



# Primary Halal Menu 2022 Starts 18th April

We also offer

Homemade soup with a selection of bread



Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.



All options include - yoghurt and fresh fruit for dessert

All dishes are served with a choice of seasonal vegetables or side salad

| Week 1        | Monday  | Tuesday   | Wednesday                                 | Thursday                            | Friday   |
|---------------|---|---|---|-------------------------------------|--|
| Choice<br>1   | Quorn Sausage<br>Casserole<br>with Potatoes             | Halal Chicken Curry<br>with Rice  | Fish Fingers<br>Oven Chips<br>or Potatoes | Halal Lamb Pie<br>with Potatoes     | Halal Roast Chicken<br>Yorkshire Pudding<br>Potatoes |
| Choice<br>2   | Cheese & Tomato<br>Pizza Herb or Plain<br>Potato Wedges | Halal Chicken Pasta<br>Marie Rose Salad                                 | Halal Chicken<br>Enchiladas               | Salmon Nibbles<br>Salad Wrap        | Quorn Meatballs<br>Tomato Sauce<br>in a Torpedo Roll |
| Choice<br>3 V | Baked Potato<br>Cheese & Coleslaw                       | Vegetable Curry<br>with Rice  | Falafel<br>Salad Flat Bread               | Tomato Pasta<br>Garlic & Herb Bread | Cheesy Potato Bake                                   |
| Choice<br>4   | Baked Potato<br>Cheese & Coleslaw                       | Halal Lamb Keema<br>Burger in a bun<br>Spiced or Plain<br>Potato Wedges | Cheese<br>Sandwich or Roll                | Halal Chicken<br>Sandwich or Roll   | Tuna<br>Sandwich or Roll                             |







### **WEEKLY CYCLE**

(2022) 18/4, 9/5, 30/5, 20/6, 15/8, 5/9, 26/9, 24/10, 14/11, 5/12,

(2023) 2/1, 23/1, 13/2, 6/3, 27/3





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Soil Association

#### **WEEKLY CYCLE**

(2022) 25/4, 16/5, 6/6, 22/8, 12/9, 3/10, 31/10, 21/11, 12/12,

(2023) 9/1, 30/1, 20/2, 13/3

Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- All meals include choice of plain semi-skimmed milk and refresh water
- All options include yoghurt and fresh fruit for dessert
- All dishes are served with a choice of seasonal vegetables or side salad

| Week 2        | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---------------|---|---|---|---|---|
| Choice<br>1   | Quorn Burger<br>in a Bun<br>Oven Chips<br>or Potatoes | Halal Lamb Belmont<br>Pie<br>with Potatoes                  | Halal Lamb Keema<br>Meatballs in Gravy<br>with Potatoes | Halal lamb Spaghetti<br>Bolognaise<br>Garlic & Herb Bread | Breaded Fish<br>with Potatoes                 |
| Choice<br>2   | Cheese & Tomato<br>Pizza<br>with Pasta                | Quorn Hot Dog<br>& Onions<br>Herb or Plain<br>Potato Wedges | Halal Chicken<br>Tomato Pasta<br>Garlic & Herb Bread    | Fish Goujon<br>Salad Wrap                                 | Halal Chicken<br>and Rice<br>Crusty Bread     |
| Choice<br>3 U | Baked Beans<br>on Toast                               | Quorn Hot Dog<br>& Onions<br>Herb or Plain<br>Potato Wedges | Baked Potato<br>Cheese & Coleslaw                       | Vegetable Spaghetti<br>Bolognaise<br>Garlic & Herb Bread  | Vegetable Quarter<br>Pounder<br>with Potatoes |
| Choice<br>4   | Baked Beans<br>on Toast                               | Tuna<br>Sandwich or Roll                                    | Cheese Toastie<br>or<br>Sandwich or Roll                | Halal Chicken<br>Sandwich or Roll                         | Cheese<br>Sandwich or Roll                    |

Medical Diet - If you have any dietary requirements please contact the catering manager





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#### **WEEKLY CYCLE**

(2022) 2/5, 23/5, 13/6, 29/8, 19/9, 10/10, 7/11, 28/11, 19/12,

(2023) 16/1, 6/2, 27/2, 20/3

Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- All meals include choice of plain semi-skimmed milk and refresh water
- All options include yoghurt and fresh fruit for dessert
- All dishes are served with a choice of seasonal vegetables or side salad

| Week 3         | Monday  | Tuesday  | Wednesday                                   | Thursday                                   | Friday   |
|----------------|---|--|---|--|--|
| Choice<br>1    | Macaroni Cheese<br>Garlic & Herb Bread          | Halal Lamb Lasagne<br>Garlic & Herb Bread                                | Quorn Sausages<br>in Gravy<br>with Potatoes | Halal Lamb<br>Cottage Pie<br>with Potatoes | Fish Fingers<br>Oven Chips<br>or Potatoes              |
| Choice<br>2    | Quorn Goujons<br>Herb or Plain<br>Potato Wedges | Halal Lamb Keema<br>Burger in a Bun<br>Spiced or Plain<br>Diced Potatoes | Tuna Pasta<br>Salad                         | Baked Potato<br>Baked Beans                | Cheese & Tomato<br>Quiche<br>Oven Chips<br>or Potatoes |
| Choice<br>3 (V | Cheese<br>Sandwich or Roll                      | Vegetable Lasagne<br>Garlic & Herb Bread                                 | Falafel Burger<br>with Potatoes             | Cheese & Tomato<br>Pizza<br>with Pasta     | Vegetable Chilli<br>with Rice                          |
| Choice<br>4    | Cheese<br>Sandwich or Roll                      | Tuna<br>Sandwich or Roll   | Cheese<br>Sandwich or Roll                  | Halal Chicken Mayo<br>Salad Wrap           | Halal Chicken<br>Sandwich or Roll                      |

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