



Starting School



Starting school can be an exciting and worrying time. Here are some ways you can help your child.

Encourage them to practice putting on and taking off their pe kit



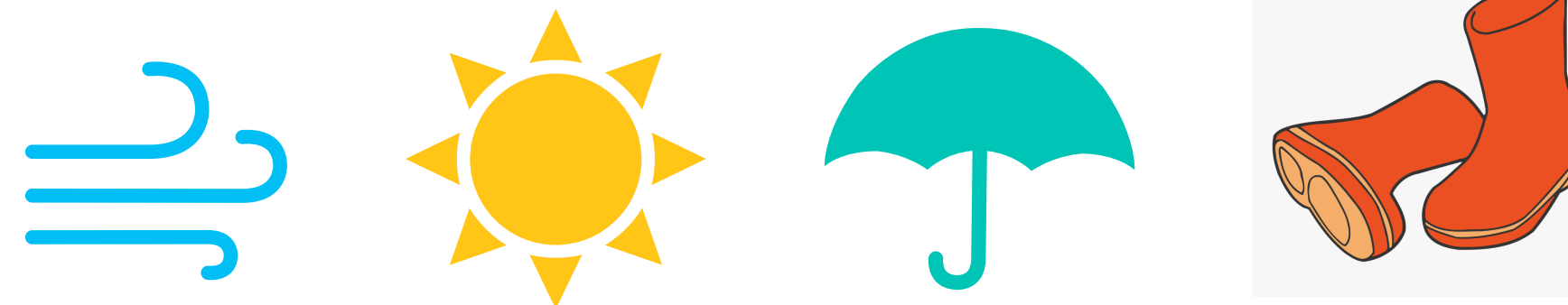
Teach them how to put on their shoes (velcro is best!)



Clearly label all of their clothes.

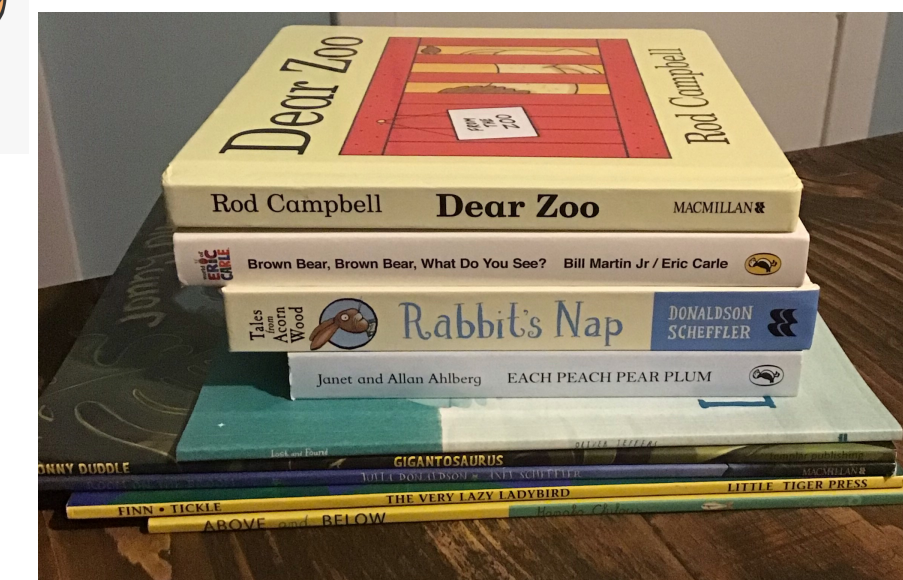


Plan your journey and time how long it takes.



Learning will take place outdoors in all weathers.

Wrap up warm in cold weather and remember a sun hat and cream when it is hot.



Foster a love for books. Read to them everyday.





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Give the school your number in case of an emergency.



Encourage your child to be independent and organised.

Help your child to use a knife, fork and spoon.

Make sure your child can open their own snack and lunchbox.



It's best if children can use the toilet by themselves.

