

Giggle N Grow Training - Resources

We hope these resources help you to plan, deliver and evaluate successful sessions.

- **Session Planner**
 - The aim and objectives of a typical session
 - A typical session structure with timings and resources required
 - An opportunity for reflection and session evaluation
- **Links**
 - A selection of links to videos offering songs, rhymes and actions, as well as Giggle N Grow information
- **Song lyrics**
 - These include many of the songs you will have sung at the training, with a few extras added around themes

Glasgow Communities, Learning & Libraries

Session Planner & Recording

Session Info	Group		Date	
	Session Title			
	Session Staff			

Outcomes	Intended Outcomes and Benefits of Session:
	Aim: To provide music and movement for Early Years Children and Families via storytelling • Offer rhyme, rhythm and repetition to aid early literacy development • Offer rhymes to give children time to catch words • Offer music to encourage movement and develop an awareness of sound • Offer a steady beat, emulating the heartbeat, to aid children walk with a steady gait and promote co-ordination https://www.nhs.uk/live-well/exercise/physical-activity-guidelines-children-under-five-years/

Activity	Method	Time	Resources
	1. Welcome and begin the session with a 'Hello' song (the most important element is the welcome – you only have one opportunity to do this for each family) 2. Provide physical activity songs/songs with a steady beat – eg 'Old Brass Wagon', 'As I Was Walking Down the Street', 'Clap Your Hands', 'Driving in My Car' and add seasonal songs or add a scarf song eg 'Elephants Have Wrinkles' 3. Provide quieter songs, a rhyme or a song with a scarf activity – eg 'All the Little Ducks', 'I Have a Little Spider', 'Peekaboo', 'Tip toe, tip toe'	5 mins 10 mins 5 mins	Staff Venue/Room Music Scarves Books Story Sacks Refreshments

	4. Book Time – Choose a book that has been practised; state the author and illustrator; use rhyming, singing, counting and interactive books books eg ‘Ye Cannae Shove Yer Granny’, ‘Katie’s Moose’, ‘Monkey and Me’; add story sacks 5. Finish the session with a ‘Goodbye’ song and thank everyone for coming; let families know details of your next session 6. Provide refreshments Visit a Giggle N Grow session for structure and ideas!	5 mins 5 mins	
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Session Recording

Participant Count	Adults	Children	Total

Outcomes	What were your thoughts on the session? Were the intended outcomes achieved? Was the session delivered according to the session planner? If not, what changed?
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Evaluation	What participant impact statements did you receive? What other evaluation methods did you use and where is this stored?
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Actions	Were there any problems / incidents / issues that require further action? Is there any preparation required for the next session?
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Progression	Did you signpost or refer any families or staff to other services? Are you aware of any other participant progression, e.g. college, volunteering, employment?
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Links

Topic	Link
Giggle N Grow Website	https://gigglegrow.org/
Giggle N Grow You Tube	https://www.youtube.com/@giggle-n-grow
Songs with Video Actions by GnG	
Autumn Leaves are Falling Song A Little Seed (The Magic Trick) Song	https://youtu.be/Tfcum5H2bt0
Hush Wee Darlin' Song	https://www.youtube.com/watch?v=C-piVu_MEMA
Fingers Dancing Song Dinosaurs Song	https://www.youtube.com/watch?v=uUk3ZnQjFmA
As I was Walking Down the Street Song Mary had a Little Lamb Song Clap Your Hands Stamp Your Feet Song	https://youtu.be/77C25h4zDaY
Little Scarf Song (Scarf Activity) Shake n Stop (Scarf Activity) Popcorn Kernel Song (Scarf Activity)	https://youtu.be/o1c9lnu5wr4
Shake Your Sillies Out Song (Scarf Activity) Peekaboo Where Are You? Song (Scarf Activity) There's a Ghostie Under There Song (Halloween Scarf Activity) Little Scarf, Little Scarf Song (Scarf Activity)	https://youtu.be/hRZJodvI6Z0
Little Elves (Christmas Song)	https://youtu.be/eJ6bpvflr3A
Pumpkin Head (Halloween Song)	https://youtu.be/bc8tAuHTiRg
Songs Youtube Links	
Elephants Have Wrinkles Song	https://www.youtube.com/watch?v=KJonGSbUWXE
Driving in my Car Song	https://www.youtube.com/watch?v=BdrZWu2dZ4c
The Old Brass Wagon Song	https://www.youtube.com/watch?v=SRUJXLdDla8
Up a Bogie Lane Song	https://www.scottishbooktrust.com/songs-and-rhymes/up-a-bogie-lane
I like the Flowers (Spring Song)	https://www.youtube.com/watch?v=W2PernOPuAA
All the Little Ducks go Upside Down Song	https://www.google.com/search?sa=X&sca_esv=8b3c2fe050857b40&sca_upv=1&rlz=1C1GCEB_enGB951G

