## LPA Year 1: Music & Phonological Awareness



CREATIVITY AND EXPRESSIVE ARTS TRANSFORMING EDUCATION

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## Aims

- To increase understanding of skills progression in music at Early Level
- To raise awareness of the wider benefits of music in Early Years
- To increase understanding of links between music and early literacy development
- To explore approaches for developing music and literacy skills at Early Level
- To increase staff confidence in the delivery of music in Early Years establishments



## Agenda

9:30-10:30

- Learning in and through music
- CREATE Music Early Level Tracker
- Introduction to the wider benefits of music
- Links between music and language

10:30 - 10:45 Break

10:45 - 12:00

- Practical approaches to developing music and phonological awareness skills
- Where to access CREATE Resources
- Evaluation



## What is Glasgow CREATE?

As part of Glasgow's Improvement Challenge, Glasgow CREATE was established by Glasgow Education Services to raise the profile of Expressive Arts and Creativity and to support schools to raise attainment and achievement across the curriculum through thinking differently.

CREATE Music is a partnership between Education Services, Instrumental Music Service, Youth Music Initiative and Partnership Projects supporting all Primary, Secondary and Early Years Establishments in our City.







# Why do we engage children in musical activities?

CREATIVITY AND EXPRESSIVE ARTS TRANSFORMING EDUCATION



#### **Principles and Practice - Key aims of learning in the Expressive Arts**

Learning in, through and about the expressive arts enables children and young to:

- Be creative and express themselves in different ways
- Experience enjoyment and contribute to other people's enjoyment through creative and expressive performance and presentation
- Develop important skills, both those specific to the expressive arts and those which are transferable
- Develop an appreciation of aesthetic values, identities and ideas and, for some, prepare for advanced learning in future careers by building foundations for excellence in the expressive arts.

(CfE Building the Curriculum 1)





# What skills do we develop in and through music?

Musical Skills	Transferrable Skills	



## **Music Concepts**

Pulse/beat: the 'heart beat' of a piece of music; a regular unit of time.

Rhythm: a pattern of sounds in time which can be long or short or of equal duration.

Pitch: the degree of highness or lowness of a sound, i.e. higher or lower notes in a melody.

Dynamics: the loud or soft passages in a piece of music.

Tempo: the speed of a piece of music.



Timbre: the tone quality of a voice or an instrument.

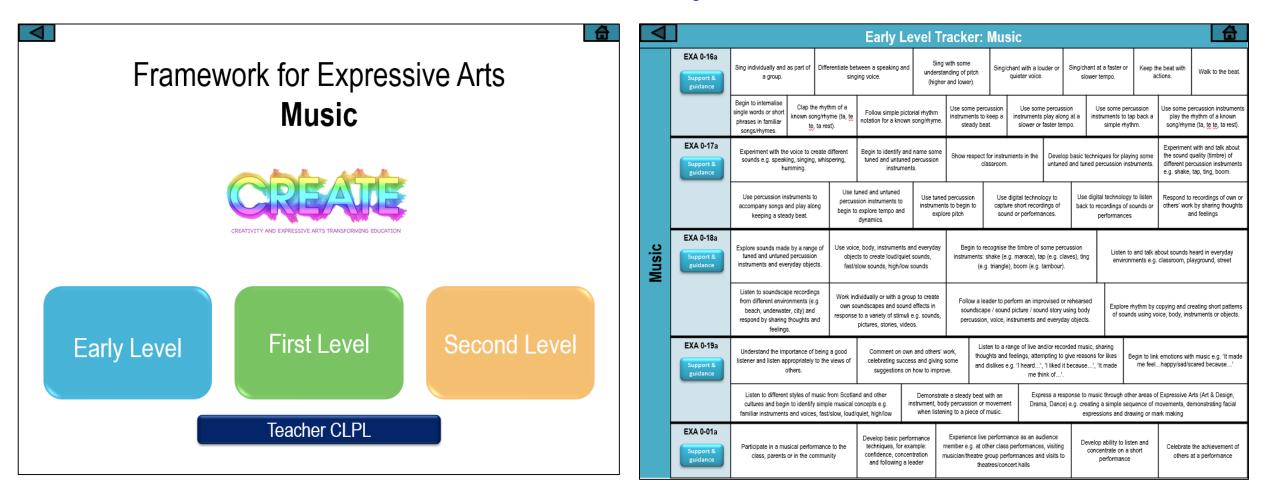
Listening & Responding

Creating

Performing



## Glasgow Framework for Expressive Arts Music at Early Level





#### Early Level: Music

E & O: I enjoy singing and playing along to music of different styles and cultures (EXA 0-16a)

