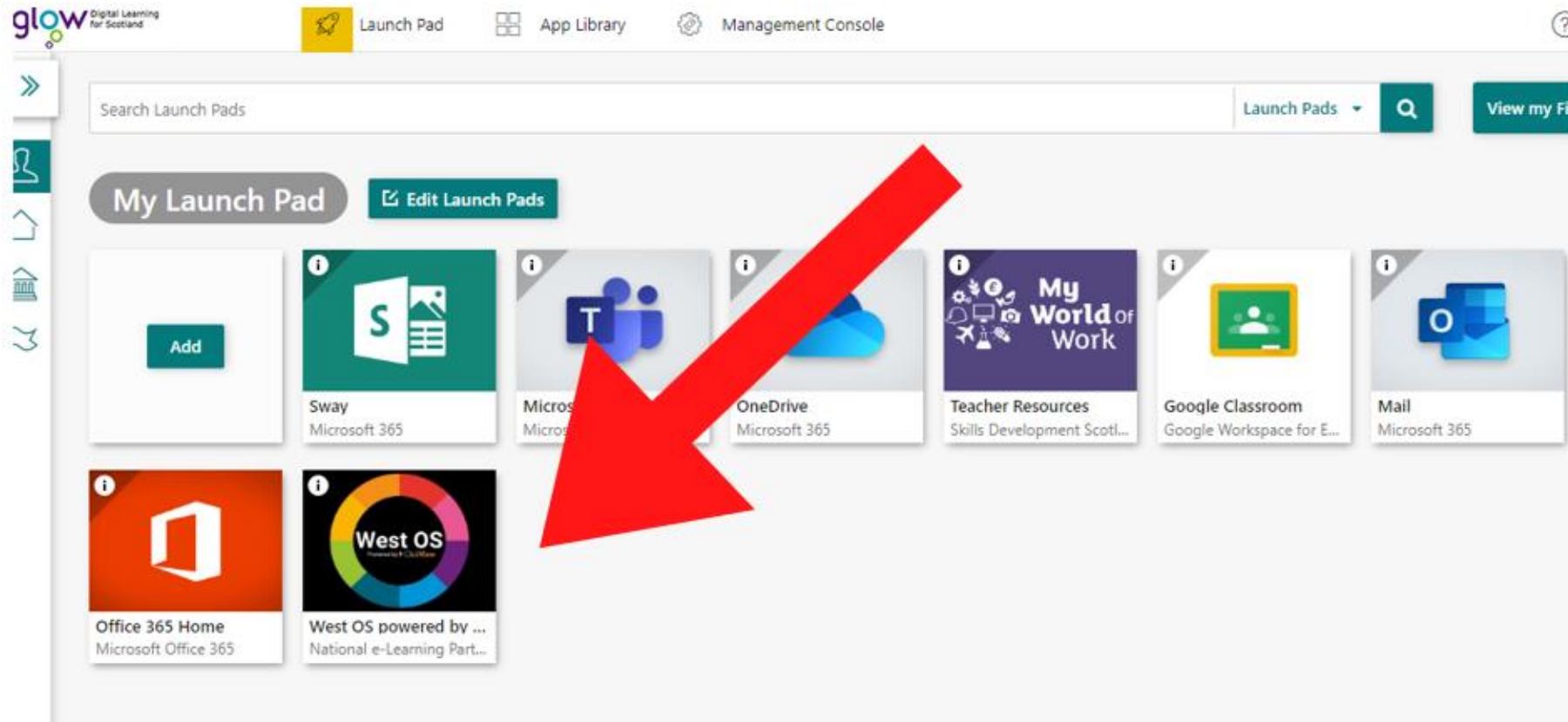
3. Please provide the name of your school *

Enter your answer

Step 2 - Complete the Form



West OS Pre-Recorded Webinars



Add to Glow
Launchpad

Select Subject

ClickView

Libraries Playlists

This category × Search...

Test OS

(834 videos)

IGCSE

Senior Phase

- ▶ Administration and IT
- ▶ Applications of Mathematics
- ▶ Art & Design
- ▶ Biology
- ▶ Business Management
- ▶ Chemistry
- ▶ Computing Science
- ▶ Dance
- ▶ Design and Manufacture
- ▶ Drama
- ▶ DYW
- ▶ Engineering Science

Administration and IT

1 subcategory

Applications of Mathematics

4 subcategories

Art & Design

4 subcategories

Biology

5 subcategories

Business Management

2 subcategories

Chemistry

4 subcategories

Computing Science

2 subcategories

Dance

1 video

Design and Manufacture

10 videos, 2 subcategories

Drama

3 subcategories

DYW

8 videos, 2 subcategories

Engineering Science

1 subcategory

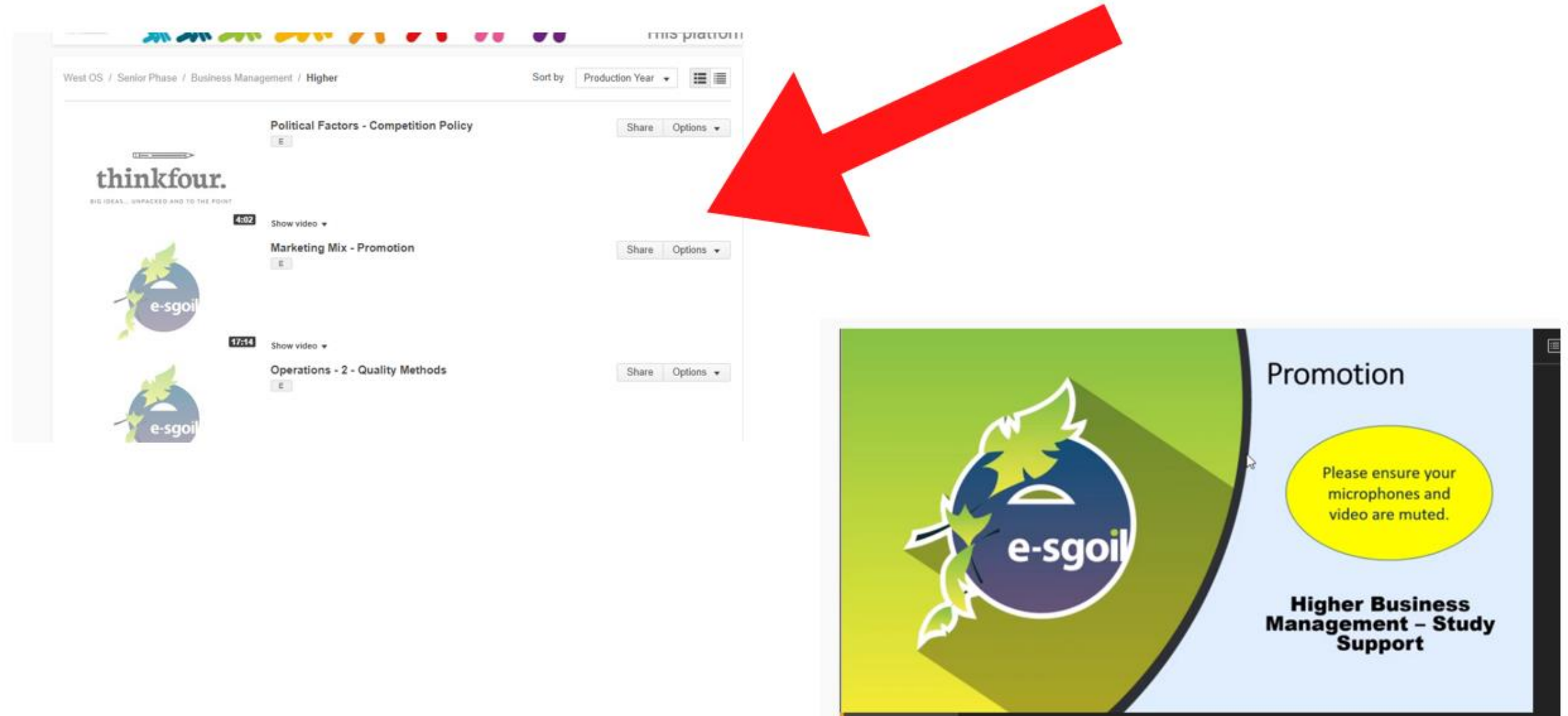
English

Gaelic

Geography

Graphic Communication

Select Topic



The image shows a screenshot of a video library interface on the left and a video player on the right. A large red arrow points from the library to the player.