	B951&tbm=vid&q=all+the+little+ducks+go+upside+down&ved=2ahUKEwjQkNjlvqGGAxWDX0EAHVJwClgQ8ccDegQIShAD&cshid=1716388870415576&biw=1280&bih=593&dpr=1.5#fpstate=ive&vld=cid:e9898f10,vld:H2WzVJdDUwU,st:0
Rhymes	
Cross, Cross, Line, Line	https://www.scottishbooktrust.com/songs-and-rhymes/cross-cross-line-line-audio
Roon Aboot	https://www.scottishbooktrust.com/songs-and-rhymes/roon-aboot-moose
I Have a Little Spider	https://www.scottishbooktrust.com/songs-and-rhymes/i-have-a-little-spider

Song Lyrics (* for some of the songs listed above and additional 'themed' songs)

Fingers Dancing

Fingers dancing, toes dancing
Anything goes dancing
Fingers dancing, toes dancing
Yeah, yeah, yeah
Shake it forward shake it backwards
Shake it side to side
Shake it up shake it down
Shake it round and around and around
Fingers dancing, toes dancing
Anything goes dancing
Fingers dancing, toes dancing
Yeah. Yeah, yeah

Dinosaurs (refer to Youtube video for actions)

Dinosaurs are big Dinosaurs are small
Dinosaurs can fly and dinosaurs can crawl
But my favourite dinosaur of all is a.....
Tyrannosaurus Rex
Dinosaurs are big Dinosaurs are small
Dinosaurs can fly and dinosaurs can crawl
But my favourite dinosaur of all is a.....
Terrordactyl
Dinosaurs are big Dinosaurs are small
Dinosaurs can fly and dinosaurs can crawl
But my favourite dinosaur of all is a.....
Diplodocus.

As I was Walking Down the Street (go round in a large circle)

As I was walking down the street, down the street, down the street
A friend of mine I chance to meet hi ho, hi ho, hi ho
Ahhh rinky dink and away we go, away we go, away we go (go round in own circle)
A rinky dink and away we go hi ho, hi ho, hi ho

Mary had a Little Lamb

Mary had a little lamb she also had a pig
She put him on the mantel piece to do a Scottish jig
Oh....
E I E I O E I E I O

E I E I E I O E I E I O

Clap Your Hands (to the tune of Jingle Bells)

Clap your hands
Stamp your feet
Wiggle all around
Reach your hands into the air and then we touch the ground
Oh
Clap your hands
Stamp your feet
Wiggle all around
Reach your hands into the air and then we touch the ground

Elephants Have Wrinkles

Elephants have wrinkles, wrinkles, wrinkles
Elephants have wrinkles, wrinkles everywhere
On their toes, on their toes
No one knows, no one knows
Why-y-y-y

Elephants have wrinkles, wrinkles, wrinkles
Elephants have wrinkles, wrinkles everywhere
On their knees, on their knees
On their toes, on their toes
No one knows, no one knows
Why-y-y-y

Elephants have wrinkles, wrinkles everywhere
On their hips, on their hips
On their knees, on their knees
On their toes, on their toes
No one knows, no one knows
Why-y-y-y

Elephants have wrinkles, wrinkles, wrinkles
Elephants have wrinkles, wrinkles everywhere
On their ears, on their ears
On their hips, on their hips
On their knees, on their knees
On their toes, on their toes
No one knows, no one knows
Why-y-y-y

Elephants have wrinkles, wrinkles, wrinkles
Elephants have wrinkles, wrinkles everywhere
On their trunks, on their trunks

On their ears, on their ears
On their hips, on their hips
On their knees, on their knees
On their toes, on their toes
No one knows, no one knows
Why-y-y-y

Elephants have wrinkles, wrinkles, wrinkles
Elephants have wrinkles, wrinkles everywhere
On their eyeballs, on their eyeballs
On their eyeballs? NO WAY
On their trunks, on their trunks
On their ears, on their ears
On their hips, on their hips
On their knees, on their knees
On their toes, on their toes
No one knows, no one knows
Why-y-y-y

Elephants have wrinkles, wrinkles, wrinkles
Elephants have wrinkles, wrinkles everywhere!

