LPA Year 1: Music & Phonological Awareness 18th March 2022



Leaders of Early Learning YMI Tutors – Louise Thomas & Rosanne Brackenridge











Aims

- To increase understanding of skills progression in music at Early Level
- To raise awareness of the wider benefits of music in Early Years
- To increase understanding of links between music and early literacy development
- To explore approaches for developing music and literacy skills at Early Level
- To increase staff confidence in the delivery of music in Early Years establishments



Agenda

9:30-10:30

- Learning in and through music
- CREATE Music Early Level Tracker
- Introduction to the wider benefits of music
- Links between music and language

10:30 - 10:45 Break

10:45 - 12:00

- Practical approaches to developing music and phonological awareness skills
- Where to access CREATE Resources
- Evaluation



What is Glasgow CREATE?

As part of Glasgow's Improvement Challenge, Glasgow CREATE was established by Glasgow Education Services to raise the profile of Expressive Arts and Creativity and to support schools to raise attainment and achievement across the curriculum through thinking differently.

CREATE Music is a partnership between Education Services, Instrumental Music Service, Youth Music Initiative and Partnership Projects supporting all Primary, Secondary and Early Years Establishments in our City.









Realising the Ambition

We know that the first 5 years of life is the optimum time for children to acquire their language skills

Babies need experiences which:

Use natural resources, musical instruments, books and toys which make sounds and noise with me, encouraging me to listen for and distinguish between sounds.



- Toddlers need experiences which: Play with language - encouraging me to have fun investigating and experimenting with words, rhymes, songs and musical instruments.
- The young child needs experiences which:
 Play with language encouraging me to <u>have fun</u> investigating and experimenting with words, rhymes, songs and musical instruments, drawing attention to familiar words, phrases and names in my environment.





Why do we engage children in musical activities?



Principles and Practice - Key aims of learning in the Expressive Arts

Learning in, through and about the expressive arts enables children and young to:



- Be creative and express themselves in different ways
- Experience enjoyment and contribute to other people's enjoyment through creative and expressive performance and presentation
- Develop important skills, both those specific to the expressive arts and those which are transferable
- Develop an appreciation of aesthetic values, identities and ideas and, for some, prepare for advanced learning in future careers by building foundations for excellence in the expressive arts.

(CfE Building the Curriculum 1)



What skills do we develop in and through music?

Musical Skills

Transferrable Skills



Music Concepts

Pulse/beat: the 'heart beat' of a piece of music; a regular unit of time.

Rhythm: a pattern of sounds in time which can be long or short or of equal duration.

Pitch: the degree of highness or lowness of a sound, i.e. higher or lower notes in a melody.

Dynamics: the loud or soft passages in a piece of music.

Tempo: the speed of a piece of music.

Timbre: the tone quality of a voice or an instrument.



