



Bellahouston Academy
30 Gower Terrace
Glasgow G41 5QE
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Head Teacher
Barry Mochan BA(Hons)

5th of November 2024

Dear Parent/Carer

Parent Information and Workshop Event: Supporting Adolescent Challenges

We are very pleased to invite you to our next Parent Information and Workshop Event, which is *Supporting Adolescent Challenges*. The event is aimed primarily at parents/carers of young people in S1 and S2, and we will also be inviting parents/carers of P7 pupils in the associated primaries within our Learning Community, as this event is part of our detailed Transitions programme.

The aim of the evening is to create a supportive forum for parents to learn about the ways in which our school promotes positive mental health and peer relationships, and manages issues related to our pupils' social media use. It is hoped that parents will, following the event, have a clearer impression of how they can, at home, support the school's messages regarding these important matters.



Our school values of Belonging and Respect are very significant. We want all young people to feel welcome, safe and included at our school, and feel that they are treated with care and understanding by staff and their peers. Similarly, we want to work in partnership with our parents/carers (the people who know their children best) to ensure that our young people feel understood and supported.



The event take place in the school's Assembly Hall from 6.00pm-7.00pm. It will be hosted by Ms Carol Cutler (Depute Headteacher and Child Protection Co-ordinator), and will begin with some presentations:

- Ms Cutler (Depute Headteacher) – Promoting Positive Mental Health at Bellahouston Academy
- Mr Mochan (Headteacher) – Social Media and our Anti-Bullying Policy: *We All Belong Here*
- PC Jaz Ahmed (Campus Police Officer) – Social Media and the Law

Parents/Carers will then attend workshops led by our Senior Pupil Mental Health First Aid Ambassadors, which will focus upon the ways in which young people are currently engaging with various social media platforms, and the challenges this can create.

The evening will end with a feedback session, where parents will have the opportunity to share with one another the strategies they use at home to promote positive mental health and peer relationships, and manage issues related to social media use.

Urdu and Arabic interpreters will be present to assist parents/carers who may require their assistance.

We very much hope you are able to attend, and look forward to seeing you there.

Yours faithfully,

Barry Mochan
Headteacher
Bellahouston Academy

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Parental Involvement and Engagement Calendar 2024-2025

Parental Involvement and Engagement Calendar 2017-2018					
	S1	S2	S3	S4	S5-S6
August-October	October: Settling-In Tracking Report 1	October: Settling-In Tracking Report 1	October: Settling-In Tracking Report 1	October: Settling-In Tracking Report 1	October: Settling-In Tracking Report 1
	7 th of October: Parent Information and Workshop Event: Transitions				
19 th of August: Parent Council Meeting 16 th of September: Parent Council Meeting					
October Break					
October-December	23 rd of October: Parent Information and Workshop Event: Interdisciplinary Learning	November: Tracking Report 2	6 th of November: S3 Parents' Consultation Evening	November: Tracking Report 2	December: Tracking Report 2
		20 th of November: Parent Information and Workshop Event: Pathways		20 th of November: Parent Information and Workshop Event: Pathways	20 th of November: Parent Information and Workshop Event: Pathways
		December: Tracking Report 3		4 th of December: S4 Parents' Consultation Evening	
	13 th of November: Parent Information and Workshop Event: Supporting Adolescent Challenges (P7-S2)		29 th of October: Parent Information and Workshop Event: Study Skills		
	21 st of October: Parent Council Meeting 25 th of November: Parent Council Meeting				
Parent Partnership Survey/Focus Group 1: Curriculum/Learning and Teaching					
Christmas Holidays					
January-April	February: Tracking Report 2	15 th of January: S2 Parents' Consultation Evening	March: Tracking Report 3	January: Tracking Report 3	January: Tracking Report 3
	19 th of March: S1 Parents' Consultation Evening				5 th of February: S5-S6 Parents' Consultation Evening
13 th of January: Parent Council 3 rd of March: Parent Council					
Spring Break					
April-June	May: Tracking Report 3		June: Tracking Report 3		
	12 th of May: Parent Council Meeting				
Parent Partnership Survey/Focus Group 2: Parental Involvement, Engagement and Communication					