Driving in my Car

Driving in my car, vroom vroom vroom
Driving in my car, vroom vroom vroom
Driving very fast, vroom vroom vroom
Driving very slow, vroom vroom vroom
I like driving, driving in my car

Riding on my bike, pedal pedal pedal
Riding on my bike, pedal pedal pedal
Riding very fast, pedal pedal pedal
Riding very slow, pedal pedal pedal
I like riding, riding on my bike

Rowing in my boat, splash splash splash
Rowing in my boat, splash splash splash
Rowing very fast, splash splash splash
Rowing very slow, splash, splash, splash
I like rowing, rowing in my boat

Riding on my train, choo, choo, choo
Riding on my train, choo, choo, choo
Riding very fast, choo, choo, choo
Riding very slow, choo, choo, choo
I like riding, riding on my train

Flying in my airplane, whoosh whoosh
Flying in my airplane, whoosh whoosh
Flying very high, whoosh whoosh
Flying very low, whoosh whoosh
I like flying, flying in my airplane

The Old Brass Wagon

Circle to the left, the old brass wagon
Circle to the left, the old brass wagon
Circle to the left, the old brass wagon
You're the one my darlin'

Circle to the right, the old brass wagon
Circle to the right, the old brass wagon
Circle to the right, the old brass wagon
You're the one my darlin'

Everybody in, the old brass wagon
Everybody in, the old brass wagon
Everybody in, the old brass wagon
You're the one my darlin'

Everybody out, the old brass wagon
Everybody out, the old brass wagon
Everybody out, the old brass wagon
You're the one my darlin'

Up a Bogie Lane

Up a bogie lane
To buy a penny whistle
A bogie man came up to me and
Stole ma penny whistle
I asked him for him back
He says 'I havenae got it'
'Ach', says I, 'you're tellin' a lie
You've got it in your pocket!'

I like the Flowers

I like the flowers
I like the daffodils
I like the mountains
I like the rolling hills

I like the fireside
When the lights are low

Boom de-ahh-da
Boom de-ahh-da
Boom de-ahh-da
Boom de-ahh-da

Boom de-ahh-da
Boom de-ahh-da
Boom de-ahh-da
Boom de-ahh-da

All the Little Ducks

All the Little Ducks
All the little ducks go upside down,
Upside down, upside down
All the little ducks go upside down
As they dabble at the bottom of the pond

All their little tails go wiggle, waggle, wiggle
Wiggle, waggle, wiggle,
Wiggle waggle wiggle
All their little tails go wiggle, waggle, wiggle
As they dabble at the bottom of the pond

All their little beaks go snap, snap, snap
Snap, snap, snap
Snap, snap, snap
All their little beaks go snap, snap, snap
As they dabble at the bottom of the pond
Snap snap!

Tiptoe (To the tune of Twinkle Twinkle)
Tiptoe, tiptoe all around (*tiptoe round room in a circle*)
Tiptoe, tiptoe don't make a sound
Tiptoe high (*reach up*)
Tiptoe low (*reach down*)
Tiptoe fast and tiptoe slow (*tiptoe fast and slow*)
Tiptoe, tiptoe all around
Tiptoe, tiptoe, don't make a sound

Roon About

Roon about, roon about, goes a wee mouse.
Up a bit, up a bit, in his wee hoose.

Cross, Cross, Line, Line

Cross, cross, line, line, spiders crawling up your spine.
Cool breeze... tight squeeze...And now you've got the shivers!

I Have a Little Spider

I have a little spider, I'm very fond of him.
He crawls up to my shoulder and right round to my chin.
He jumps up to my nose and then on to my head.
And when he's very sleepy he runs back down to bed. Night night!

Up Like a Rocket

Up like a rocket (lift scarf up)
Down like the rain (wiggle scarf down)
Back and forward like a Choo Choo train (swing scarf back and forwards)

Winter Theme

Snowflakes, Snowflakes (Sung to the tune of 'Twinkle, Twinkle' - Winter Theme)

Snowflakes, snowflakes, dance around,
Snowflakes, snowflakes, touch the ground
Snowflakes, snowflakes, in the air
Snowflakes, snowflakes, everywhere
Snowflakes, snowflakes, dance around
Snowflakes, snowflakes, touch the ground

Bear is Sleeping (Sung to the tune of 'Are You Sleeping?' - Winter Theme)

Bear is sleeping, Bear is sleeping
In a cave, in a cave
I wonder when he'll come out
I wonder when he'll come out
In the spring, in the spring.