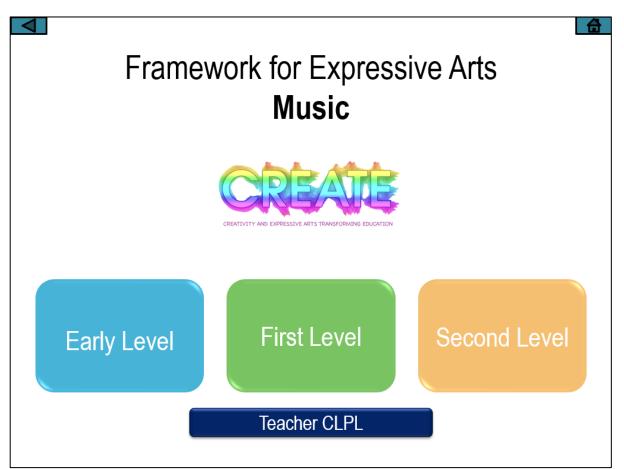
Listening & Responding

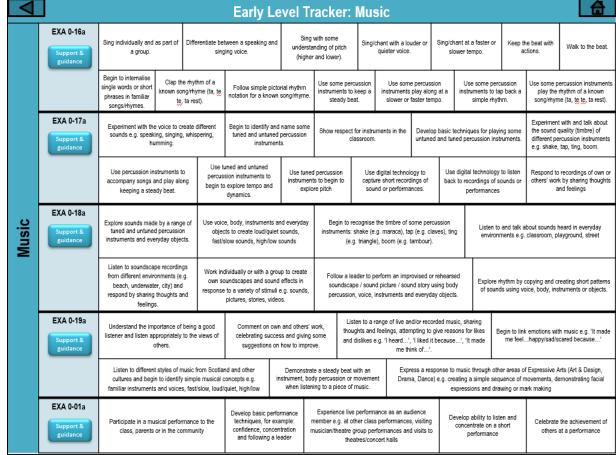
Creating

Performing



Glasgow Framework for Expressive Arts Music at Early Level









Early Level: Music



E & O: I enjoy singing and playing along to music of different styles and cultures (EXA 0-16a)

Teaching Strategies and Approaches

Use of the voice and singing with an understanding of pitch

- Using visuals to support, model use of the voice in different ways and learners engage through call and response e.g.
 'Have you got your speaking/singing/loud/quiet voice?'
- Model the use of a 'singing voice' for singing songs and a 'speaking voice' for chanting rhymes.
- Select songs and rhymes which are short and repetitive and teach by breaking down into chunks e.g. line by line, using call and response.
- Select songs within a pitch range which is manageable for children to sing children have a very limited range (middle D to the B above). A chime bar is useful for finding an appropriate starting pitch.
- Encourage learners use movement to show the change in pitch (higher and lower) as they sing simple songs.
- Using call and response, learners should hear and repeat short phrases from familiar songs at, or close to, the same pitch
- Model and encourage learners change their voice and sing songs using different dynamics (louder and quieter).
- Create opportunities for learners to sing words or short phrases individually during singing games e.g. singing their name.
- Introduce learners to the concept of internalising by asking them to sing/say single words or phrases from familiar songs
 and rhymes 'in their head' using a 'thinking voice'. A cone/finger puppet can be used to indicate when to sing out loud and
 when to sing in their head.

Developing awareness of beat and rhythm

- . Model a steady beat/pulse using body percussion, actions or a percussion instrument.
- Provide opportunities for learners to develop their sense of pulse by keeping a steady beat with movement e.g. using simple actions, marching on the spot or walking, clapping their hands or tapping their knees.
- Support learners to understand the concept of pulse/beat in music by relating it to the regular pulse/heartbeat in our bodies learners can tap heart shapes to the beat whilst singing/chanting to reinforce this concept.
- · Give learners opportunities to experience beat at different tempos by singing/chanting a song/rhyme faster or slower.
- · Support learners to keep a steady beat using a percussion instrument, e.g. claves or drum, while singing a simple song.
- Introduce rhythm to learners as patterns of short and long sounds model and ask learners to copy rhythm patterns by clapping the rhythm of words from short, repetitive rhymes.
- Support learners to understand both concepts by combining beat and rhythm when chanting a rhyme e.g. half the group
 can keep a steady beat on their knees, while the other half clap the rhythm.
- Introduce the rhythm names for 1 beat (ta) 2 half beats (te te) using familiar rhymes with a repetitive rhythm e.g. Buster Buster, Engine Engine.
- Provide opportunities for learners to follow pictorial symbols which represent the rhythm of a familiar and repetitive rhyme.

Classroom Resources

Teacher Resources

End of Level Benchmarks

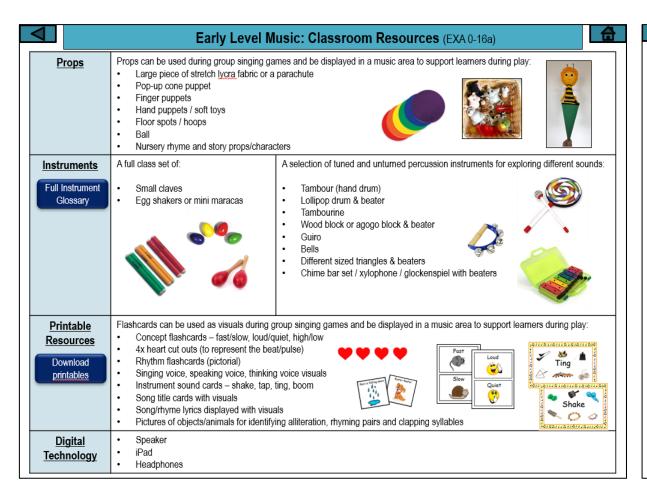
- Participates actively and uses his/her voice in singing activities from a range of styles and cultures, for example, nursery rhymes and songs with actions.
- Uses instruments such as drum, claves, chime bar to play along to a range of music styles.

