**National 5 Physical Education**

**Answer at the back of jotters**

1. What are the 3 different skill categories in gymnastics? (Clue- F, R, B) (3)
2. Name 3 skills from each category. (3)
3. What are the 4 main factors? (Clue- M.E.S.P.) (4)
4. What does C.R.E. stand for? (3)
5. Describe C.R.E. (3)
6. What is the test for C.R.E.? (1)
7. Describe this test (3)

Total Marks= 20.