The Winter Wind Blows (Sung to the tune of 'Happy Birthday' - Winter Theme)

The winter wind blows
The winter wind blows
It gives me the shivers
From my head to my toes!

Dance Like Snowflakes (Sung to the tune of 'Frere Jacques' - Winter Theme)

Dance like snowflakes
Dance like snowflakes
In the air
In the air
Whirling, twirling, snowflakes
Whirling, twirling, snowflakes
Here and there
Here and there

Little Red Nose (Sung to the tune of 'Up on the House Top' or Use as a Rhyme - Winter Theme)

Where did you get that little red nose? (point to nose)
Jack frost kissed it I suppose (kissing noise)
He kissed it once (hold up one finger)
And he kissed it twice (hold up 2 fingers)
Poor little nose is cold as ice! (pretend to shiver)

A Chubby Little Snowman (Rhyme – Winter Theme)

A chubby little snowman
Had a carrot nose
Along came a bunny
And what do you suppose?
That hungry little bunny
Looking for his lunch
Ate that snowman's carrot nose
Nibble, nibble, crunch!!

Christmas Theme

Ten Bells (Sung to the tune of 'Ten Little Indians' – Christmas Theme)

One bell, two bells, three Christmas bells
Four bells, five bells, six Christmas bells
Seven bells, eight bells, nine Christmas bells
Ten Christmas bells to ring

I'm a Little Pine Tree (Sung to the tune of 'I'm a Little Teapot' or Use as a Rhyme - Christmas Theme)

I'm a little pine tree- as you can see,
All the other pine trees are bigger than me.

Maybe when I grow up-then I'll be
A great big merry Christmas tree!

Reindeer Pokey (Sung to the tune of 'The Hokey Cokey' - Christmas Theme)

You put your antlers in. You put your antlers out
You put you antlers in and you shake them all about
You do the Reindeer Pokey and you turn around
That's what it's all about!
You put your hooves in....
You put your red nose in....
You put your fluffy tail in...
You put your reindeer body in...

Let's All Do A Little Clapping (Sung to the tune of 'We Wish You a Merry Christmas' - Christmas Theme) (*Clapping can be changed to other activities ie skipping, dancing, twirling, stretching, bending and ask families for other ideas!*)

Let's all do a little clapping
Let's all do a little clapping
Let's all do a little clapping
and spread Christmas cheer

There's A Little Elf (Sung to the tune of 'If You're Happy And You Know It' - Christmas Theme)

There's a little elf that's sitting on my nose
There's a little elf that's sitting on my nose
He is sitting on my nose
Then off away he goes
Now there's no little elf on my nose

There's a little elf that's sitting on my knee
There's a little elf that's sitting on my knee
He is sitting on my knee
Just watch and he will flee
Now there's no little elf on my knee

There's a little elf that's sitting on my head
There's a little elf that's sitting on my head
He is sitting on my head
Then away he goes to bed
Now there's no little elf on my head

Ring the Bells (Sung to the tune of 'London Bridge is Falling Down' - Christmas Theme)

Ring the bells it's Christmas time
Christmas time
Christmas time
Ring the bells it's Christmas time
Merry Christmas time!

Additional Verses

Play the drums it's Christmas time

Tap the sticks it's Christmas time

Clap your hands it's Christmas time

Valentine Theme

If You Love Me And You Know It (Sung to the tune of 'If You're Happy and You Know It' - Valentine Theme)

If you love me and you know it, clap your hands
If you love me and you know it, clap your hands
If you love me and you know it
Then your face will surely show it
If you love me and you know it, clap your hands

If you love me and you know it, clap your hand
If you love me and you know it, clap your hands.
If you love me and you know it
Then your face will surely show it
If you love me and you know it, clap your hands

Additional verses

If you love me and you know it say 'I Love You'
If you love me and you know it blow me a kiss
If you love me and you know it give me a hug

Love, Love, Love Your Friends (Sung to the tune of 'Row, Row, Row Your Boat' – Valentine Theme)

Love, love, love your friends,
Love them all year long

Especially on Valentine's Day
As we sing this song!

Do You Know My Valentine (Sung to the tune of 'The Muffin Man' – Valentine Theme)

Do you know my valentine,
My valentine, my valentine?
Do you know my valentine?
His/her name is

A Valentine for You (Sung to the tune of 'Farmer in the Dell' – Valentine Theme)

A valentine for you
A valentine for you.
A valentine, a valentine
A valentine for you