



Meet a Tree

The Task

- To meet and identify a tree blindfolded and be able to locate the tree you were at once the blindfold has been removed.



How?

- Find a suitable safe area that is accessible for all (allowing for those with additional support needs or physical impairments to also have access where possible).
- Select an area with a varied selection of trees of different shapes and sizes and where possible species.
- Explain to the participants that they need to be in pairs, one blindfolded the other not.
- This challenge can be used multiple times by varying the partnerships.

Considerations

- Is the area suitable for all participants?
- Are there enough trees with varying size width bark etc that the activity will be worthwhile and successful?

What will you need?

Suitable area.
Variety of trees that are different in shape, size etc.
Blindfolds.





Meet a Tree

Organisation & Layout

- Space everyone out in a safe area.
- Organise the participants into pairs where possible.
- Set a time limit to return to the start point.

Learning Objectives

- Target Curriculum 1, 2 & 3
- Nature
- Science
- Movement Skills
- Problem Solving

Safety Information

- Make all participants aware of the importance of safety when leading their blindfolded partner to the tree.
- Create rules that are simply and clear that all participants can and will understand them.
- Keep everyone in sight at all times.
- The identifier should not be left alone while blindfolded.

Review & Assessment

- Where the instructions given clear enough?
- What have you found? Try and identify the type of tree you were taken to?
- How many trees did you identify?
- Were there enough different trees to meet?
- Was it fun and worthwhile?



Additional Links & Support

[Blairvadach Meet a Tree - YouTube](#)