



Bellahouston Academy
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Head Teacher
Barry Mochan BA(Hons)

5th of November 2024

Dear Parent/Carer

Parent Information and Workshop Event: Supporting Adolescent Challenges

We are very pleased to invite you to our next Parent Information and Workshop Event, which is *Supporting Adolescent Challenges*. The event is aimed primarily at parents/carers of young people in S1 and S2, and we will also be inviting parents/carers of P7 pupils in the associated primaries within our Learning Community, as this event is part of our detailed Transitions programme.

The aim of the evening is to create a supportive forum for parents to learn about the ways in which our school promotes positive mental health and peer relationships, and manages issues related to our pupils' social media use. It is hoped that parents will, following the event, have a clearer impression of how they can, at home, support the school's messages regarding these important matters.



Our school values of Belonging and Respect are very significant. We want all young people to feel welcome, safe and included at our school, and feel that they are treated with care and understanding by staff and their peers. Similarly, we want to work in partnership with our parents/carers (the people who know their children best) to ensure that our young people feel understood and supported.



The event takes place in the school's Assembly Hall from 6.00pm-7.00pm. It will be hosted by Ms Carol Cutler (Depute Headteacher and Child Protection Co-ordinator), and will begin with some presentations:

- Ms Cutler (Depute Headteacher) – Promoting Positive Mental Health at Bellahouston Academy
- Mr Mochan (Headteacher) – Social Media and our Anti-Bullying Policy: We All Belong Here
- PC Jaz Ahmed (Campus Police Officer) – Social Media and the Law

Parents/Carers will then attend workshops led by our Senior Pupil Mental Health First Aid Ambassadors, which will focus upon the ways in which young people are currently engaging with various social media platforms, and the challenges this can create.

The evening will end with a feedback session, where parents will have the opportunity to share with one another the strategies they use at home to promote positive mental health and peer relationships, and manage issues related to social media use.

Urdu and Arabic interpreters will be present to assist parents/carers who may require their assistance.

We very much hope you are able to attend, and look forward to seeing you there.

Yours faithfully,

Barry Mochan
Headteacher
Bellahouston Academy

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Parental Involvement and Engagement Calendar 2024-2025

| | S1 | S2 | S3 | S4 | S5-S6 | | | | | |
|--|--|--|--|---|---|--|--|--|--|--|
| August-October | October: Settling-In Tracking Report 1 7 th of October: Parent Information and Workshop Event: Transitions | October: Settling-In Tracking Report 1 | October: Settling-In Tracking Report 1 | October: Settling-In Tracking Report 1 | October: Settling-In Tracking Report 1 | | | | | |
| | 19 th of August: Parent Council Meeting 16 th of September: Parent Council Meeting | | | | | | | | | |
| October Break | | | | | | | | | | |
| October-December | 23 rd of October: Parent Information and Workshop Event: Interdisciplinary Learning | November: Tracking Report 2 20 th of November: Parent Information and Workshop Event: Pathways December: Tracking Report 3 | 6 th of November: S3 Parents' Consultation Evening | November: Tracking Report 2 20th of November: Parent Information and Workshop Event: Pathways 4 th of December: S4 Parents' Consultation Evening | December: Tracking Report 2 20th of November: Parent Information and Workshop Event: Pathways | | | | | |
| | 13 th of November: Parent Information and Workshop Event: Supporting Adolescent Challenges (P7-S2) | | | | | | | | | |
| | 29 th of October: Parent Information and Workshop Event: Study Skills | | | | | | | | | |
| | 21 st of October: Parent Council Meeting 25 th of November: Parent Council Meeting | | | | | | | | | |
| Parent Partnership Survey/Focus Group 1: Curriculum/Learning and Teaching | | | | | | | | | | |
| Christmas Holidays | | | | | | | | | | |
| January-April | February: Tracking Report 2 19 th of March: S1 Parents' Consultation Evening | 15 th of January: S2 Parents' Consultation Evening | March: Tracking Report 3 | January: Tracking Report 3 | January: Tracking Report 3 5 th of February: S5-S6 Parents' Consultation Evening | | | | | |
| | 13 th of January: Parent Council 3 rd of March: Parent Council | | | | | | | | | |
| Spring Break | | | | | | | | | | |
| April-June | May: Tracking Report 3 | | June: Tracking Report 3 | | | | | | | |
| | 12 th of May: Parent Council Meeting | | | | | | | | | |
| | Parent Partnership Survey/Focus Group 2: Parental Involvement, Engagement and Communication | | | | | | | | | |

