

## **Giggle N Grow Training Resources**

**We hope these resources help you to plan, deliver and evaluate successful sessions.**

- **Session Planner**
  - The aim and objectives of a typical session
  - A typical session structure with timings and resources required
  - An opportunity for reflection and session evaluation
  
- **Links**
  - A selection of links to videos offering songs, rhymes and actions, as well as Giggle N Grow information
  
- **Song lyrics**
  - These include many of the songs you will have sung at the training, with a few extras added around themes

# Glasgow Communities, Learning & Libraries

## Session Planner & Recording

Session Info	Group		Date	
	Session Title			
	Session Staff			

Outcomes	Intended Outcomes and Benefits of Session:
	<p>Aim:</p> <p>To provide music and movement for Early Years Children and Families via storytelling</p> <ul style="list-style-type: none"> <li>• Offer rhyme, rhythm and repetition to aid early literacy development</li> <li>• Offer rhymes to give children time to catch words</li> <li>• Offer music to encourage movement and develop an awareness of sound</li> <li>• Offer a steady beat, emulating the heartbeat, to aid children walk with a steady gait and promote co-ordination</li> </ul> <p><a href="https://www.nhs.uk/live-well/exercise/physical-activity-guidelines-children-under-five-years/">https://www.nhs.uk/live-well/exercise/physical-activity-guidelines-children-under-five-years/</a></p>

Activity	Method	Time	Resources
	1. Welcome and begin the session with a 'Hello' song (the most important element is the welcome – you only have one opportunity to do this for each family	5 mins	<b>Staff</b> <b>Venue/Room</b> <b>Music</b>
	2. Provide physical activity songs/songs with a steady beat – eg 'Old Brass Wagon', 'As I Was Walking Down the Street', 'Clap Your Hands', 'Driving in My Car' and add seasonal songs or add a scarf song eg 'Elephants Have Wrinkles'	10 mins	<b>Scarves</b> <b>Books</b> <b>Story Sacks</b>
	3. Provide quieter songs, a rhyme or a song with a scarf activity – eg 'All the Little Ducks', 'I Have a Little Spider', 'Peekaboo', 'Tip toe, tip toe'	5 mins	<b>Refreshments</b>

	<p>4. Book Time – Choose a book that has been practised; state the author and illustrator; use rhyming, singing, counting and interactive books books eg ‘Ye Cannae Shove Yer Granny’, ‘Katie’s Moose’, ‘Monkey and Me’; add story sacks</p>	5 mins	
	<p>5. Finish the session with a ‘Goodbye’ song and thank everyone for coming; let families know details of your next session</p>	5 mins	
	<p>6. Provide refreshments</p>		
	<p>Visit a Giggle N Grow session for structure and ideas!</p>		

### Session Recording

Participant Count	Adults	Children	Total

<b>Outcomes</b>	<p>What were your thoughts on the session?</p> <p>Were the intended outcomes achieved?</p> <p>Was the session delivered according to the session planner? If not, what changed?</p>
-----------------	---

<b>Evaluation</b>	<p>What participant impact statements did you receive?</p> <p>What other evaluation methods did you use and where is this stored?</p>
-------------------	---

<b>Actions</b>	<p>Were there any problems / incidents / issues that require further action?</p> <p>Is there any preparation required for the next session?</p>
----------------	---

<b>Progression</b>	<p>Did you signpost or refer any families or staff to other services?</p> <p>Are you aware of any other participant progression, e.g. college, volunteering, employment?</p>
--------------------	--