Video Library Interface:

- Top navigation: West OS / Senior Phase / Business Management / Higher
- Sort by: Production Year
- Video 1: Political Factors - Competition Policy (4:02) [Show video]
- Video 2: Marketing Mix - Promotion (17:14) [Show video]
- Video 3: Operations - 2 - Quality Methods

Video Player:

- Logo: e-sgoil
- Title: Promotion
- Text: Please ensure your microphones and video are muted.
- Footer: Higher Business Management – Study Support

Get in Touch



gw20whytecaitlin@glow.sch.uk



@MissWhyte_BusEd

Study strategies



Study strategies

- There are numerous ways to revise!
From mind-maps to flashcards videos
to podcasts.
- You might use a different strategy for
each subject, or find one that works in
multiple areas!

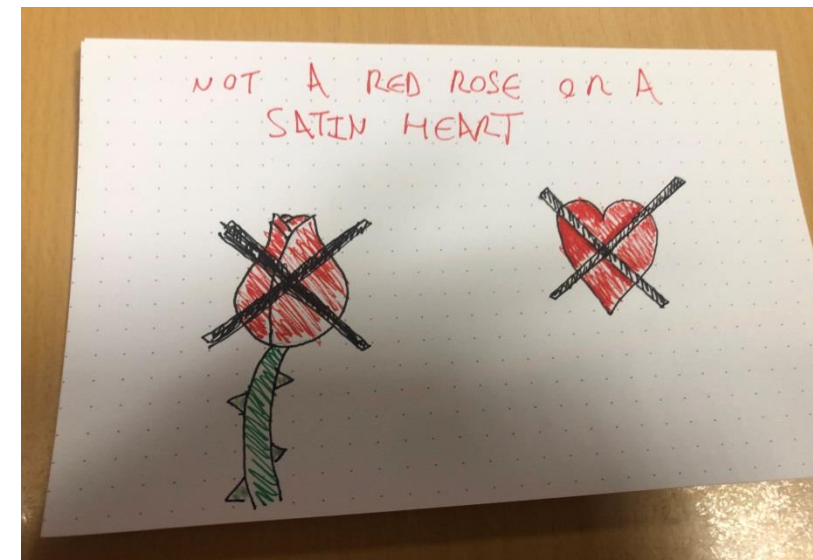
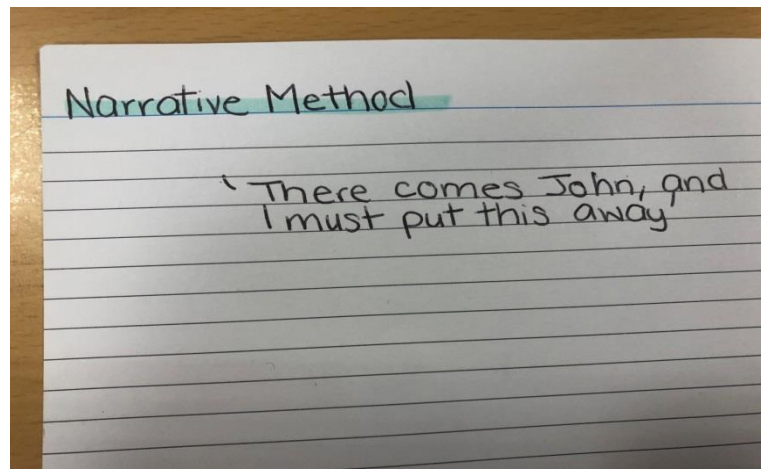


Flashcards



Colour coding your flash cards can help separate topics

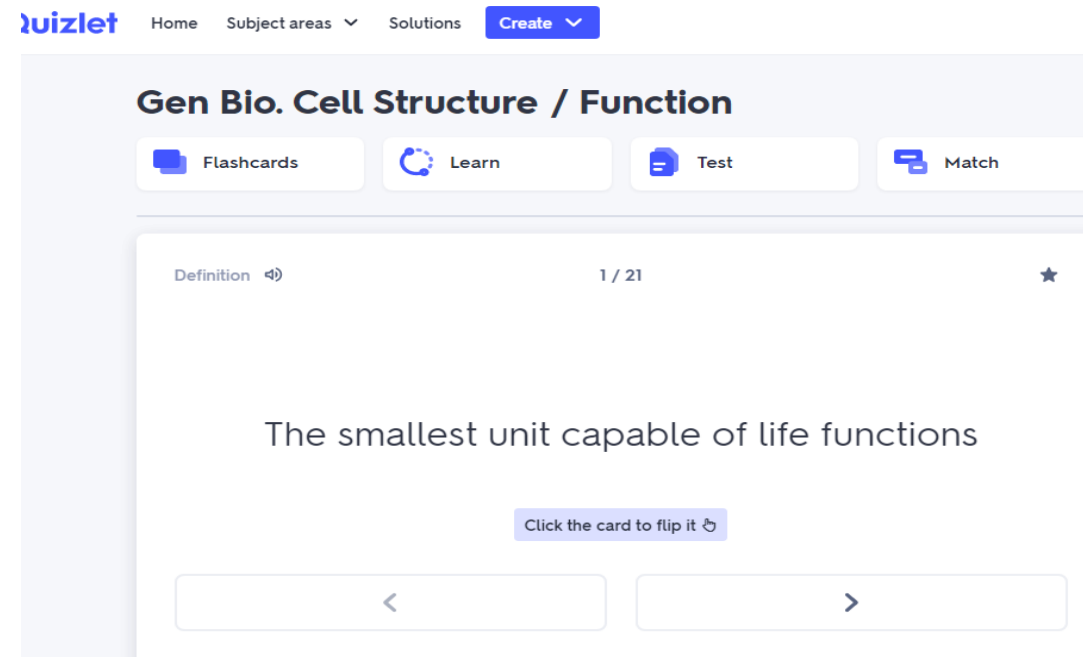
- The most common strategy to memorise information
- **Method:** term on one side, definition on the other. Or quote on one side, analysis on the other



