**Method of Gathering Data – Physical Factors - Bleep Test**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Level 1** | 1 | 2 | 3 | 4 | 5 | 6 |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Level 2** | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| **Level 3** | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Level 4** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| **Level 5** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| **Level 6** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Level 7** | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Level 8** | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Level 9** | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Level 10** | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Level 11** | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Level 12** | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Level 13** | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Level 14** | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Level 15** | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 |  |