# Links

Topic	Link
Giggle N Grow Website	<a href="https://gigglegrow.org/">https://gigglegrow.org/</a>
Giggle N Grow You Tube	<a href="https://www.youtube.com/@giggle-n-grow">https://www.youtube.com/@giggle-n-grow</a>
<b>Songs with Video Actions by GnG</b>	
Autumn Leaves are Falling Song A Little Seed (The Magic Trick) Song	<a href="https://youtu.be/Tfcum5H2bt0">https://youtu.be/Tfcum5H2bt0</a>
Hush Wee Darlin' Song	<a href="https://www.youtube.com/watch?v=C-piVu_MEMA">https://www.youtube.com/watch?v=C-piVu_MEMA</a>
Fingers Dancing Song  Dinosaurs Song	<a href="https://www.youtube.com/watch?v=uUk3ZnQjFmA">https://www.youtube.com/watch?v=uUk3ZnQjFmA</a>
As I was Walking Down the Street Song Mary had a Little Lamb Song Clap Your Hands Stamp Your Feet Song	<a href="https://youtu.be/77C25h4zDaY">https://youtu.be/77C25h4zDaY</a>
Little Scarf Song (Scarf Activity) Shake n Stop (Scarf Activity) Popcorn Kernel Song (Scarf Activity)	<a href="https://youtu.be/o1c9lnu5wr4">https://youtu.be/o1c9lnu5wr4</a>
Shake Your Sillies Out Song (Scarf Activity) Peekaboo Where Are You? Song (Scarf Activity) There's a Ghostie Under There Song (Halloween Scarf Activity) Little Scarf, Little Scarf Song (Scarf Activity)	<a href="https://youtu.be/hRZJodvI6Z0">https://youtu.be/hRZJodvI6Z0</a>
Little Elves (Christmas Song)	<a href="https://youtu.be/eJ6bpvflr3A">https://youtu.be/eJ6bpvflr3A</a>
Pumpkin Head (Halloween Song)	<a href="https://youtu.be/bc8tAuHTiRg">https://youtu.be/bc8tAuHTiRg</a>
<b>Songs Youtube Links</b>	
Elephants Have Wrinkles Song	<a href="https://www.youtube.com/watch?v=KJonGSbUWXE">https://www.youtube.com/watch?v=KJonGSbUWXE</a>
Driving in my Car Song	<a href="https://www.youtube.com/watch?v=BdrZWu2dZ4c">https://www.youtube.com/watch?v=BdrZWu2dZ4c</a>
The Old Brass Wagon Song	<a href="https://www.youtube.com/watch?v=SRUJXLdDla8">https://www.youtube.com/watch?v=SRUJXLdDla8</a>
Up a Bogie Lane Song	<a href="https://www.scottishbooktrust.com/songs-and-rhymes/up-a-bogie-lane">https://www.scottishbooktrust.com/songs-and-rhymes/up-a-bogie-lane</a>
I like the Flowers (Spring Song)	<a href="https://www.youtube.com/watch?v=W2PernOPuAA">https://www.youtube.com/watch?v=W2PernOPuAA</a>
All the Little Ducks go Upside Down Song	<a href="https://www.google.com/search?sa=X&amp;sca_esv=8b3c2fe050857b40&amp;sca_upv=1&amp;rlz=1C1GCEB_enGB951G">https://www.google.com/search?sa=X&amp;sca_esv=8b3c2fe050857b40&amp;sca_upv=1&amp;rlz=1C1GCEB_enGB951G</a>

	<a href="https://www.youtube.com/watch?v=B951&amp;tbm=vid&amp;q=all+the+little+ducks+go+upside+down&amp;ved=2ahUKEwjQkNjlvqGGAxWDX0EAHVJwClgQ8ccDegQIShAD&amp;cshid=1716388870415576&amp;biw=1280&amp;bih=593&amp;dpr=1.5#fpstate=ive&amp;vld=cid:e9898f10,vld:H2WzVJdDUwU,st:0">B951&amp;tbm=vid&amp;q=all+the+little+ducks+go+upside+down&amp;ved=2ahUKEwjQkNjlvqGGAxWDX0EAHVJwClgQ8ccDegQIShAD&amp;cshid=1716388870415576&amp;biw=1280&amp;bih=593&amp;dpr=1.5#fpstate=ive&amp;vld=cid:e9898f10,vld:H2WzVJdDUwU,st:0</a>
<b>Rhymes</b>	
Cross, Cross, Line, Line	<a href="https://www.scottishbooktrust.com/songs-and-rhymes/cross-cross-line-line-audio">https://www.scottishbooktrust.com/songs-and-rhymes/cross-cross-line-line-audio</a>
Roon Aboot	<a href="https://www.scottishbooktrust.com/songs-and-rhymes/roon-aboot-moose">https://www.scottishbooktrust.com/songs-and-rhymes/roon-aboot-moose</a>
I Have a Little Spider	<a href="https://www.scottishbooktrust.com/songs-and-rhymes/i-have-a-little-spider">https://www.scottishbooktrust.com/songs-and-rhymes/i-have-a-little-spider</a>