Digital flashcards

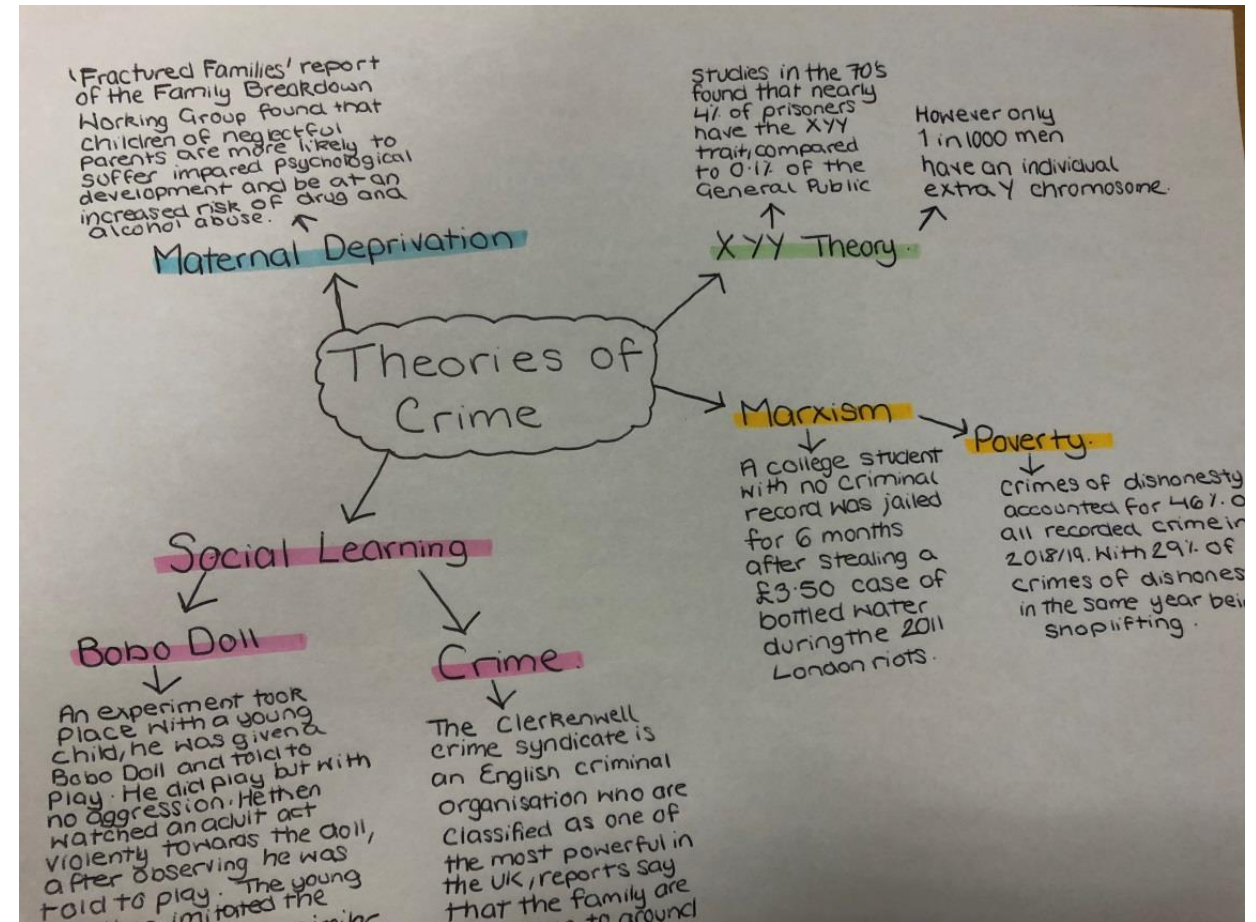
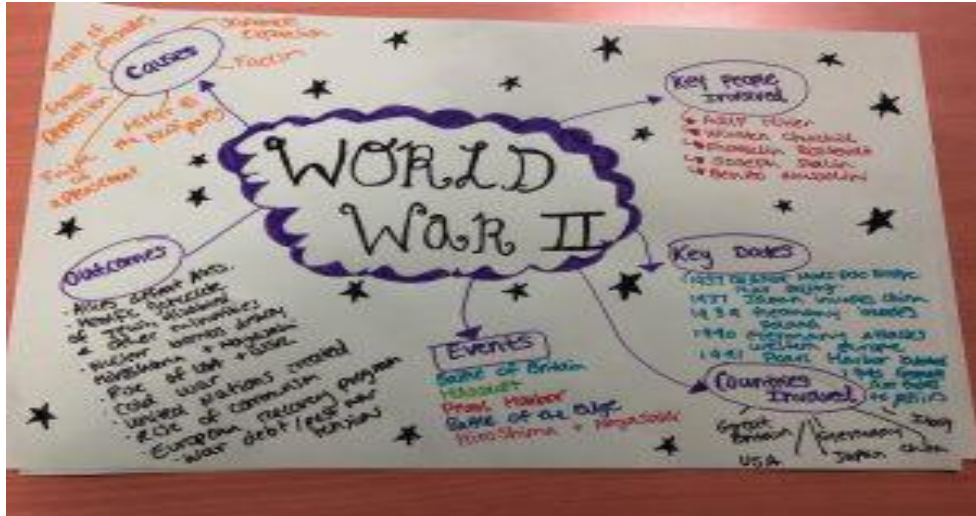
Prefer using your ipad? You can make your own revision flashcards using the following apps:

