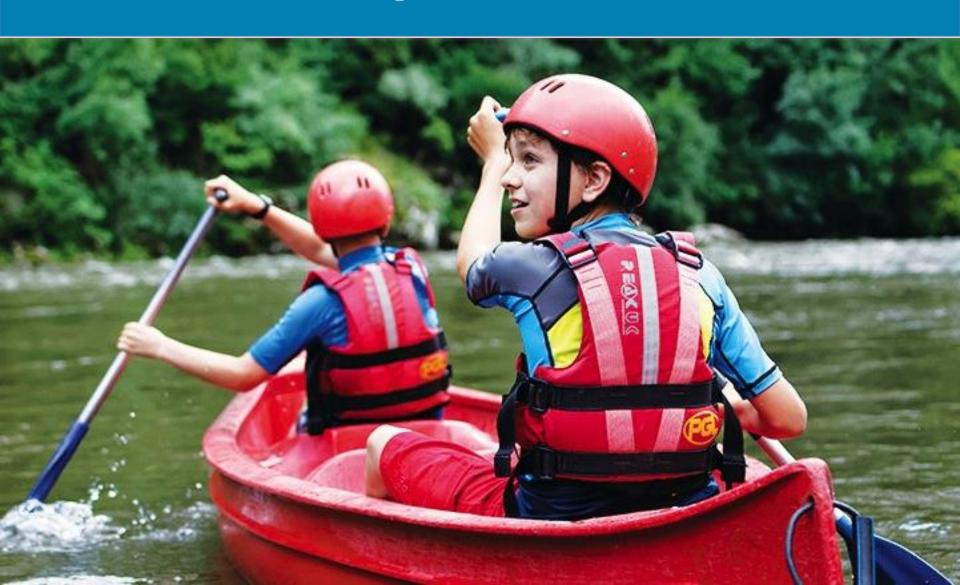


## **Two Centre Adventure**

**Domaine de Segries, Ardèche Mimosa, Languedoc Coast** 

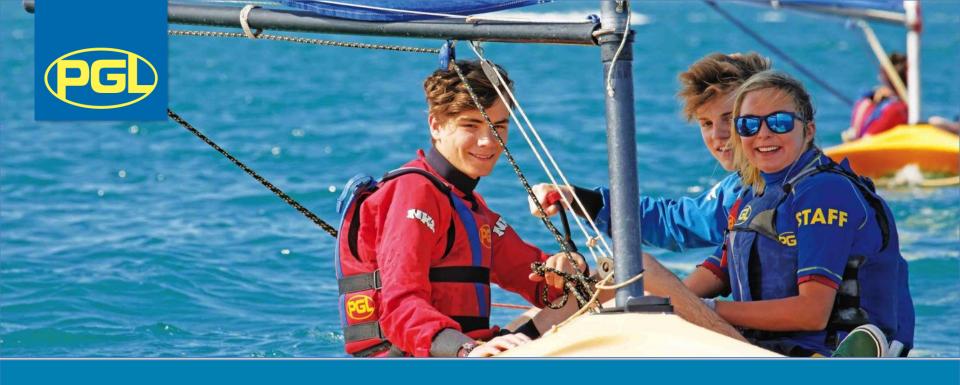




When: Thurs 30 May – Sat 8 June 2019

Who: Open to 40 S1 Pupils

Where: South of France



### **About PGL**

- The UK's largest provider of outdoor education for young people
- Over 55 years' experience
- Fully risk assessed
- LOtC Quality Badge holder
- Founding member of BAPA
- ABTA bonded





### Sample Itinerary

Day 2

Arrive at Segries (depart school day 1)

Breakfast

River Day 1

From Peach Orchard to Trois Eaux 4km

Dinner Evening Entertainment 50/50 Day 3

Breakfast

River Day 2

From Trois Eaux to Le Mas 12km

Evening
Entertainment
Visit to Vallon

Day 4

Breaklast

River Day 3

From Le Mas to Sauze Plage 14km



Evening Entertainment Pool Olympics Day 5

Breakfast

Depart for Mimosa

09.15-16.00

En-route visit, e.g. Aqualand including picnic lunch

Lunch

16.00-17.15

Arrival at Mimosa

Dinner

Evening Entertainment

Get Your Own Back Day 6

Breakfast

09.15-12.15

Catamarans/ Kayaks Mimosa Beach

Lunck

14.15-17.15

Snorkel Black Sands

Dinne

Evening Entertainment

Beach Olympics Day 7

Breakfast

09.15-12.15

Windsurfing and Raft Building

L)