## **Song Lyrics** (\* for some of the songs listed above and additional 'themed' songs)

### **Fingers Dancing**

Fingers dancing, toes dancing  
Anything goes dancing  
Fingers dancing, toes dancing  
Yeah, yeah, yeah  
Shake it forward shake it backwards  
Shake it side to side  
Shake it up shake it down  
Shake it round and around and around  
Fingers dancing, toes dancing  
Anything goes dancing  
Fingers dancing, toes dancing  
Yeah. Yeah, yeah

### **Dinosaurs** (refer to Youtube video for actions)

Dinosaurs are big Dinosaurs are small  
Dinosaurs can fly and dinosaurs can crawl  
But my favourite dinosaur of all is a.....  
Tyrannosaurus Rex  
Dinosaurs are big Dinosaurs are small  
Dinosaurs can fly and dinosaurs can crawl  
But my favourite dinosaur of all is a.....  
Terrordactyl  
Dinosaurs are big Dinosaurs are small  
Dinosaurs can fly and dinosaurs can crawl  
But my favourite dinosaur of all is a.....  
Diplodocus.

### **As I was Walking Down the Street** (go round in a large circle)

As I was walking down the street, down the street, down the street  
A friend of mine I chance to meet hi ho, hi ho, hi ho  
Ahhh rinky dink and away we go, away we go, away we go (go round in own circle)  
A rinky dink and away we go hi ho, hi ho, hi ho

### **Mary had a Little Lamb**

Mary had a little lamb she also had a pig  
She put him on the mantel piece to do a Scottish jig  
Oh....  
E I E I O E I E I O

E I E I E I O E I E I O

### **Clap Your Hands** (to the tune of Jingle Bells)

Clap your hands  
Stamp your feet  
Wiggle all around  
Reach your hands into the air and then we touch the ground  
Oh  
Clap your hands  
Stamp your feet  
Wiggle all around  
Reach your hands into the air and then we touch the ground

### **Elephants Have Wrinkles**

Elephants have wrinkles, wrinkles, wrinkles  
Elephants have wrinkles, wrinkles everywhere  
On their toes, on their toes  
No one knows, no one knows  
Why-y-y-y

Elephants have wrinkles, wrinkles, wrinkles  
Elephants have wrinkles, wrinkles everywhere  
On their knees, on their knees  
On their toes, on their toes  
No one knows, no one knows  
Why-y-y-y

Elephants have wrinkles, wrinkles everywhere  
On their hips, on their hips  
On their knees, on their knees  
On their toes, on their toes  
No one knows, no one knows  
Why-y-y-y

Elephants have wrinkles, wrinkles, wrinkles  
Elephants have wrinkles, wrinkles everywhere  
On their ears, on their ears  
On their hips, on their hips  
On their knees, on their knees  
On their toes, on their toes  
No one knows, no one knows  
Why-y-y-y

Elephants have wrinkles, wrinkles, wrinkles  
Elephants have wrinkles, wrinkles everywhere  
On their trunks, on their trunks



On their ears, on their ears  
On their hips, on their hips  
On their knees, on their knees  
On their toes, on their toes  
No one knows, no one knows  
Why-y-y-y

Elephants have wrinkles, wrinkles, wrinkles  
Elephants have wrinkles, wrinkles everywhere  
On their eyeballs, on their eyeballs  
On their eyeballs? NO WAY  
On their trunks, on their trunks  
On their ears, on their ears  
On their hips, on their hips  
On their knees, on their knees  
On their toes, on their toes  
No one knows, no one knows  
Why-y-y-y

Elephants have wrinkles, wrinkles, wrinkles  
Elephants have wrinkles, wrinkles everywhere!

## **Driving in my Car**

Driving in my car, vroom vroom vroom  
Driving in my car, vroom vroom vroom  
Driving very fast, vroom vroom vroom  
Driving very slow, vroom vroom vroom  
I like driving, driving in my car

Riding on my bike, pedal pedal pedal  
Riding on my bike, pedal pedal pedal  
Riding very fast, pedal pedal pedal  
Riding very slow, pedal pedal pedal  
I like riding, riding on my bike

Rowing in my boat, splash splash splash  
Rowing in my boat, splash splash splash  
Rowing very fast, splash splash splash  
Rowing very slow, splash, splash, splash  
I like rowing, rowing in my boat

Riding on my train, choo, choo, choo  
Riding on my train, choo, choo, choo  
Riding very fast, choo, choo, choo  
Riding very slow, choo, choo, choo  
I like riding, riding on my train