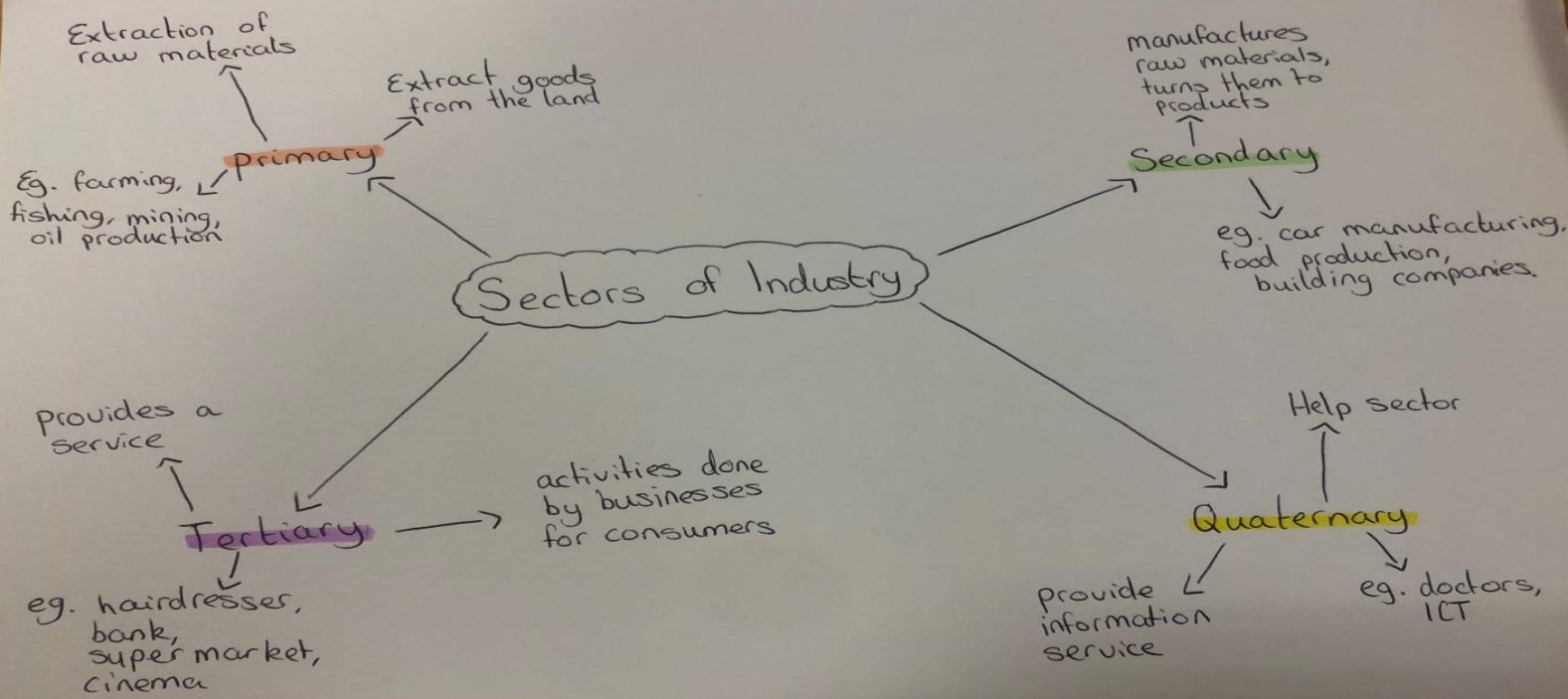
- Quizlet
- BrainScape
- Canva



Mind-maps- content based

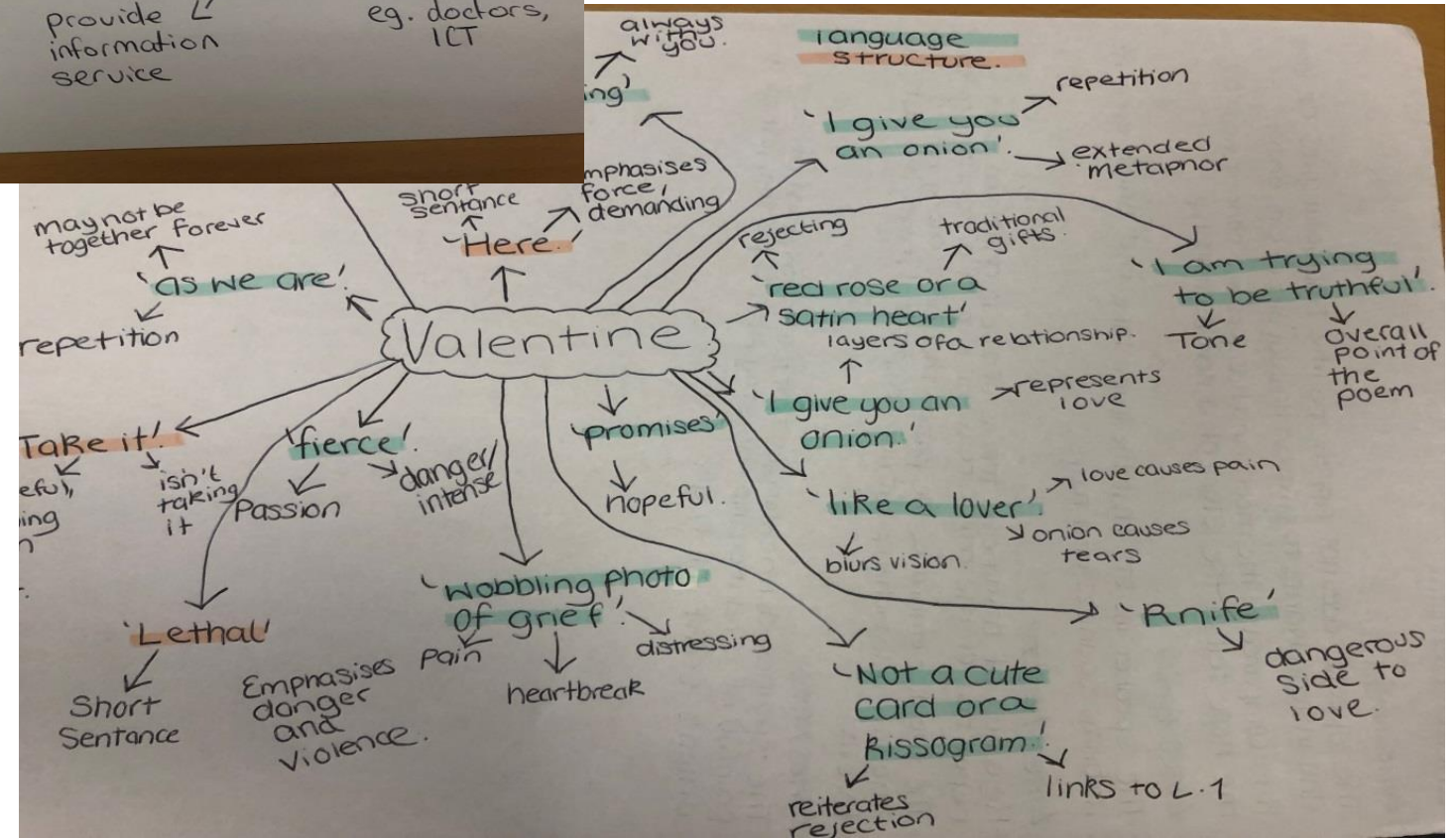
- Put the main idea/topic in the **centre**
- Focus on KEY words
- Make smaller branches off each initial branch to link to new ideas
- Move chronologically, clockwise





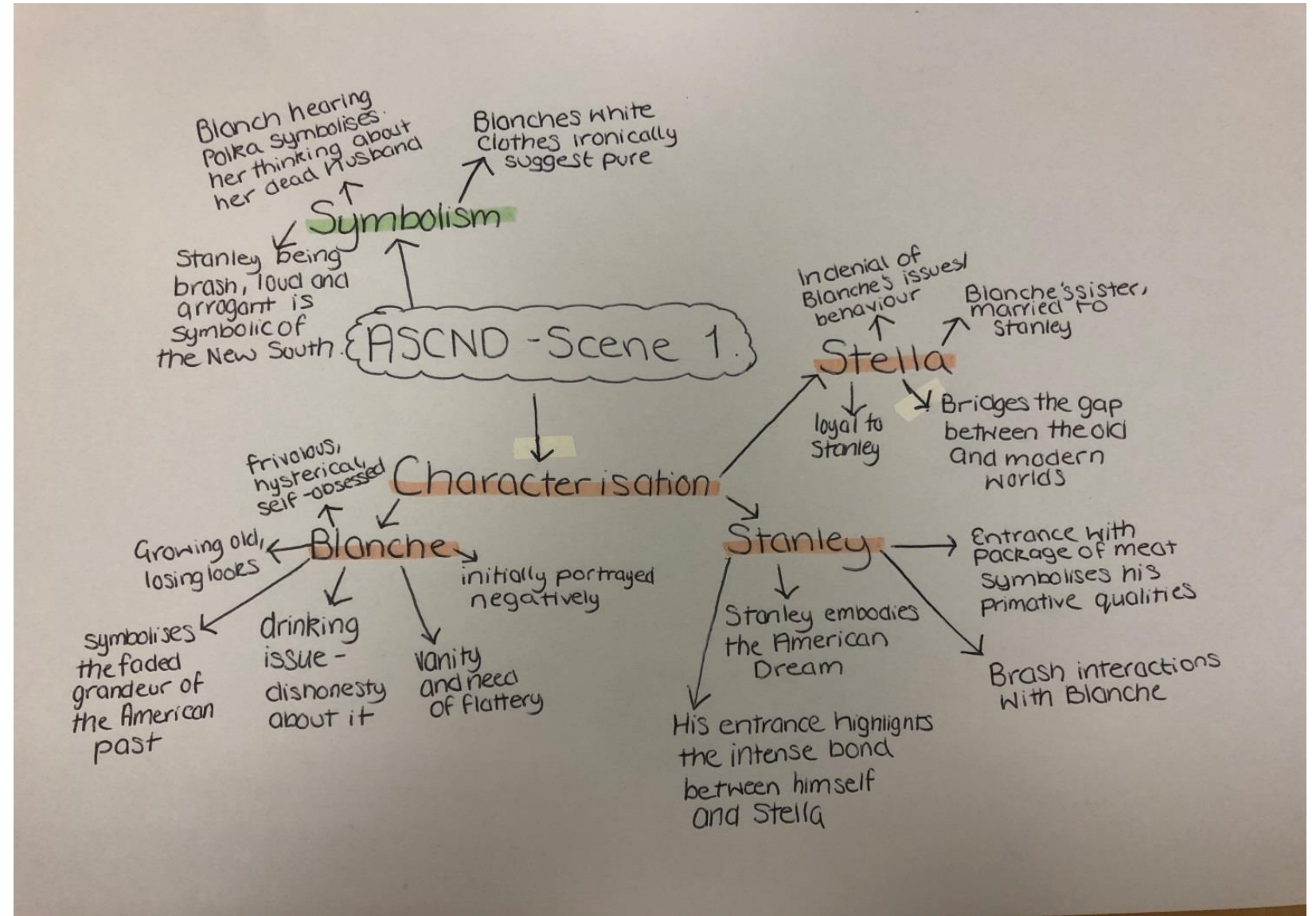
An example from Business

An example from English



Mind-maps- essays

An example from
English



Cornell Method

Name	Date
Subject	Page #
recall	notes column
column	
summary	

The left hand side is where you can write down questions/ broad topics

The right hand side is where you bullet point **answers/evidence** to the questions on the left or topics

The bottom box is where you summarise this information.

Cornell Method

An example from
Science


Cornell Two-Column Notes	
Keywords:	Notes:
	Types of Matter
Solids	I. Solids A. Have a definite shape B. Have a definite volume
Liquids	II. Liquids A. Do not have a definite shape B. Have a definite volume
Gases	III. Gases A. Do not have a definite shape B. Do not have a definite volume
Summary: (Insert summary of lecture after class.)	