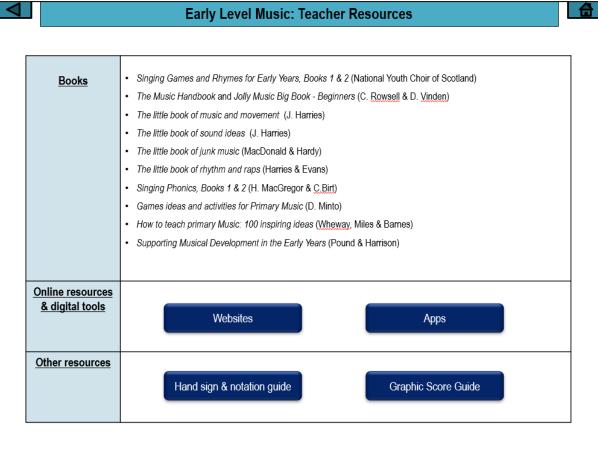
Interdisciplinary links

LIT 0-01a / LIT 0-11a / LIT 0-20a LIT 0-02a / ENG 0-03a ENG 0-12a / LIT 0-13a / LIT 0-21a MNU 0-02a, MTH 0-13a HWB 0-10a, HWB 0-11a, HWB 0-14a HWB 0-21a, HWB 0-22a, HWB 0-23a SOC 0-04a RME 0-04a







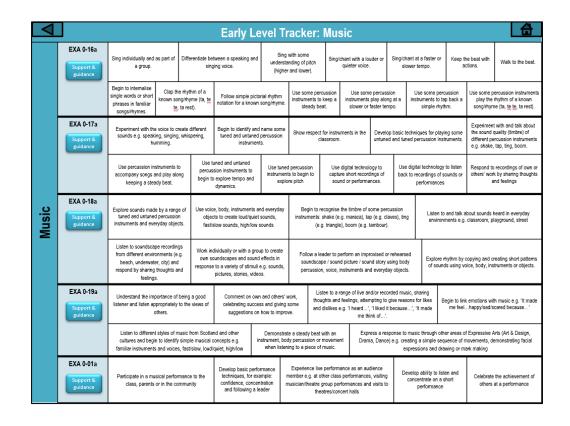




Glasgow Framework for Expressive Arts Music at Early Level

Look at the Early Level tracker you have as a printed handout and discuss:

- Do you think this would support you and other staff to plan, deliver and assess music activities?
- Is there anything on the tracker that you would like further explanation of?





What are the wider benefits of music education?



Dr Anita Collins

Music Education and the brain

https://youtu.be/R0JKCYZ8hng

Music is a more potent instrument than any other for education.

Plato

WWW.**Storemypic**.com



The wider benefits of music

"The research shows there is compelling evidence for the benefits of music education on a wide range of skills including: listening skills which support the development of language skills, awareness of phonics and enhanced literacy; spatial reasoning which supports the development of some mathematical skills; and where musical activities involve working in groups a wide range of personal and social skills which also serve to enhance overall academic attainment even when measures of intelligence are taken into account."



Hallam S. (2015) The Power of Music a research synthesis of the impact of actively making music on the intellectual, social and personal development of children and young people



Active engagement with music plays a major role in developing aural perceptual processing systems which facilitate the encoding and identification of speech sounds and patterns...

...the earlier the exposure and the greater the length of participation the greater the impact. Transfer of these skills is automatic and there is now accumulating evidence that this contributes not only to language development but also to literacy.