#### Teaching Strategies and Approaches

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#### Use of the voice and singing with an understanding of pitch

- Using visuals to support, model use of the voice in different ways and learners engage through call and response e.g. 'Have you got your speaking/singing/loud/quiet voice?'
- · Model the use of a 'singing voice' for singing songs and a 'speaking voice' for chanting rhymes.
- Select songs and rhymes which are short and repetitive and teach by breaking down into chunks e.g. line by line, using call
  and response.
- Select songs within a pitch range which is manageable for children to sing children have a very limited range (middle D to the B above). A chime bar is useful for finding an appropriate starting pitch.
- Encourage learners use movement to show the change in pitch (higher and lower) as they sing simple songs.
- · Using call and response, learners should hear and repeat short phrases from familiar songs at, or close to, the same pitch
- Model and encourage learners change their voice and sing songs using different dynamics (louder and quieter).
- Create opportunities for learners to sing words or short phrases individually during singing games e.g. singing their name.
- Introduce learners to the concept of internalising by asking them to sing/say single words or phrases from familiar songs and rhymes 'in their head' using a 'thinking voice'. A cone/finger puppet can be used to indicate when to sing out loud and when to sing in their head.

#### Developing awareness of beat and rhythm

- · Model a steady beat/pulse using body percussion, actions or a percussion instrument.
- Provide opportunities for learners to develop their sense of pulse by keeping a steady beat with movement e.g. using simple actions, marching on the spot or walking, clapping their hands or tapping their knees.
- Support learners to understand the concept of pulse/beat in music by relating it to the regular pulse/heartbeat in our bodies learners can tap heart shapes to the beat whilst singing/chanting to reinforce this concept.
- Give learners opportunities to experience beat at different tempos by singing/chanting a song/rhyme faster or slower.
- Support learners to keep a steady beat using a percussion instrument, e.g. claves or drum, while singing a simple song.
- Introduce rhythm to learners as patterns of short and long sounds model and ask learners to copy rhythm patterns by clapping the rhythm of words from short, repetitive rhymes.
- Support learners to understand both concepts by combining beat and rhythm when chanting a rhyme e.g. half the group
  can keep a steady beat on their knees, while the other half clap the rhythm.
- Introduce the rhythm names for 1 beat (ta) 2 half beats (te te) using familiar rhymes with a repetitive rhythm e.g. Buster Buster, Engine Engine.
- Provide opportunities for learners to follow pictorial symbols which represent the rhythm of a familiar and repetitive rhyme.

Classroom Resources



#### End of Level Benchmarks

- Participates actively and uses his/her voice in singing activities from a range of styles and cultures, for example, nursery rhymes and songs with actions.
- Uses instruments such as drum, claves, chime bar to play along to a range of music styles.

#### Interdisciplinary links

LIT 0-01a / LIT 0-11a / LIT 0-20a LIT 0-02a / ENG 0-03a ENG 0-12a / LIT 0-13a / LIT 0-21a MNU 0-02a, MTH 0-13a HWB 0-10a, HWB 0-11a, HWB 0-14a HWB 0-21a, HWB 0-22a, HWB 0-23a SOC 0-04a RME 0-04a