An example from
History

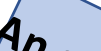
Social: Political: Economic: Topic: Weimar Republic	
Problems After WWI	After WWI (Germany) - Human losses: Millions dead - Economic losses: Ger owes \$ to allies and has lost resources and colonies • massive unemployment for citizens
Democracy Trial	Germany and Europe try Democracy • New gov'ts are unstable - no experience - can't compromise so decisions don't get made
Weimar Republic How does printing money cause problems?	Def: Germany's new democratic gov't. Weimar Republic faces economic and social problems - Prints \$ to pay war debt • This causes massive inflation • Germans lose savings. \$ becomes worthless (Example) Children play w/ blocks made of bills tied together
Dawes Plan	Def: Economic recovery plan created by Charles Dawes (USA) to loan \$200m to Ger. It works! Economy stabilizes
Summary	After WWI, Germany is having a hard time w/ a weak government, \$ and no clear solutions. USA tries to help out with loans - Dawes Plan.



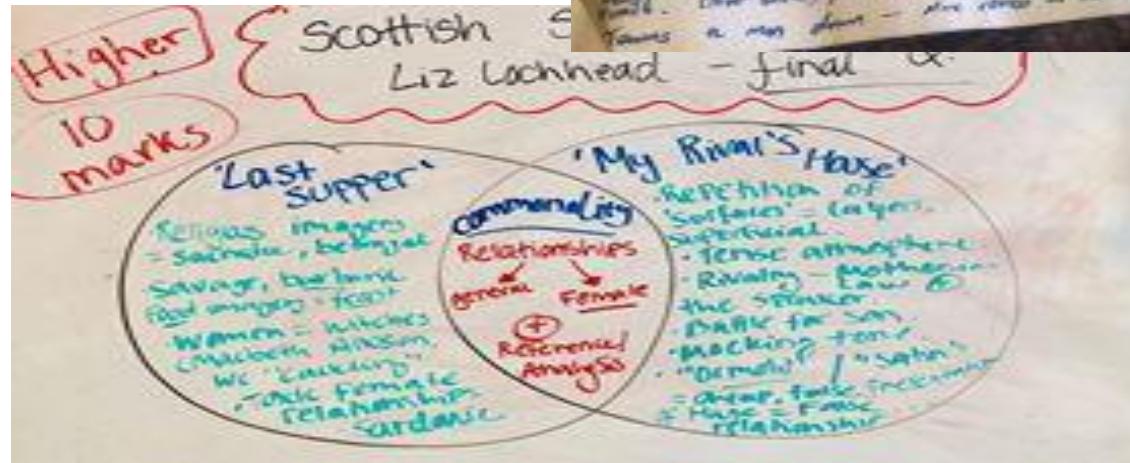
**An example from
PE**



**An example from
PE**



An example from English



Mnemonic Devices

Creating an **acronym** or a **rhyme** out of important information will spark your ***memory*** and make you much more likely to remember information.

In **Music**, to remember the lines on a treble clef (**E, G, B, D, F**), you could use **Every Good Boy Deserves Fudge**

In **Maths**, you might use **BODMAS**. This stands for **Bracket, Orders, Division, Multiplication, Addition and Subtraction**.

In **English**: body paragraphs of critical essays: use **PEAR-** point, evidence, analysis, reference to question

Creating tables

Tables are another effective way to organise topics and information to revise!

An example from
Science

Term	Definition
Photosynthesis	<i>plants need to take in carbon dioxide (from the air), water (from the ground) and light (usually from the sun).</i>

An example from
English

Example answer: **theme**

Let's pretend you got Valentine as your given poem, and the question was regarding theme. Here's a way you could structure your answer.

Valentine, Havisham and Ann Hathaway all explore the theme of the beauty and sorrows of relationships → **COMMONALITY (2 marks)**

VALENTINE	HAVISHAM	ANN HATHAWAY
"promises" shows the hopeful, optimistic side of love	"beloved sweetheart bastard" shows the sorrow and anger from a ruined relationship	QUOTE + COMMENT
"lethal" shows the dangerous, negative and painful side of love	QUOTE + COMMENT	

Creating tables

An example from
English

An example from
PE

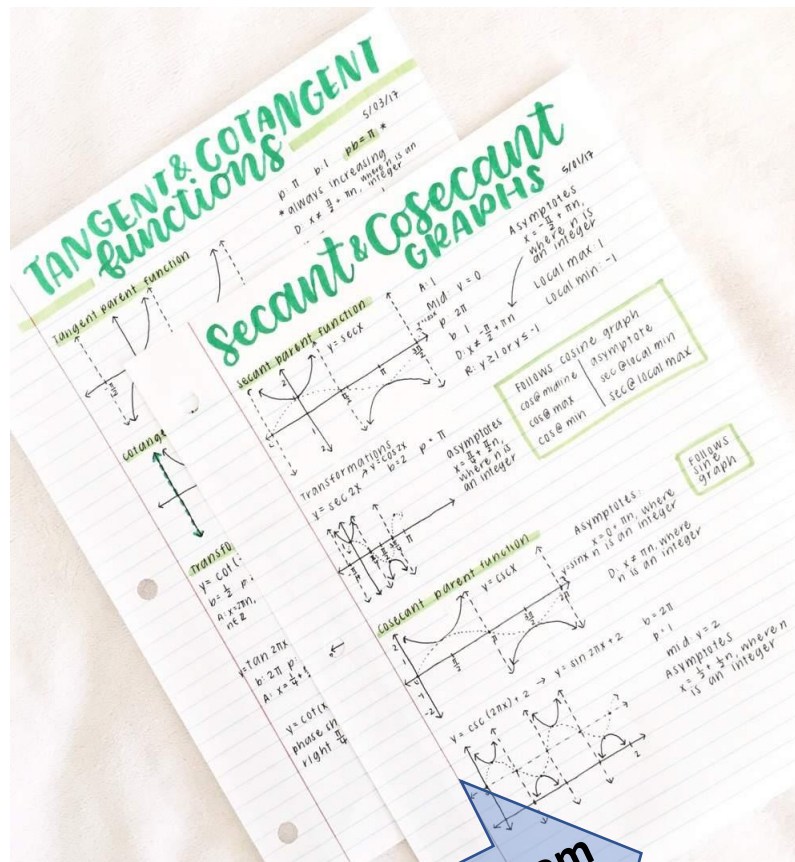
Higher = 10 marks!

Commonality Q. set Text - final Q.

commonality	given poem	other poem(s)
2 marks - State/explain commonality	2 marks Reference + Analysis (relevant to commonality!)	6 marks References and Analysis (relevant to commonality) → 1 poem <u>or</u> A few poems Your choice!!!

	Physical	Mental	Emotional	Social
Describe:	<ul style="list-style-type: none"> As a person, I have been... ... 	<ul style="list-style-type: none"> ... 	<ul style="list-style-type: none"> ... 	<ul style="list-style-type: none"> ...
Explain:	<ul style="list-style-type: none"> ... 	<ul style="list-style-type: none"> ... 	<ul style="list-style-type: none"> ... 	<ul style="list-style-type: none"> ...
Evaluate:	<ul style="list-style-type: none"> ... 	<ul style="list-style-type: none"> ... 	<ul style="list-style-type: none"> ... 	<ul style="list-style-type: none"> ...
Finalise:	<ul style="list-style-type: none"> ... 	<ul style="list-style-type: none"> ... 	<ul style="list-style-type: none"> ... 	<ul style="list-style-type: none"> ...

One page notes



Example from Maths

Streetcar Scene One Date: 15/10/22

CHARACTERISATION-BLANCHE
 Blanche is initially portrayed in a negative manner. She comes across as frivolous, hysterical, insensitive and self-obsessed individual who ridicules her sister's lesser social status. From early on in the play we are made aware of Blanche's craving for drink, though her attempts to disguise her drinking immediately portray her as dishonest. Another aspect of Blanche's character revealed in this scene is her vanity and need of flattery. Blanche is afraid of growing old and losing her looks. She relies on flattery to banish these fears. Symbolises the faded grandeur of the American past.

CHARACTERISATION-STANLEY
 His entrance with the package of meat symbolises his primitive qualities. Stanley symbolises the American Dream. Stanley's brash interactions with Blanche show him to be insensitive as he barely lets Blanche get a word in. His entrance also highlights the intense sexual bond between himself and Stella.

CHARACTERISATION-STELLA
 Blanche's sister, married to Stanley. Bridges the gap between the old and modern worlds, descends to compromise to survive, loyal to Stanley. In denial of Blanche's issues/behaviour.