14.15-17.15

Feva Sailing Mimosa Beach

Dino

Evening Entertainment

Superhero Auction Day 8

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09.15-12.15

Ocean Rider Mimosa Beach

Lunch

14.15-17.15

Climbing/Abseiling Mimosa Site

Depart

(return home day 9)



- Beachfront location on the beautiful Languedoc coast
- 17 adventure activities to choose from on land and water
- Ideally located to enjoy watersports on the Mediterranean
- Easy access onto the spacious, sandy beach



## Domaine de Segries

- Stunning location in the heart of the Ardèche
- 16 thrilling adventure activities to choose from
- Perfectly placed for the Ardèche river canoe descent
- Outdoor pool and sports pitches



## Accommodation

#### **Domaine de Segries**

 Farmhouse – rooms sleeping 6-10 with toilets and showers nearby

#### **Mimosa**

 Tent Village – large tents with solid frame bases, sleep 4



### The PGL difference

- Expert tuition from fully qualified PGL watersports instructors
- Dedicated PGL 'Groupie' to provide support throughout stay
- Tailor-made programmes
- All accommodation, food, activities and instruction included
- Free evening entertainment
- 24 hour support from centre team



### **Two Centre Adventure**

- Three and a half days at each location
- 2-3 day 30km Ardèche River canoe descent
- Full watersports programme on the Med
- Introduces new skills, improves teamwork, motivation and confidence





### **Adventure activities**

#### **Domaine de Segries**

#### On-site:

- All Aboard
- Archery
- Climbing
- Jacob's Ladder
- Problem Solving
- Sports & Team Games
- Swimming
- Trapeze
- Volleyball

#### Off-site:

- Canoeing
- Caving
- Excursions
- Mountain Biking
- River Bivouac
- Sit-on Kayaks
- Canyoning

- Abseiling
- Archery
- Banana Boat
- Bodyboarding
- Catamaran Sailing
- Climbing
- Dinghy Sailing
- Excursions
- Kite Flying

- Problem Solving
- Raft Building
- Sit-on Kayaks
- Snorkelling
- Sports & Team Games
- Swimming
- Volleyball
- Windsurfing



## **Evening entertainment**

#### **Domaine de Segries**

- Cluedo
- Disco
- Football
- Get Your Own Back
   Volleyball
- Initiative Exercises

- Scavenger Hunt
- Talent Show
- Quiz

- Beach Olympics
- Cluedo
- Disco
- Football
- Get Your Own Back
   Volleyball

- Initiative Exercises
- Scavenger Hunt
- Talent Show
- Quiz



## **Facilities**

#### **Domaine de Segries**

- Outdoor swimming pool
- Football and volleyball pitches
- Disco area
- Shaded dining area
- On- and off-site adventure activities
- Shop

- Easy access to spacious, sandy beach
- Indoor entertainment area with terrace
- Shaded dining area overlooking grounds
- On-site adventure activities
- Shop



## Catering and dietary needs

- 3 nutritious, balanced meals per day
- Self-service salad bar
- Vegetarian option
- Special diets catered for by prior arrangement
- Sample menus available online: www.pgl.co.uk



### **Travel**

#### **Approximate travel times:**

- Dover to Calais by ferry 90 minutes
- Calais to the Ardèche 12 hours by overnight coach
- Ardèche to Mimosa 3 hours by coach

# Payment Plan

Month	Amount
Dec 2018	£75
Feb 2018	£50
Mar 2018	£50
Apr 2018	£50
May 2018	£50
Jun 2018	£50
Aug 2018	£50

Month	Amount
Sept 2018	£50
Oct 2018	£50
Nov 2018	£50
Dec 2018	£50
Jan 2019	£50
Feb 2019	£50
Mar 2019	£75



# **Any Questions**

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