Hallam (2015)



Phonological Awareness

"Phonological awareness is the ability to hear and play with or manipulate the sounds of spoken language." Kay (2016)

"Phonological awareness instruction involves no print...Though phonological awareness is an essential foundation for reading, it is a listening skill, not a reading skill." Hougen (2016)



"Phonological ability in pre school children is one of the biggest predictors of later success in reading ability." Bradley & Bryant



Participation in musical activities can promote skills required for literacy development:

- Vocabulary
- Speech
- Conversation call and response
- Auditory memory and Internalising
- Sound-symbol association
- Concepts of print
- Listening
- Auditory discrimination and Phonological Awareness



Maria Kay (2013) Sound Before Symbol: Developing Literacy Through Music



CfE Benchmarks - Expressive Arts (Early Level)

Music

I enjoy singing and playing along to music of different styles and cultures.

EXA 0-16a

I have the freedom to use my voice, musical instruments and music technology to discover and enjoy playing with sound and rhythm.

EXA 0-17a

Inspired by a range of stimuli, and working on my own and/or with others, I can express and communicate my ideas, thoughts and feelings through musical activities.

EXA 0-18a

- Participates actively and uses his/her voice in singing activities from a range of styles and cultures, for example, nursery rhymes and songs with actions.
- Uses instruments such as drum, claves, chime bar to play along to a range of music styles.
- Shares thoughts and feelings about music experiences such as live and/or recorded music, peer nursery rhyme performances, school concerts, giving reasons for likes and dislikes.
- Shares views and <u>listens appropriately to the views of others</u>, for example, states if the music is fast/slow or loud/quiet.

When communicating ideas and feelings through creative music activities:

- uses voice to explore sound and rhythm, for example, hums, whispers, sings;
- chooses different musical instruments to play such as chime bar, drum or body percussion, exploring sound and rhythm by, for example, <u>clapping</u>, <u>tapping</u>;
- uses technology to capture sound, for example, audio recorders, microphones, apps and other software.



CfE Benchmarks – Literacy and English (Early Level)

I enjoy exploring events and characters in stories and other texts, sharing my thoughts in different ways. stories and/or using puppets/props. stories and/or using puppets/props.		Curriculum organisers	Experiences and Outcomes for planning learning, teaching and assessment	Benchmarks to support practitioners' professional judgement of a level
	and	and choice - within a motivating and challenging environment developing an awareness of the relevance of texts	with the patterns and sounds of language, and can use what I learn. LIT 0-01a / LIT 0-11a / LIT 0-20a I enjoy exploring and choosing stories and other texts to watch, read or listen to, and can share my likes and dislikes. LIT 0-01b / LIT 0-11b I enjoy exploring events and characters in stories and other texts, sharing my thoughts	 Hears and says rhyming words and generates rhyme from a given word. Hears and says the different single sounds made by letters. Hears and says letter blends/sounds made by a combination of letters. Participates actively in songs, rhymes and stories. Chooses a story or other texts for enjoyment, making use of the cover, title, author and/or illustrator. Engages with and enjoys watching, reading or listening to different texts, including stories, songs and rhymes, and can share likes and dislikes. Engages with stories and texts in different ways, for example, retelling/re-enacting

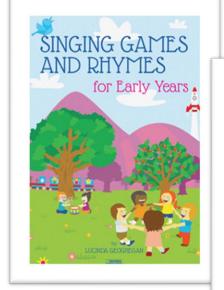


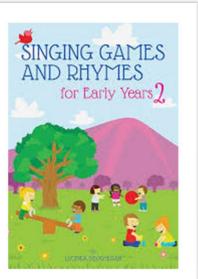
The Kodály Method

- An approach based on teaching, learning and understanding music through the experience of singing.
- Accessible to all without the technical demands of an instrument.
- Children learn through singing games and play.
- Clear progression of musicianship skills relating to pulse, rhythm, pitch and musical notation.



"Music should be for everyone"







Music and Phonological Awareness

Musical Skills	Phonological Awareness Skills
 Keep a beat Tap/clap a rhythm Pitch discrimination Identify instrument sounds Respond to tempo and dynamics 	 Listening Rhyme Awareness Syllabic Awareness Initial Sound Awareness









Take a break...