Flying in my airplane, whoosh whoosh  
Flying in my airplane, whoosh whoosh  
Flying very high, whoosh whoosh  
Flying very low, whoosh whoosh  
I like flying, flying in my airplane

## **The Old Brass Wagon**

Circle to the left, the old brass wagon  
Circle to the left, the old brass wagon  
Circle to the left, the old brass wagon  
You're the one my darlin'

Circle to the right, the old brass wagon  
Circle to the right, the old brass wagon  
Circle to the right, the old brass wagon  
You're the one my darlin'

Everybody in, the old brass wagon  
Everybody in, the old brass wagon  
Everybody in, the old brass wagon  
You're the one my darlin'

Everybody out, the old brass wagon  
Everybody out, the old brass wagon  
Everybody out, the old brass wagon  
You're the one my darlin'

## **Up a Bogie Lane**

Up a bogie lane  
To buy a penny whistle  
A bogie man came up to me and  
Stole ma penny whistle  
I asked him for him back  
He says 'I havenae got it'  
'Ach', says I, 'you're tellin' a lie  
You've got it in your pocket!'

## **I like the Flowers**

I like the flowers  
I like the daffodils  
I like the mountains  
I like the rolling hills

I like the fireside  
When the lights are low

Boom de-ahh-da  
Boom de-ahh-da  
Boom de-ahh-da  
Boom de-ahh-da

Boom de-ahh-da  
Boom de-ahh-da  
Boom de-ahh-da  
Boom de-ahh-da

## **All the Little Ducks**

All the Little Ducks  
All the little ducks go upside down,  
Upside down, upside down  
All the little ducks go upside down  
As they dabble at the bottom of the pond

All their little tails go wiggle, waggle, wiggle  
Wiggle, waggle, wiggle,  
Wiggle waggle wiggle  
All their little tails go wiggle, waggle, wiggle  
As they dabble at the bottom of the pond

All their little beaks go snap, snap, snap  
Snap, snap, snap  
Snap, snap, snap  
All their little beaks go snap, snap, snap  
As they dabble at the bottom of the pond  
Snap snap!

**Tiptoe** (To the tune of Twinkle Twinkle)  
Tiptoe, tiptoe all around (*tiptoe round room in a circle*)  
Tiptoe, tiptoe don't make a sound  
Tiptoe high (*reach up*)  
Tiptoe low (*reach down*)  
Tiptoe fast and tiptoe slow (*tiptoe fast and slow*)  
Tiptoe, tiptoe all around  
Tiptoe, tiptoe, don't make a sound

### **Roan About**

Roan about, roan about, goes a wee mouse.  
Up a bit, up a bit, in his wee hoose.

### **Cross, Cross, Line, Line**

Cross, cross, line, line, spiders crawling up your spine.  
Cool breeze... tight squeeze...And now you've got the shivers!

### **I Have a Little Spider**

I have a little spider, I'm very fond of him.  
He crawls up to my shoulder and right round to my chin.  
He jumps up to my nose and then on to my head.  
And when he's very sleepy he runs back down to bed. Night night!

### **Up Like a Rocket**

Up like a rocket (lift scarf up)  
Down like the rain (wiggle scarf down)  
Back and forward like a Choo Choo train (swing scarf back and forwards)

### **Winter Theme**

#### **Snowflakes, Snowflakes** (Sung to the tune of 'Twinkle, Twinkle' - Winter Theme)

Snowflakes, snowflakes, dance around,  
Snowflakes, snowflakes, touch the ground  
Snowflakes, snowflakes, in the air  
Snowflakes, snowflakes, everywhere  
Snowflakes, snowflakes, dance around  
Snowflakes, snowflakes, touch the ground

#### **Bear is Sleeping** (Sung to the tune of 'Are You Sleeping?' - Winter Theme)

Bear is sleeping, Bear is sleeping  
In a cave, in a cave  
I wonder when he'll come out  
I wonder when he'll come out  
In the spring, in the spring.

#### **The Winter Wind Blows** (Sung to the tune of 'Happy Birthday' - Winter Theme)

The winter wind blows  
The winter wind blows  
It gives me the shivers  
From my head to my toes!

