

Principles of attuned interactions and guidance

<p>Being attentive</p>	<ul style="list-style-type: none"> · Looking interested with friendly posture · Giving time and space for other · Turning towards · Wondering about what they are doing, thinking or feeling · Enjoying watching the other
<p>Encouraging initiatives</p>	<ul style="list-style-type: none"> · Waiting · Listening actively · Showing emotional warmth through intonation · Naming positively what you see, think or feel · Using friendly and/or playful intonation as appropriate · Saying what you are doing · Looking for initiatives
<p>Receiving initiatives</p>	<ul style="list-style-type: none"> · Showing you have heard, noticed the other's initiative · Receiving with body language · Being friendly and/or playful as appropriate · Returning eye-contact, smiling, nodding in response · Receiving what the other is saying or doing with words · Repeating/using the other's words or phrases
<p>Developing attuned interactions</p>	<ul style="list-style-type: none"> · Receiving and then responding · Checking the other is understanding you · Waiting attentively for your turn. · Having fun · Giving a second (and further) turn on same topic · Giving and taking short turns · Contributing to interaction / activity equally · Co-operating - helping each other
<p>Guiding</p>	<ul style="list-style-type: none"> · Scaffolding · Extending, building on the other's response · Judging the amount of support required and adjusting · Giving information when needed · Providing help when needed · Offering choices that the other can understand · Making suggestions that the other can follow
<p>Deepening discussion</p>	<ul style="list-style-type: none"> · Supporting goal-setting · Sharing viewpoints · Collaborative discussion and problem-solving · Naming difference of opinion · Investigating the intentions behind words · Naming contradictions/conflicts (real or potential) · Reaching new shared understandings · Managing conflict (back to being attentive and receiving initiatives with the aim of restoring attuned interactions)