Music and Phonological Awareness

Musical Skills	Phonological Awareness Skills
 Keep a beat Tap/clap a rhythm Pitch discrimination Identify instrument sounds Respond to tempo and dynamics 	 Listening Rhyme Awareness Syllabic Awareness Initial Sound Awareness

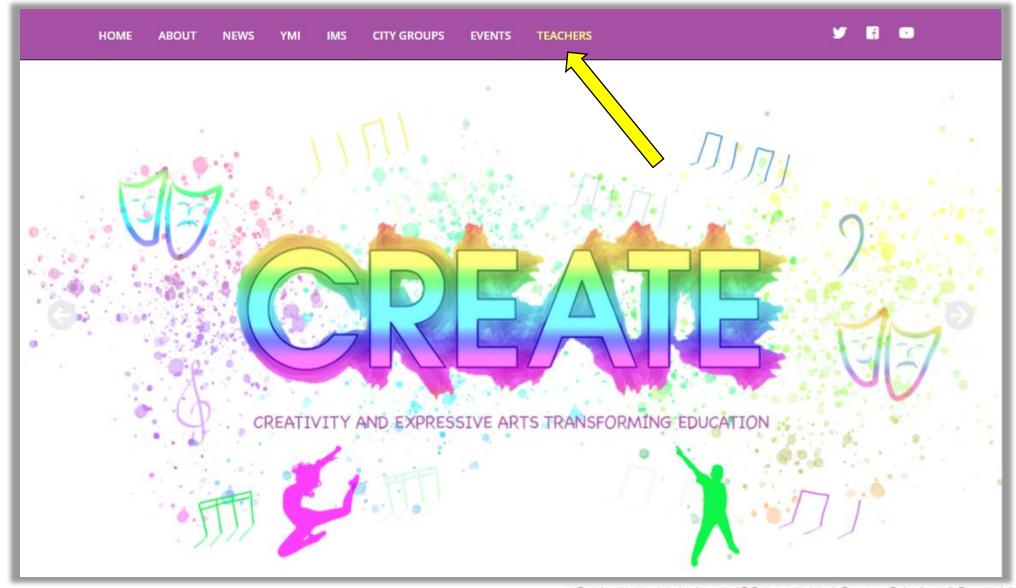






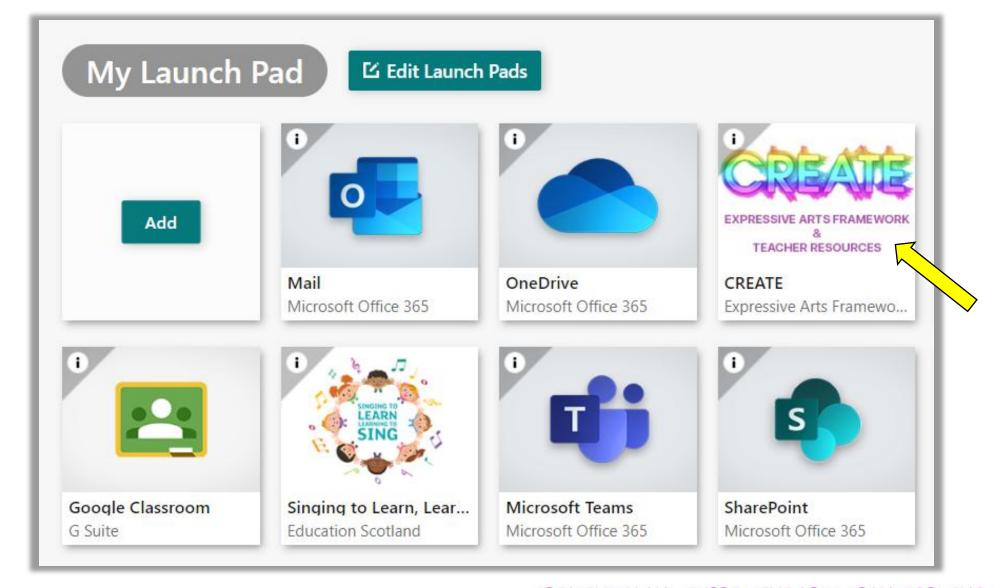


www.glasgowcreate.online



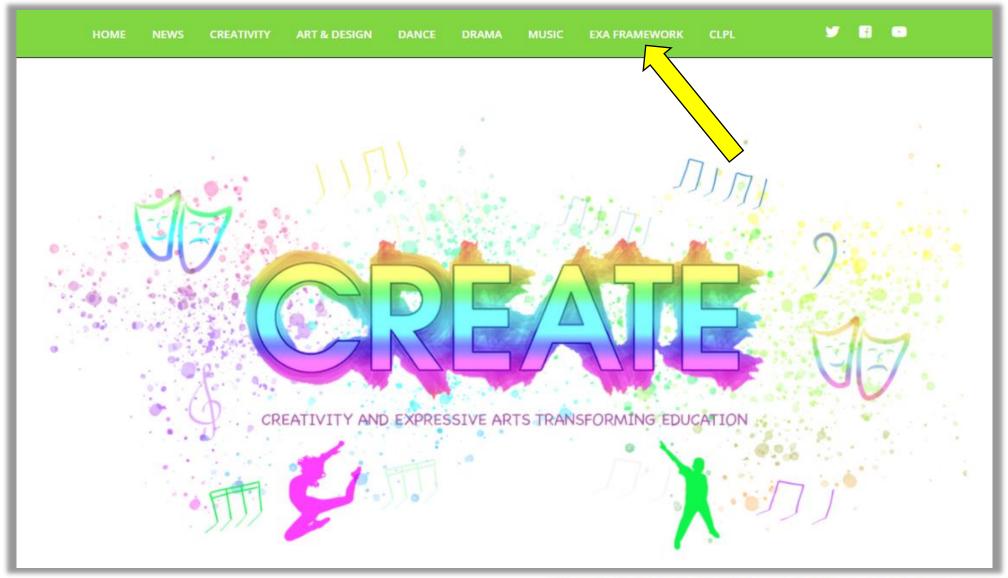


Access via CREATE Glow Tile





Teacher Resources – Glow login required





Framework for Expressive Arts

Art & Design

Dance

Drama

Music

Full EXA Framework Downloadable PDF





https://blogs.glowscotland.org.uk/gc/cr eateresources/exa-framework/



Activity Pack





Music and Phonological Awareness Activity Pack











Buster Buster (syllables)



Experience and Outcomes: I enjoy singing and playing along to music of different styles and cultures (EXA 0-16a)
I enjoy exploring and playing with the patterns and sounds of language, and can use what I learn (LIT 0-01a / LIT 0-11a / LIT 0-20a)

Activity

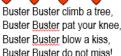
Aim: The aim of this activity is to help children develop their understanding of rhythm and syllabic awareness through chanting and clapping/tapping the words of a well-known rhyme. This activity also aims to promote sound-symbol correspondence and concepts of print with the use of simple pictorial rhythm notation.

Song/Rhyme:









Audio recording / video link



Description:

- Before attempting this activity, the children should be very familiar with words and actions for this rhyme. Please refer
 to the activity 'Buster Buster (rhyme)' if introducing this rhyme for the first time.
- Recap the rhyme by chanting it through together keeping a steady beat with the actions as before, children can take turns using the dog puppet/soft toy to perform the actions.