Practice hand washing with your child. Using soap and water are the best ways to kill germs.





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Starting school can be an exciting and worrying time. Talk to your child about getting ready for school and help them get better at things they are almost there with.

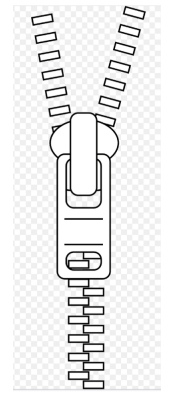
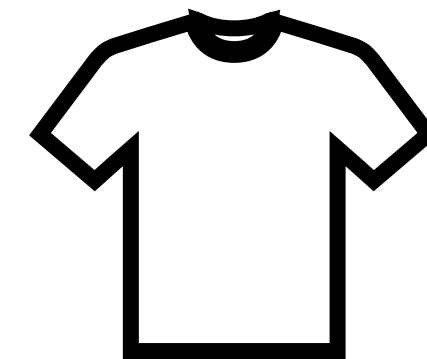
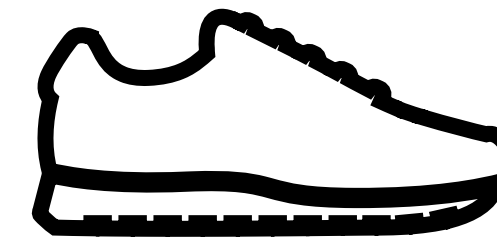
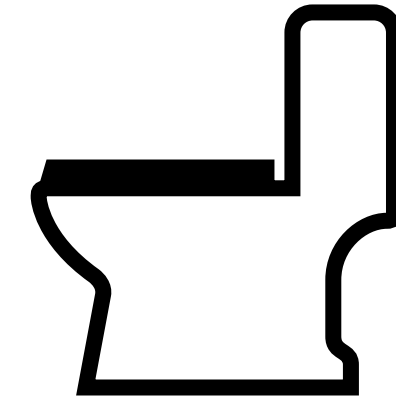
My name is.....

My school bag

Draw all the things you will put into your school bag...



I can



I love.....

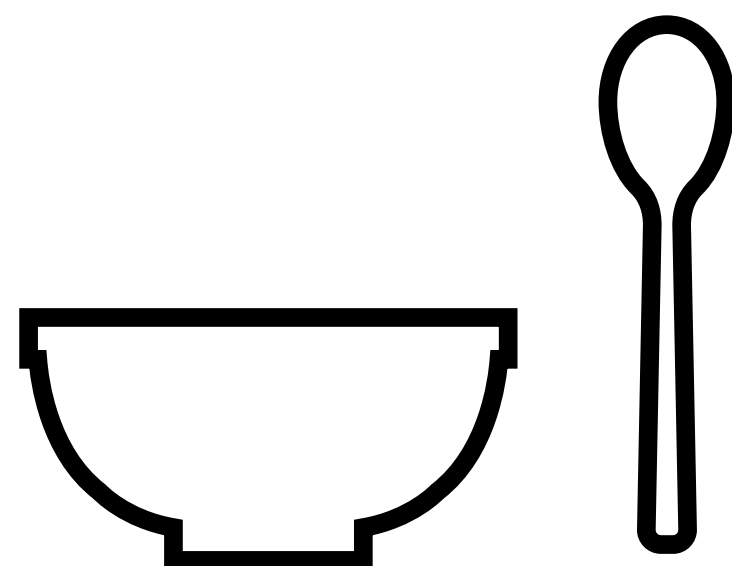
My favourite story is.....