	Early Level Music: Classroom Resources (EXA 0-16a)			Early Level Music: Teacher Resources
Props	Props can be used during group singing games and be displayed in a music area to support learners during play: <ul> <li>Large piece of stretch lvcra fabric or a parachute</li> <li>Pop-up cone puppet</li> <li>Finger puppets</li> <li>Hand puppets / soft toys</li> <li>Floor spots / hoops</li> <li>Ball</li> <li>Nursery rhyme and story props/characters</li> </ul>		Books	<ul> <li>Singing Games and Rhymes for Early Years, Books 1 &amp; 2 (National Youth Choir of Scotland)</li> <li>The Music Handbook and Jolly Music Big Book - Beginners (C. Rowsell &amp; D. Vinden)</li> <li>The little book of music and movement (J. Harries)</li> <li>The little book of sound ideas (J. Harries)</li> </ul>
Instruments Full Instrument Glossary	<ul> <li>A full class set of:</li> <li>Small claves</li> <li>Egg shakers or mini maracas</li> <li>I Tambour (hand drum)</li> <li>Lollipop drum &amp; beater</li> <li>Tambourine</li> <li>Wood block or agogo block &amp; beater</li> <li>Guiro</li> <li>Bells</li> <li>Different sized triangles &amp; beaters</li> <li>Chime bar set / xylophone / glockenspiel with beaters</li> </ul>			<ul> <li>The little book of sound locas (c. maries)</li> <li>The little book of junk music (MacDonald &amp; Hardy)</li> <li>The little book of rhythm and raps (Harries &amp; Evans)</li> <li>Singing Phonics, Books 1 &amp; 2 (H. MacGregor &amp; C. Birt)</li> <li>Games ideas and activities for Primary Music (D. Minto)</li> <li>How to teach primary Music: 100 inspiring ideas (Wheway, Miles &amp; Barnes)</li> <li>Supporting Musical Development in the Early Years (Pound &amp; Harrison)</li> </ul>
Printable Resources Download printables	<ul> <li>Flashcards can be used as visuals during group singing games and be displayed in a music area to support learners during play:</li> <li>Concept flashcards – fast/slow, loud/quiet, high/low</li> <li>4x heart cut outs (to represent the beat/pulse)</li> <li>Rhythm flashcards (pictorial)</li> <li>Singing voice, speaking voice, thinking voice visuals</li> <li>Instrument sound cards – shake, tap, ting, boom</li> <li>Song itile cards with visuals</li> <li>Song/rhyme lyrics displayed with visuals</li> <li>Pictures of objects/animals for identifying alliteration, rhyming pairs and clapping syllables</li> </ul>	8	line resources & digital tools ther resources	Websites     Apps       Hand sign & notation guide     Graphic Score Guide
<u>Digital</u> <u>Technology</u>	<ul> <li>Speaker</li> <li>iPad</li> <li>Headphones</li> </ul>			



## Glasgow Framework for Expressive Arts Music at Early Level

Look at the Early Level tracker you have as a printed handout and discuss:

- Do you think this would support you and other staff to plan, deliver and assess music activities?
- Is there anything on the tracker that you would like further explanation of?

4				Early L	evel T	rackei	: Mus	sic						
	EXA 0-16a Support & guidance	Sing individually and as part of a group. Differentiate between a speaking a singing voice.			d underst	ing with some rstanding of pitch wher and lower).			uder or Sir	Singlchant at a faster or slower tempo. Keep the beat with actions.				Walk to the bear
		single words or short known son	rhythm of a g/rhyme (ta, te a rest).	Follow simple pic notation for a know		Use some instruments steady	to keep a	instruments	e percussion play along at faster tempo.	a instru	some perci ments to tap simple rhyth	p back a	play the	ercussion instrume hythm of a known e (ta, te te, ta rest)
	EXA 0-17a Support & guidance	Experiment with the voice to create different sounds e.g. speaking, singing, whispering, humming			d percussion	Snow respect for instruments in the Uevelop basic				ic techniques for playing some the sou tuned percussion instruments.		the sound of different pe	with and talk abou uality (timbre) of rcussion instrumer tap, ting, boom.	
					instrumen				back to reco	k to recordings of sounds or others' work		recordings of own by sharing though nd feelings		
Music	EXA 0-18a Support & guidance	Explore sounds made by a range of land and infinite percussion instruments and everyday dijects. Use voice, body, instruments and everyday dijects. Use voice, body, instruments a discussion of the statistic of the sounds and the statistic of the sounds and the sound sou			et sounds,	y Begin to recognise the timbre of some percussion instruments: shake (e.g. maraca), tao (e.g. claves), ting (e.g. triangle), boom (e.g. tambour).				Listen to and talk about sounds heard in everyday environments e.g. classroom, playground, street				
					nd effects in li e.g. sounds,	soundscape / sound picture / sound story using body				, body	Explore rhythm by copying and creating short pattern of sounds using voice, body, instruments or objects.			
	EXA 0-19a Support & guidance					g some and dislikes e.g. (heard, 'f liked it because, 'f				reasons for	for likes Begin to link emotions with music e.g. 'It made			
					instrument, bo	nt, body percussion or movement Drama, Dance) e.g. creat			g. creating a	to music through other areas of Expressive Arts (Art & Design, creating a simple sequence of movements, demonstrating facial expressions and drawing or mark making				
	EXA 0-01a Support & guidance	Participate in a musical perform class, parents or in the con		Develop basic per techniques, for e confidence, conc and following a	xample: entration	Experience live performance as an audience member e.g. at other class performances, visiting musician/theatre group performances and visits to theatres/concert halls						the achievement at a performance		