- Explain that, this time, you are going to clap the words of the rhyme this is called the rhythm. The beat/pulse is
 always steady and stays the same, whereas the rhythm pattern can change. The rhythm sits on top of the beat and is
 made up of longer and shorter sounds. Using call and response, say the words and clap (or tap with claves) the rhythm
 of each line like this: Bus/ter_bus/ter_climb a tree
- Choose individual words from the rhyme for the children to say, clap and count the syllables e.g. 'bus/ter' or 'tree'. For an extra challenge, the children can say the rhyme in a 'thinking voice' (in their head) while clapping/tapping the rhythm.

Extension:

Introduce the pictorial rhythm notation for this rhyme and demonstrate how the
rhythm of the words is represented by the symbols e.g. 2 dogs = 2 short taps (te-te)
 1 dog = 1 longer tap (ta). Ask the children one at a time to point to the symbols,
matching the rhythm from left to right, as they say the rhyme.



Skills from CREATE Music Tracker (Early)

- · Keep the beat with actions
- Begin to internalise single words or short phrases in familiar songs/rhymes.
- Clap/use instruments to play the rhythm of a known song/rhyme
- Follow simple pictorial rhythm notation for a known song/rhyme

Skills from Literacy for All Tracker (Early 2)

- Interact confidently with songs, rhymes and stories and recite some well-known songs/rhymes from memory
- Enjoy exploring, identifying and generating rhyme
- Listen to, distinguish and identify syllables in familiar one to three syllable words
- Begin to develop confidence with book handling skills e.g. holding book correctly, print directionality and mimic reading habits

Resources

- Dog puppet/soft toy
- Claves
- <u>Pictorial rhythm flashcards</u> (optional)



Home Learning





Music and Literacy at home!