## **Dance Like Snowflakes** (Sung to the tune of 'Frere Jacques' - Winter Theme)

Dance like snowflakes  
Dance like snowflakes  
In the air  
In the air  
Whirling, twirling, snowflakes  
Whirling, twirling, snowflakes  
Here and there  
Here and there

## **Little Red Nose** (Sung to the tune of 'Up on the House Top' or Use as a Rhyme - Winter Theme)

Where did you get that little red nose? (point to nose)  
Jack frost kissed it I suppose (kissing noise)  
He kissed it once (hold up one finger)  
And he kissed it twice (hold up 2 fingers)  
Poor little nose is cold as ice! (pretend to shiver)

## **A Chubby Little Snowman** (Rhyme – Winter Theme)

A chubby little snowman  
Had a carrot nose  
Along came a bunny  
And what do you suppose?  
That hungry little bunny  
Looking for his lunch  
Ate that snowman's carrot nose  
Nibble, nibble, crunch!!

## **Christmas Theme**

### **Ten Bells** (Sung to the tune of 'Ten Little Indians' – Christmas Theme)

One bell, two bells, three Christmas bells  
Four bells, five bells, six Christmas bells  
Seven bells, eight bells, nine Christmas bells  
Ten Christmas bells to ring

### **I'm a Little Pine Tree** (Sung to the tune of 'I'm a Little Teapot' or Use as a Rhyme - Christmas Theme)

I'm a little pine tree- as you can see,  
All the other pine trees are bigger than me.

Maybe when I grow up-then I'll be  
A great big merry Christmas tree!

### **Reindeer Pokey** (Sung to the tune of 'The Hokey Cokey' - Christmas Theme)

You put your antlers in. You put your antlers out  
You put you antlers in and you shake them all about  
You do the Reindeer Pokey and you turn around  
That's what it's all about!  
You put your hooves in....  
You put your red nose in....  
You put your fluffy tail in...  
You put your reindeer body in...

### **Let's All Do A Little Clapping** (Sung to the tune of 'We Wish You a Merry Christmas' - Christmas Theme) (*Clapping can be changed to other activities ie skipping, dancing, twirling, stretching, bending and ask families for other ideas!*)

Let's all do a little clapping  
Let's all do a little clapping  
Let's all do a little clapping  
and spread Christmas cheer

### **There's A Little Elf** (Sung to the tune of 'If You're Happy And You Know It' - Christmas Theme)

There's a little elf that's sitting on my nose  
There's a little elf that's sitting on my nose  
He is sitting on my nose  
Then off away he goes  
Now there's no little elf on my nose

There's a little elf that's sitting on my knee  
There's a little elf that's sitting on my knee  
He is sitting on my knee  
Just watch and he will flee  
Now there's no little elf on my knee

There's a little elf that's sitting on my head  
There's a little elf that's sitting on my head  
He is sitting on my head  
Then away he goes to bed  
Now there's no little elf on my head

### **Ring the Bells** (Sung to the tune of 'London Bridge is Falling Down' - Christmas Theme)

Ring the bells it's Christmas time  
Christmas time  
Christmas time  
Ring the bells it's Christmas time  
Merry Christmas time!

### Additional Verses

Play the drums it's Christmas time

Tap the sticks it's Christmas time

Clap your hands it's Christmas time

## **Valentine Theme**

**If You Love Me And You Know It** (Sung to the tune of 'If You're Happy and You Know It' - Valentine Theme)

If you love me and you know it, clap your hands  
If you love me and you know it, clap your hands  
If you love me and you know it  
Then your face will surely show it  
If you love me and you know it, clap your hands

If you love me and you know it, clap your hand  
If you love me and you know it, clap your hands.  
If you love me and you know it  
Then your face will surely show it  
If you love me and you know it, clap your hands

### Additional verses

If you love me and you know it say 'I Love You'  
If you love me and you know it blow me a kiss  
If you love me and you know it give me a hug

**Love, Love, Love Your Friends** (Sung to the tune of 'Row, Row, Row Your Boat' – Valentine Theme)

Love, love, love your friends,  
Love them all year long

Especially on Valentine's Day  
As we sing this song!

**Do You Know My Valentine** (Sung to the tune of 'The Muffin Man' – Valentine Theme)

Do you know my valentine,  
My valentine, my valentine?  
Do you know my valentine?  
His/her name is .....

**A Valentine for You** (Sung to the tune of 'Farmer in the Dell' – Valentine Theme)

A valentine for you  
A valentine for you.  
A valentine, a valentine  
A valentine for you