# What are the wider benefits of music education?

# Dr Anita Collins Music Education and the brain

https://youtu.be/R0JKCYZ8hng

Music is a more potent instrument than any other for education.

Plato



## The wider benefits of music

"The research shows there is compelling evidence for the benefits of music education on a wide range of skills including: listening skills which support the development of language skills, awareness of phonics and enhanced literacy; spatial reasoning which supports the development of some mathematical skills; and where musical activities involve working in groups a wide range of personal and social skills which also serve to enhance overall academic attainment even when measures of intelligence are taken into account."



Hallam S. (2015) The Power of Music *a research synthesis of the impact of actively making music on the intellectual, social and personal development of children and young people* 



Active engagement with music plays a major role in developing aural perceptual processing systems which facilitate the encoding and identification of speech sounds and patterns...

...the earlier the exposure and the greater the length of participation the greater the impact. Transfer of these skills is automatic and there is now accumulating evidence that this contributes not only to language development but also to literacy.

Hallam (2015)





## Phonological Awareness

"Phonological awareness is the ability to hear and play with or manipulate the sounds of spoken language." Kay (2016)

"Phonological awareness instruction involves no print...Though phonological awareness is an essential foundation for reading, it is a listening skill, not a reading skill." Hougen (2016)





"Phonological ability in pre school children is one of the biggest predictors of later success in reading ability." Bradley & Bryant



Participation in musical activities can promote skills required for literacy development:

- Vocabulary
- Speech
- Conversation call and response
- Auditory memory and Internalising
- Sound-symbol association
- Concepts of print
- Listening
- Auditory discrimination and Phonological Awareness

Maria Kay (2013) Sound Before Symbol: Developing Literacy Through Music





#### **CfE Benchmarks - Expressive Arts (Early Level)**

Music	I enjoy singing and playing along to music of different styles and cultures. EXA 0-16a	<ul> <li>Participates actively and uses his/her voice in singing activities from a range of styles and cultures, for example, nursery rhymes and songs with actions.</li> <li>Uses instruments such as drum, claves, chime bar to play along to a range of music styles.</li> </ul>
	I have the freedom to use my voice, musical instruments and music technology to discover and enjoy playing with sound and rhythm.	<ul> <li>Shares thoughts and feelings about music experiences such as live and/or recorded music, peer nursery rhyme performances, school concerts, giving reasons for likes and dislikes.</li> <li>Shares views and listens appropriately to the views of others, for example, states if the music is fast/slow or loud/quiet.</li> </ul>
	EXA 0-17a	When communicating ideas and feelings through creative music activities:
	Inspired by a range of stimuli, and working on my own and/or with others, I can express and communicate my ideas, thoughts and feelings through musical activities. EXA 0-18a	<ul> <li>uses voice to explore sound and rhythm, for example, hums, whispers, sings;</li> <li>chooses different musical instruments to play such as chime bar, drum or body percussion, exploring sound and rhythm by, for example, <u>clapping</u>, <u>tapping</u>;</li> <li>uses technology to capture sound, for example, audio recorders, microphones, apps and other software.</li> </ul>