Copy Cat

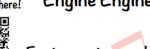


Copy cat copy cat Sitting on the door mat

- Choose an action to keep the beat while you sing this song and ask someone to copy you! Change the action each time you repeat the song e.g. clap your hands, march your feet, wave your arms.
- Can you hear a word in this song that rhymes with cat? Can you think of any more words that rhyme with cat?
- Can you change the word 'copy' for another word starting with the same sound? Like curly, cool or cute?

Listen to the rhyme here!

Engine Engine



Engine engine number nine Going down the Glasgow line If the train goes off the track Will I get my money back? Yes, no, maybe so!

- Pretend to make a train with your family and march around the room to the beat while you chant this rhyme.
- · Can you hear the two rhyming pairs?
- Can you clap the rhythm of the words like this?

En/gine en/gine num/ber nine Go/ing down the Glas/gow line

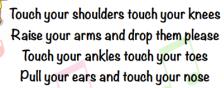




Music and Literacy at home!







Listen to the song here!



- · Sing the song and keep the beat with the actions. Try getting a bit faster every time you sing it!
- · Choose one of these words to sing 'in your head' this time: knees, please, toes, nose.
- · Can you hear a word in this song that rhymes with toes?
- Can you hear a word in this song that rhymes with knees? How many more words can you think of that rhyme with knees?

Listen to the rhume here!

Buster Buster



Buster, buster climb the tree Buster, buster pat your knee Buster, buster blow a kiss Buster, buster do not miss!

- Chant this rhyme and keep the beat with some actions.
- Can you find two rhyming pairs?
- · Can you clap the rhythm of the words like this?

Bus/ter bus/ter climb the tree Bus/ter bus/ter pat your knee



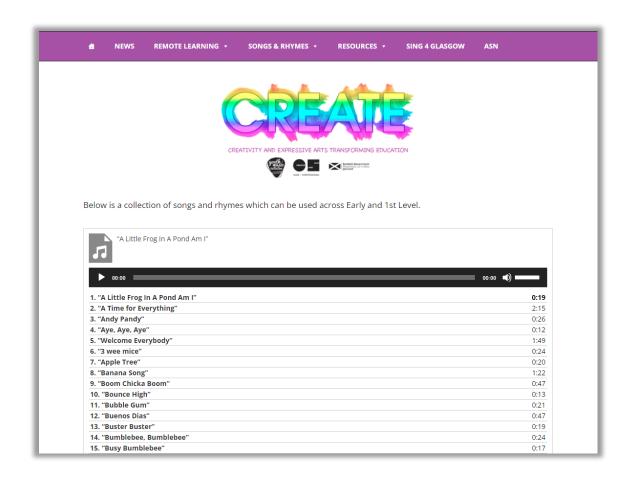
Audio Recordings

- Over 100 Tracks!
- CREATE YMI Website
- Accessible without a Glow login

Scan the QR code or click the link to access the audio recordings.



https://blogs.glowscotland.org.uk/gc/createy mi/songs-rhymes/





Resources and Further Reading

Glasgow CREATE Music Skills Development Programme

Singing Games and Rhymes for Tiny Tots (National Youth Choir of Scotland)

Singing Games and Rhymes for Early Years (National Youth Choir of Scotland)

Sound Before Symbol: Developing Literacy through Music (Maria Kay, 2013)

Singing Phonics Book 1 & 2 (H. MacGregor & C.Birt)

Jolly Music Big Book (C. Rowsell & D. Vinden)

The Power of Music (Hallam, 2015)

Relations among musical skills, phonological processing, and early reading ability in preschool children (Anvari, 2002)

Links between early rhythm skills, musical training, and phonological awareness (Moritz, 2013)





Reflection & Evaluation

- What have you found most useful today?
- How could you incorporate music as part of your literacy project?
- How are you going to share this with other staff?

Please scan the QR code to complete the online evaluation form, thank you!



Thank you!



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