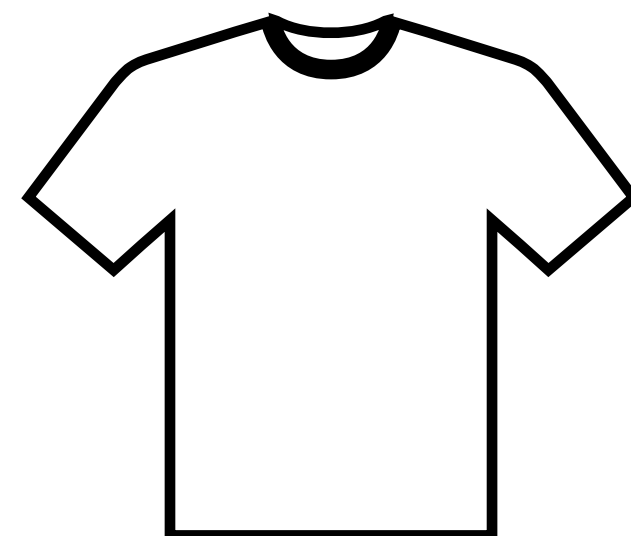
My Morning Routine



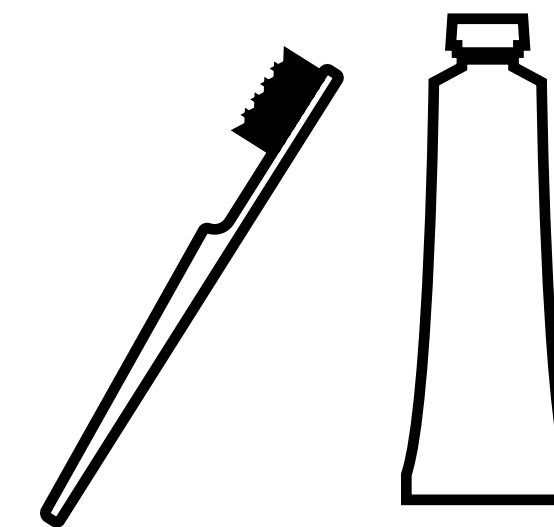
Chat to your child about getting ready for school. A routine board can help you and your child get ready in the morning. Ask your child to colour in and cut out the picture boxes. Use the blank boxes to add anything we have missed. Help your child to put the pictures in order.