#### **CfE Benchmarks – Literacy and English (Early Level)**

Curriculum organisers	Experiences and Outcomes for planning learning, teaching and assessment	Benchmarks to support practitioners' professional judgement of achievement of a level
Finipoyment and choice - within a motivating and challenging environment developing an awareness of the relevance of texts in my life	<pre>I enjoy exploring and playing with the patterns and sounds of language, and can use what learn. LIT 0-01a / LIT 0-11a / LIT 0-20a I enjoy exploring and choosing stories and other texts to watch, read or listen to, and can share my likes and dislikes. LIT 0-01b / LIT 0-11b I enjoy exploring events and characters in stories and other texts, sharing my thoughts in different ways. LIT 0-01c</pre>	<ul> <li>Hears and says patterns in words.</li> <li>Hears and says rhyming words and generates rhyme from a given word.</li> <li>Hears and says the different single <u>sounds</u> made by letters.</li> <li>Hears and says letter blends/sounds made by a combination of letters.</li> <li>Participates actively in <u>songs</u>, rhymes and stories.</li> <li>Chooses a story or other texts for enjoyment, making use of the cover, title, author and/or illustrator.</li> <li>Engages with and enjoys watching, reading or listening to different texts, including stories, songs and rhymes, and can <u>share likes and dislikes</u>.</li> <li>Engages with stories and texts in different ways, for example, retelling/re-enacting stories and/or using puppets/props.</li> </ul>



## The Kodály Method

- An approach based on teaching, learning and understanding music through the experience of singing.
- Accessible to all without the technical demands of an instrument.
- Children learn through singing games and play.
- Clear progression of musicianship skills relating to pulse, rhythm, pitch and musical notation.



"Music should be for everyone"

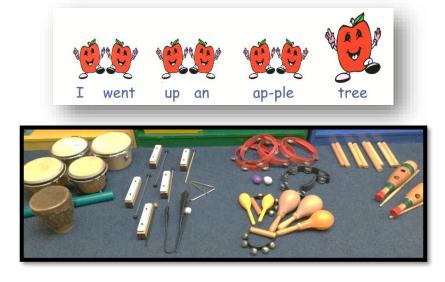




## Music and Phonological Awareness

Musical Skills	Phonological Awareness Skills				
<ul> <li>Keep a beat</li> <li>Tap/clap a rhythm</li> <li>Pitch discrimination</li> <li>Identify instrument sounds</li> <li>Respond to tempo and dynamics</li> </ul>	<ul> <li>Listening</li> <li>Rhyme Awareness</li> <li>Syllabic Awareness</li> <li>Initial Sound Awareness</li> </ul>				









# Take a break...



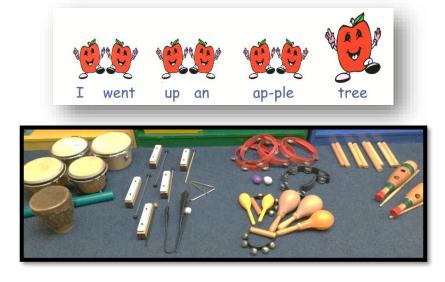
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## Music and Phonological Awareness

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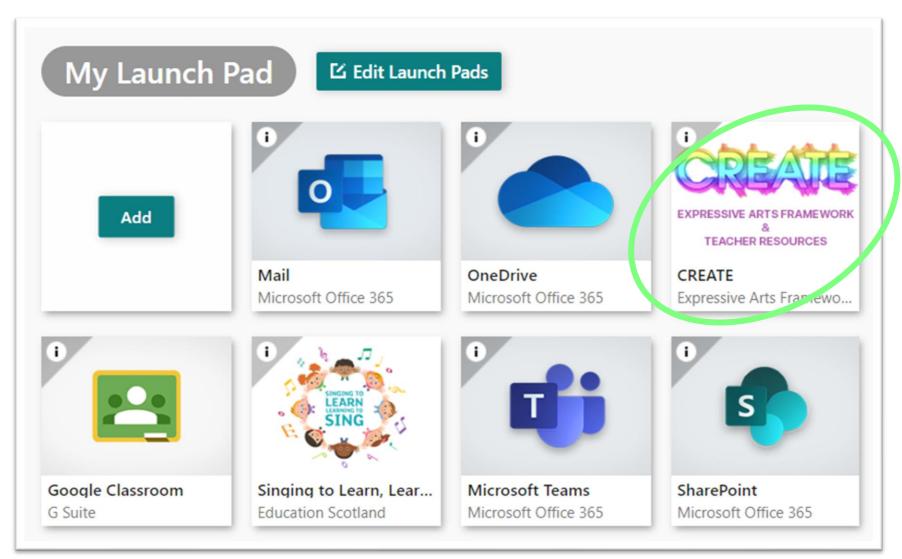