SYMBOLISM
 Blanche's white clothes ironically suggest pure. Blanche hearing the Polka symbolises her thinking about her dead husband. Stanley's characterisation being brash, loud and arrogant is symbolic of the New South.

Example from English

CHEMISTRY is a physical science

Chemistry is the center of all sciences. Biological (living) and Physical (nonliving) sciences consist of chemical structures which abolish the distinct differences between them.

CHEMISTRY → the study of what makes matter matter
 • composition, structure, properties
 • processes
 • energy changes of processes

branches of chemistry

- ORGANIC** → carbon-containing compounds
 CARBON C 12.011
- INORGANIC** → non-organic substances
 → organic fragments bonded to metal
 → organometallic
- ANALYTICAL** → identification of the components & composition of the material
 H₂O → Hydrogen Oxygen
- BIOCHEMISTRY** → substances & processes occurring in living things
 OXYGEN → CO₂ → 888
- PHYSICAL** → properties & changes of matter and their relation to energy
 → design & predict properties of new compounds
 → using math & computers
- THEORETICAL** → understanding of principles behind chem behavior
 → design & predict properties of new compounds
 → using math & computers

BASIC
 • increases knowledge
 • how & why a specific reaction occurs & what its properties are

TECHNOLOGICAL DEVELOPMENT
 • involves the production and use of products that improve the quality of life
 • lag behind discoveries that are eventually used in technologies

APPLIED
 • generally carried out to solve a problem
 • driven only by desire to solve a specific problem

Chance discoveries can be a result of this accidental

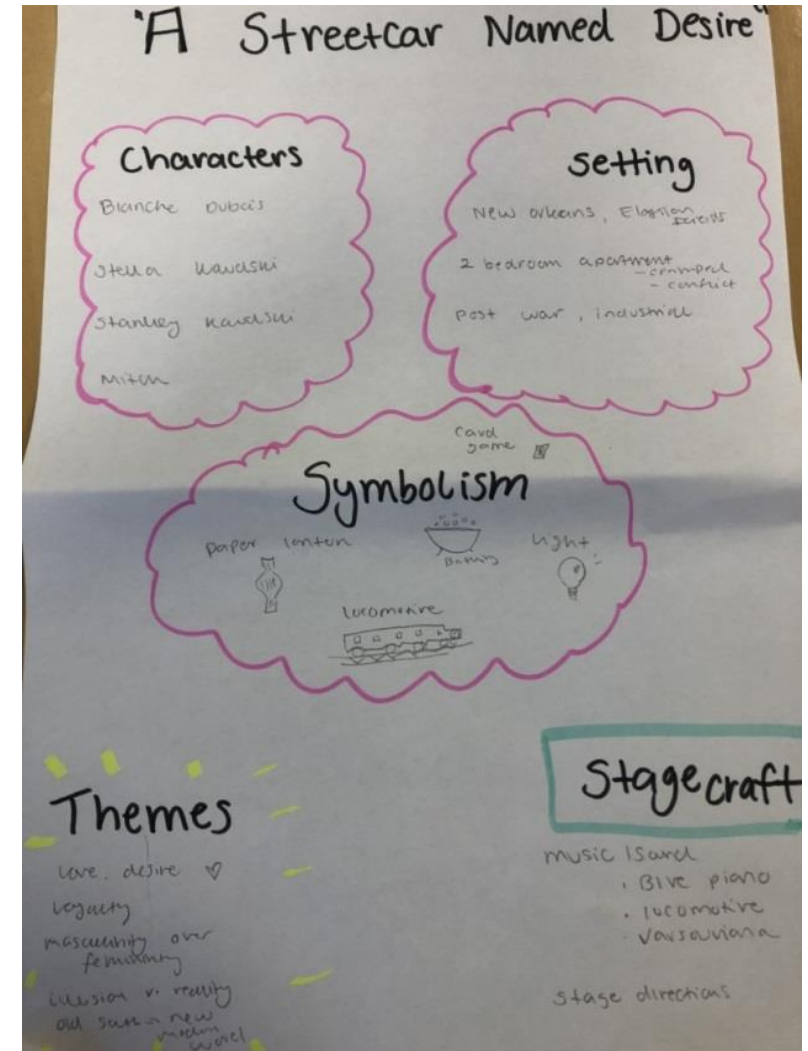
overlap & when applied can lead to new technologies

Example from Chemistry

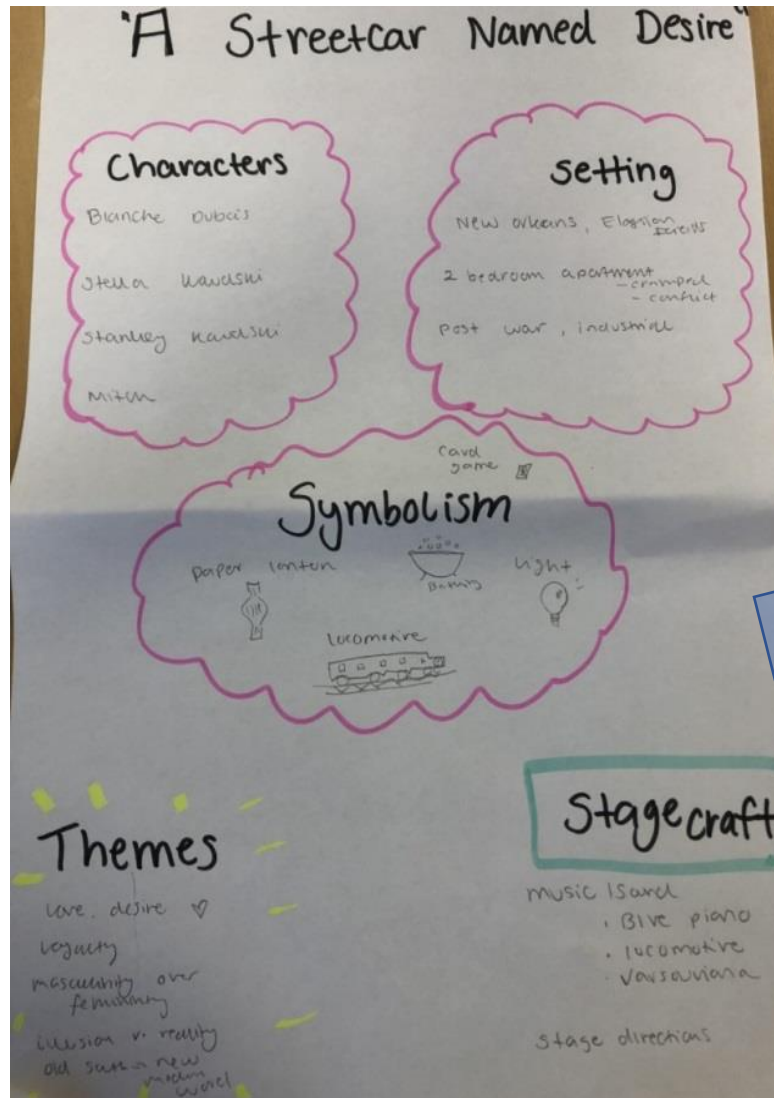
The Blurting Method

Three parts:

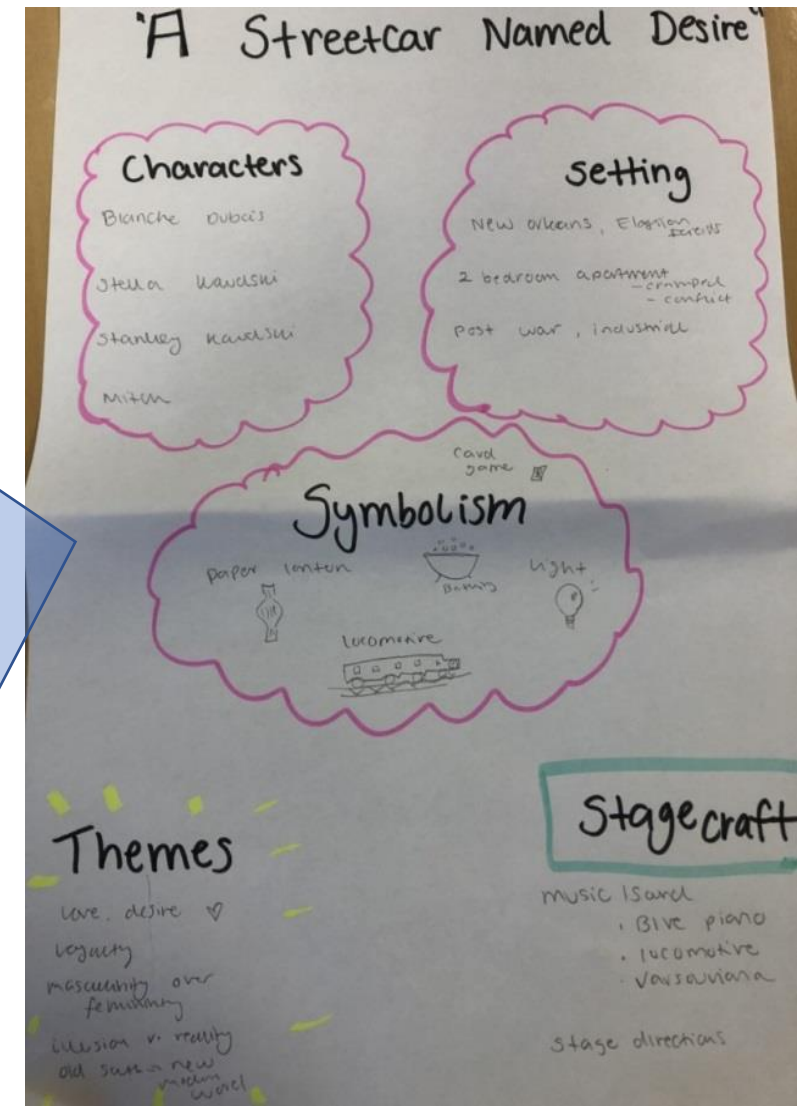
- **Part 1:** create a one page revision guide on a topic*
Use colours or symbols for each subtopic →
- **Part 2.** reading over and visualise layout (timed, 5 minutes max)
- **Part 3:** put it away and replicate without looking at first version



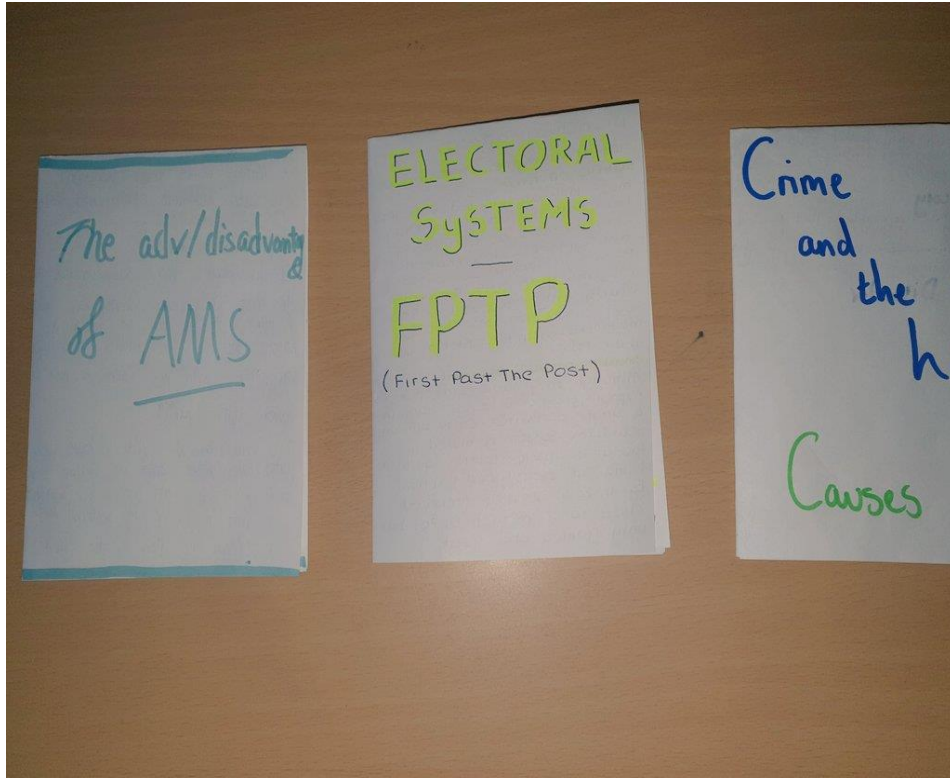
The Blurting Method



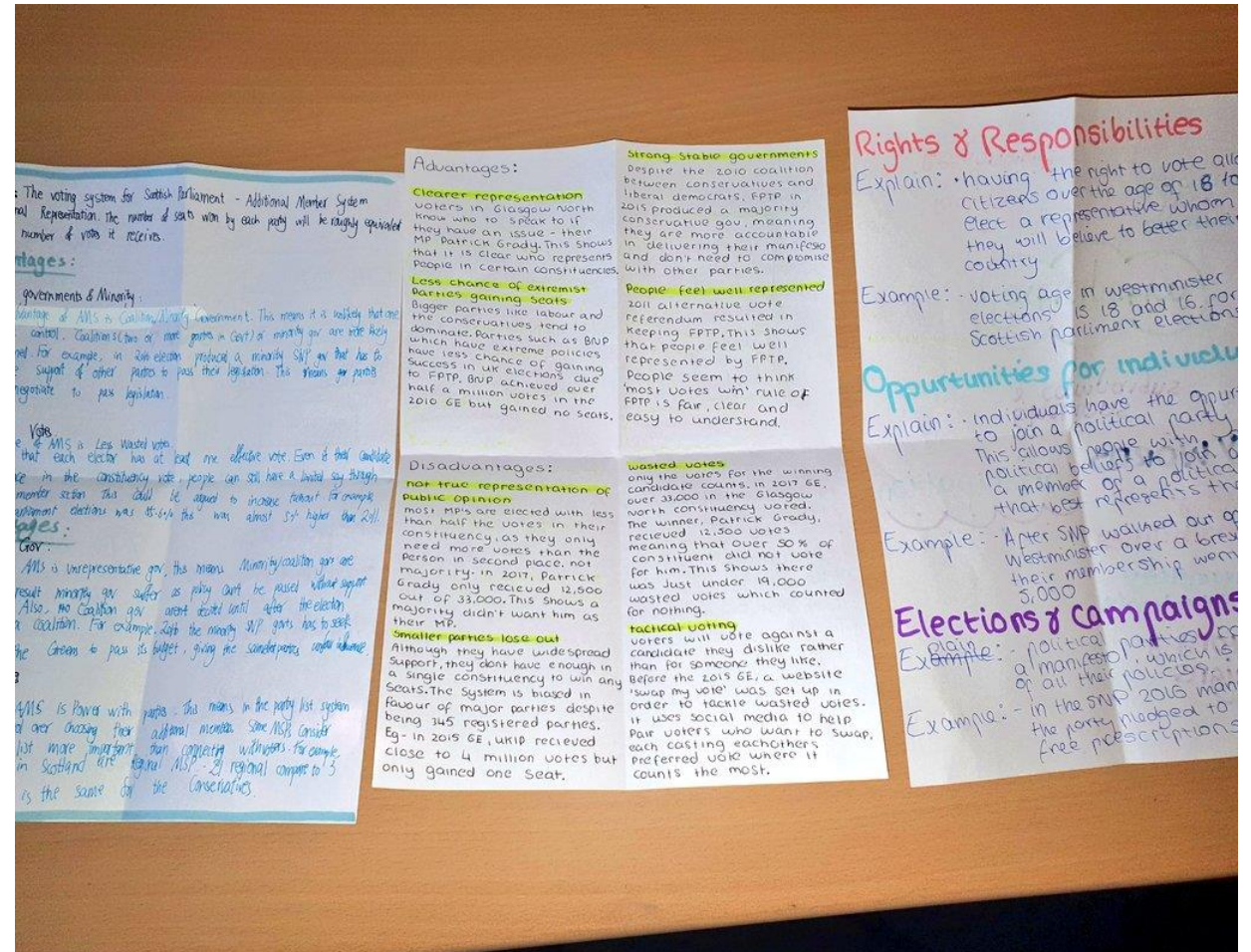
Replicate poster



Fold up booklets



Examples from
Modern Studies



Creative + active studying

You could also study by:

1. Recording yourself and listening back – beneficial for modern languages
2. Teach the content to someone else
3. Paint or illustrate topics
4. Play or create a game or quiz



Past papers

- ❖ Clear your desk/work space
- ❖ TIME yourself according to how long your exam is
- ❖ If you type/write- be sure to use the same method as you'll have in the exam.
- ❖ Check marking keys on SQA website



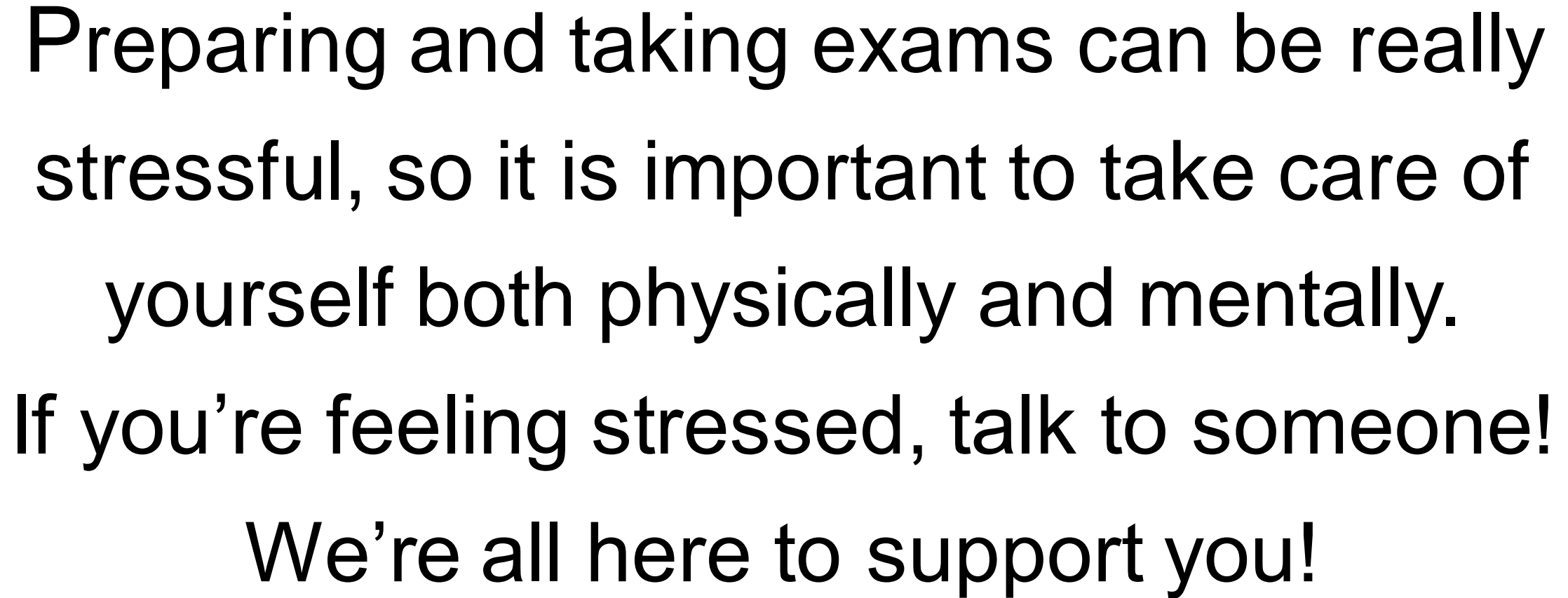
Digital resources

- My Study Life
- Quizlet
- Canva
- BrainScape
- Git Mind Map
- The Learning Cauldron (and other YOUTUBE videos)
- BBC Bitesize
- Sprachenut & Duolingo



Coping with Exam Stress



The background of the image features a light blue textured surface. Scattered around the edges are various school supplies: a purple highlighter in the top right, a yellow highlighter in the top right, a green calculator in the bottom left, and several orange and pink highlighters in the bottom right. There are also some small, colorful paper scraps.

Preparing and taking exams can be really stressful, so it is important to take care of yourself both physically and mentally.
If you're feeling stressed, talk to someone!
We're all here to support you!

Organise your resources

Keep your resources organised with essential items like pens and pencils, study jotter, a ruler, index cards, post-it notes and highlighters.

- Consider subject-specific materials

Time Day

Monday

Tuesday

Wednesday

Thursday

Friday

Create an Exam Timetable

This will help you plan a balance of revision and non-school related activities!

- Organise & prioritise by subject.
- Make sure to take breaks!

*balance is key!!



Study Location

The area you choose to study in can make all the difference!

In school you may find a quiet classroom, small supported study group or the library.

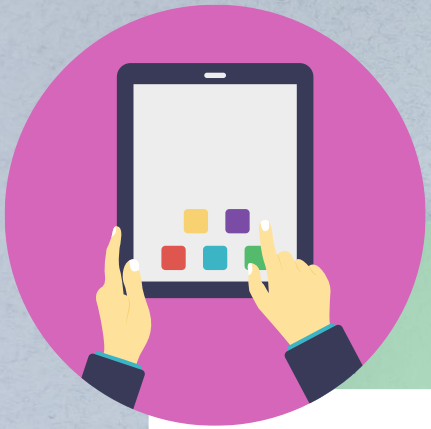
At home, it may be a small office, desk area in your bedroom or dining room table.

You can always visit your **local library** or community centre to change it up and focus in an educational environment.



Study Environment

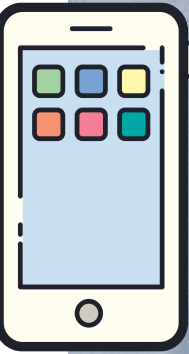
- Try to find softer lighting in these rooms to help your vision and focus.
- Sound effects: Avoid loud music or TV noise. We recommend classical music or something fairly calming.
- Try to find music that won't distract you.
- Think about your posture: Sit in a chair. Study at a desk or table. This will help you focus! You will feel more tired if you study lying on your bed or the floor.



Monitor Screen Time

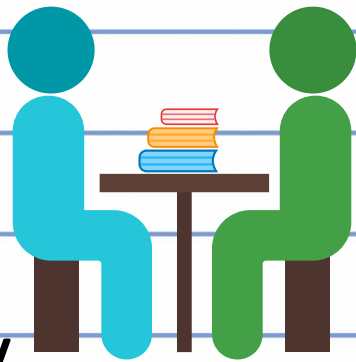
If you are using a computer, tablet or phone to revise....

Make sure there is no glare. This will strain your eyes and make you tired.



Take breaks and do something active in-between

Get a Study Buddy



- Revising is better with a friend or family member
- Go for a walk in the park, or find a quiet coffee shop and revise your materials together!
- Teach & test each other- another effective way to memorise information!

The background of the slide features a target with concentric red and white rings. In the center of the target, a glass of champagne is being opened, with a spray of bubbles and liquid visible. A red object, possibly a pen or a small bag, is partially visible on the left side of the target.

Set Objectives

Set yourself mini goals (SMART targets) to achieve while revising. Then reward yourself - you deserve it!

Pupil Experience

S6 School Captains

Betty Cocker

Ali Maskon

Something that worked well

Ali - studying outside the house

Betty - Filming a Timelapse

Something that didn't work well!

Ali - studying in school (friends = distraction)

Betty - trying to do multiple subjects in one day

Something we wish we knew before

Ali - start studying earlier

Betty - taken clearer notes in class



S5/S6 Study Skills and Supports Information Evening



Wednesday 2nd November 2022



KINDNESS



AMBITION



INTEGRITY



RESILIENCE



RESPECT

Please ask at stalls for subject-specific advice

Please ask any of the team for more general advice or questions

Contact gw11carsonthomas3@glow.sch.uk for future questions