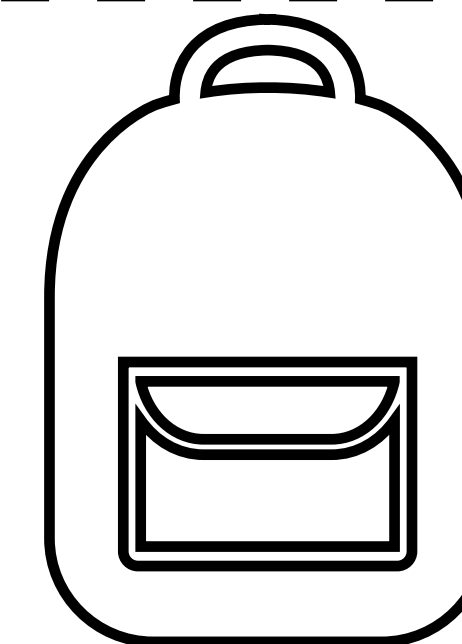
breakfast



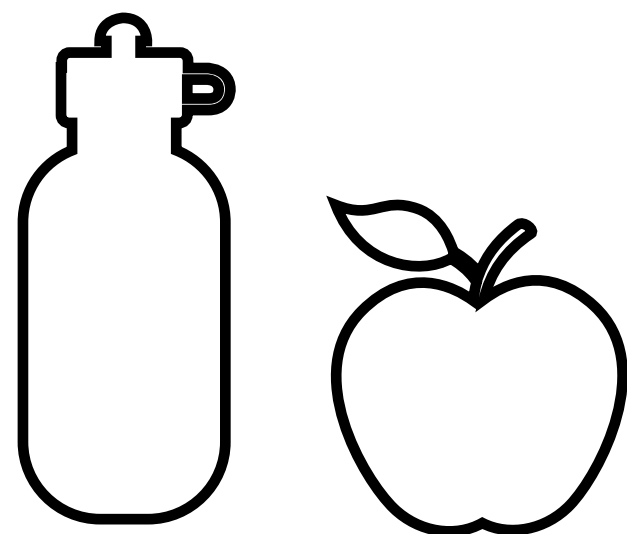
get dressed



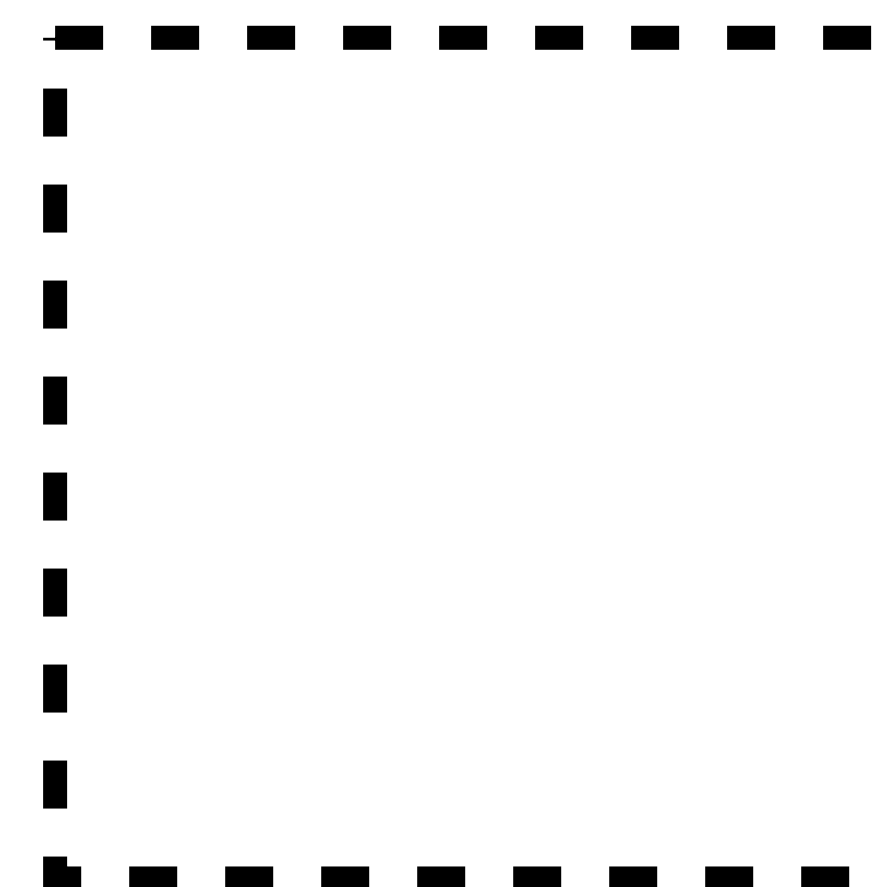
