

## PROGRAMME DESCRIPTOR:

The Play For Families resource pack consists of eight play learning workshops for P1 to P3 children and families to support Early Years Staff in facilitating play learning workshops aligned to the Curriculum for Excellence. The resource pack has been used in some schools to promote the importance of play for families, supporting parents in further developing the social, emotional, intellectual and physical development of their children at school, at home and in the community.

Curricular Area – *Literacy, Numeracy, Health and Well Being*

### Target Audience



P1 to P3 children  
Families.

### Resources:



- Staff - Early Years lead to promote and engage families via social media platforms, flyers, school gates, telephone and texts. One member of staff for delivery, monitoring and evaluation with the support of a parent/volunteer,
- Training – Introduction to Play raining, incorporating the play types is available to staff delivered by Glasgow Life Communities team. Family Learning Officer can assist with initial workshop delivery.
- Venue – Small gym / hall or outdoor space as aspects of the programme includes running around games. The space will require the relevant indoor and outdoor safety check lists to be completed to ensure spaces and equipment are safe.
- Time: Two hour workshop consisting of 1.5hrs delivery, 15mins preparation and 15mins for reflective practice. The workshop delivery time can be reduced to suit the needs of the families.
- Budget: Small budget of £100 to purchase materials such as skipping ropes, bean bags, balls, chalk, paint, papers. Some workshops have no cost involved as they incorporate recycled household resources such as cardboard boxes and plastic bottles.
- Equipment – Balls, hoops, bean bags, skipping ropes for physical activities. Paints, paper, crayons for craft, recycled items such as cardboard, plastic bottles.

### Planned Outcomes:



- Increase in parental engagement and family learning
- Increase in parents confidence supporting play learning, improving physical literacy and numeracy skills within school, home and community
- Relationships with families are strengthened thereby reinforcing family bonds
- Home – school relationships will be further developed
- Increase in quality family time playing together
- Early Years staff will further develop their skills in facilitating play workshops to maximize children and families learning through play

### Partners:



- Family Learning Team.
- Glasgow Life Communities Team
- Third Sector Partners

### Aim & Objectives:



- Provide a fun play learning workshops in a play setting that is safe, welcoming and inclusive.
- Provide opportunities for families to come together and learn through the medium of play.
- Provide learning experiences for parents to support their children's social, emotional and physical well being.
- Provide play learning workshops incorporating the 16 play types to enhance staff knowledge.
- Enhance play opportunities for families resulting in better play experiences indoors, outdoors at home or in the community.

### Method:



Consultation with parents at school parents evenings, school gates and community events resulted in parents requesting more play activities for their children. The Play For Families Resource Pack is designed to assist Early Years Staff in facilitating play learning for children and their families maximising play opportunities at school, home and the community.

Families attend a series of two hour workshops delivered in school, outdoor or community setting over an eight week period with some Play At Home activities included.

Week 1 - Welcome to Play  
Week 2 - Indoor Play  
Week 3 - Outdoor Play  
Week 4 - Loose Parts  
Week 5 - Traditional Play  
Week 6 - Creative Play  
Week 7 - Messy Play  
Week 8 – Reflection

Impact statements gathered from the participants include:

“You really made me think about the concept of play and the opportunities we provide for children and how we can expand on these as the benefits are great” (P1 teacher).  
“I feel so much more confident playing with my children we now play skipping games in our garden and we love it” (Mum of four children).

Monitoring and Evaluation:

Pre, mid and post reflective learning takes place after each session using the Play For Families evaluation toolkit.

Adaptations:

Families who have completed the programme have continued playing some activities at home and outdoors with the Family Learning Officer and Community partners posting play activity challenges on line via Facebook during the Covid pandemic.

### Useful Links: Websites:

[www.glasgow.org.uk/Pages/Show/2213](http://www.glasgow.org.uk/Pages/Show/2213)  
[www.playscotland.org](http://www.playscotland.org)  
[www.playtalkread.scot](http://www.playtalkread.scot)  
[www.muddyfaces.co.uk](http://www.muddyfaces.co.uk)