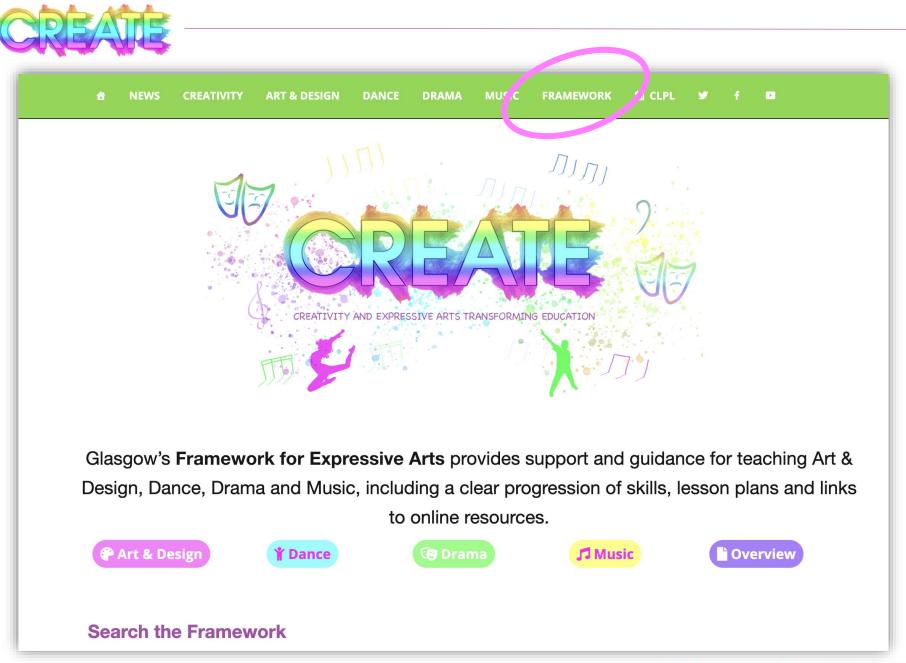
#### www.glasgowcreate.online





### Access via CREATE Glow Tile









## **Activity Pack**

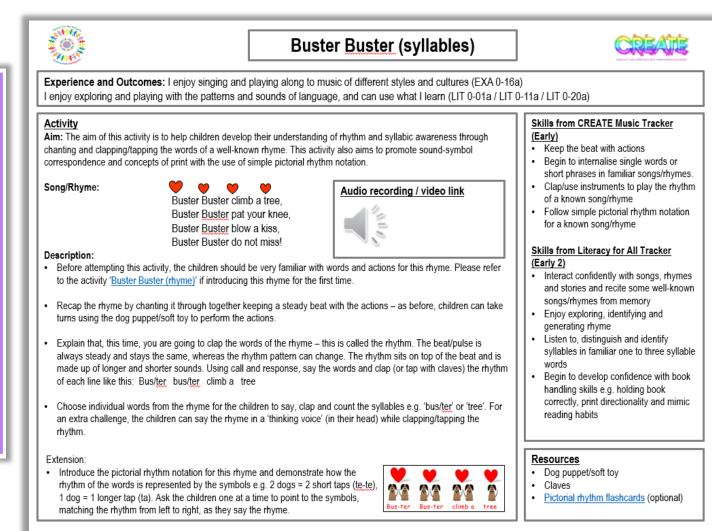


#### **Music and Phonological Awareness**

#### Activity Pack

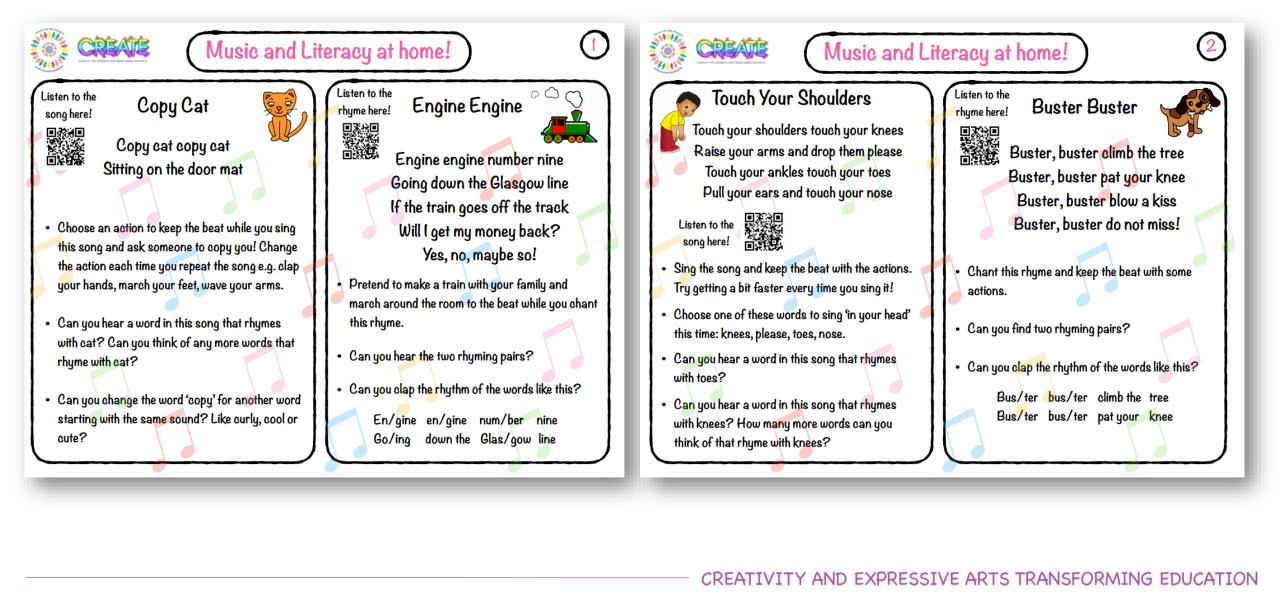








## Home Learning





## Audio Recordings

- Over 100 Tracks!
- CREATE YMI Website
- Accessible without a Glow login

Scan the QR code or click the link to access the audio recordings.



https://blogs.glowscotland.org.uk/gc/createy mi/songs-rhymes/



"A Little Frog In A Pond Am I"	
▶ 00:00	00:00 📢)
1. "A Little Frog In A Pond Am I"	0:19
2. "A Time for Everything"	2:15
3. "Andy Pandy"	0:26
l. "Aye, Aye, Aye"	0:12
i. "Welcome Everybody"	1:49
5. "3 wee mice"	0:24
. "Apple Tree"	0:20
3. "Banana Song"	1:22
). "Boom Chicka Boom"	0:47
10. "Bounce High"	0:13
1. "Bubble Gum"	0:21
2. "Buenos Dias"	0:47
3. "Buster Buster"	0:19
4. "Bumblebee, Bumblebee"	0:24
15. "Busy Bumblebee"	0:17



## Video Lessons



<u>Art & Design Video Lessons</u> – Upper Primary into Secondary

**Dance Video Lessons** – Scotland (Early-Second Level)

**Drama Video Lessons** – Fairy tales (Early-First Level)

<u>YMI Music Video Lessons</u> – Early-Second Level & ASN









#### **Resources and Further Reading**

Glasgow CREATE Music Skills Development Programme Singing Games and Rhymes for Tiny Tots (National Youth Choir of Scotland) Singing Games and Rhymes for Early Years (National Youth Choir of Scotland) Sound Before Symbol: Developing Literacy through Music (Maria Kay, 2013) Singing Phonics Book 1 & 2 (H. MacGregor & C.Birt) Jolly Music Big Book (C. Rowsell & D. Vinden)

The Power of Music (Hallam, 2015)

Relations among musical skills, phonological processing, and early reading ability in preschool children (Anvari, 2002) Links between early rhythm skills, musical training, and phonological awareness (Moritz, 2013)





## **Reflection & Evaluation**

- What have you found most useful today?
- How could you incorporate music as part of your literacy project?
- How are you going to share this with other staff?

Please scan the QR code to complete the online evaluation form, thank you!



# Thank you!



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