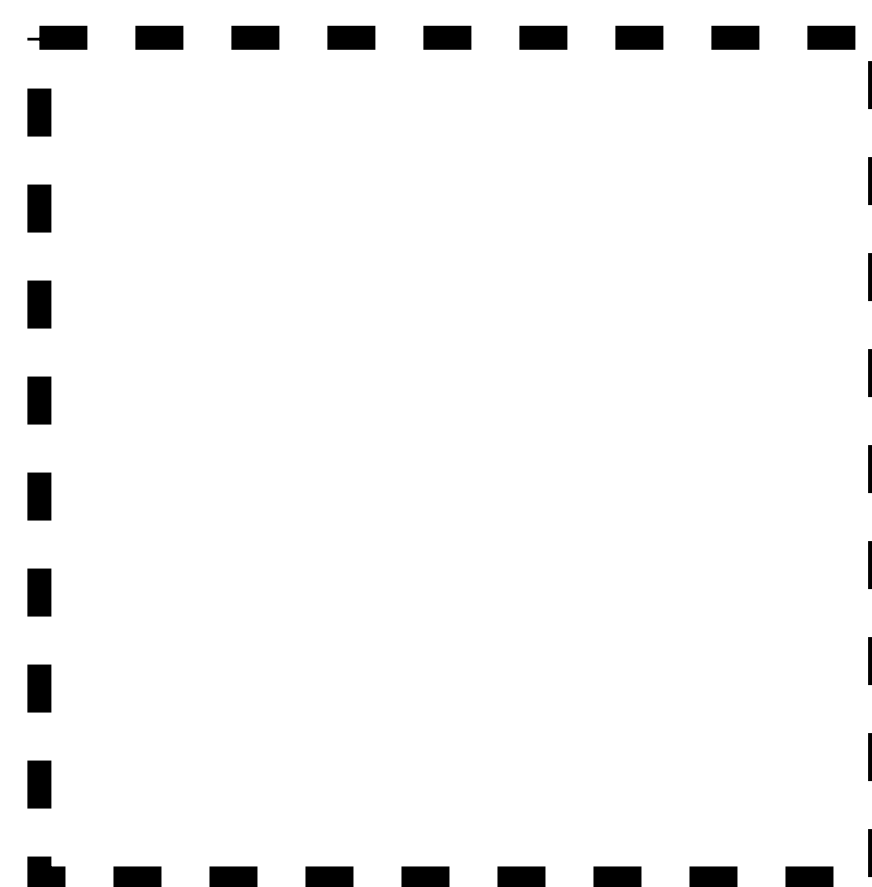
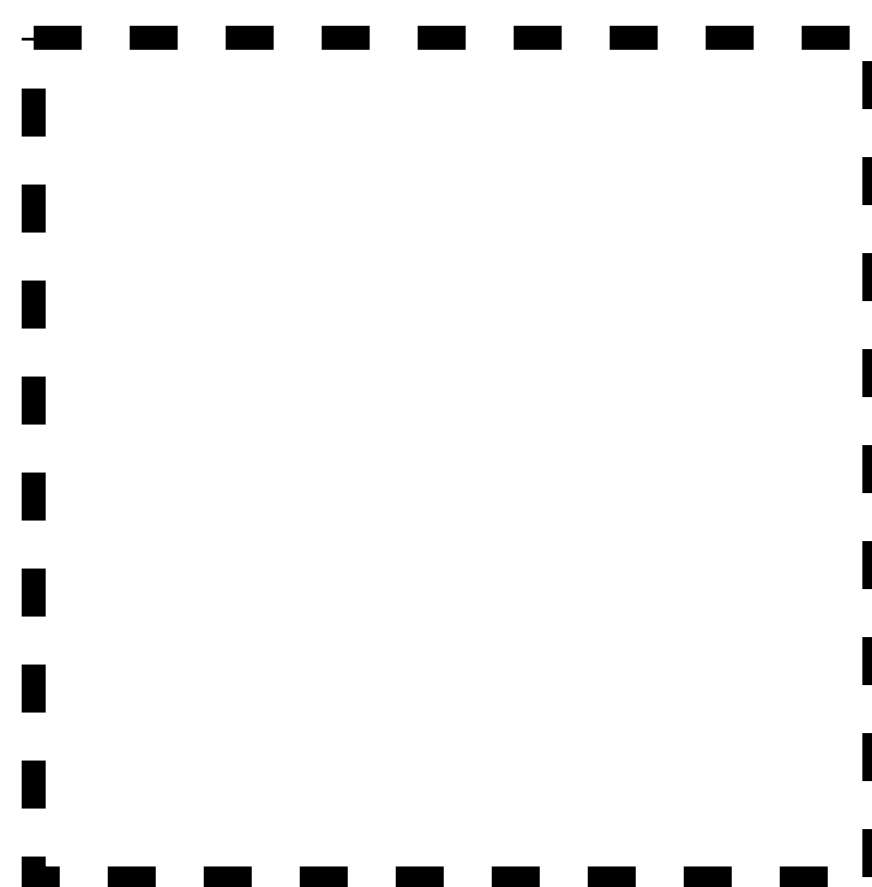
**brush your
teeth**



pack your bag



snack





My Morning Routine



In the morning I