

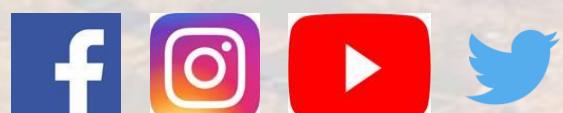
Blairvadach's 30 Day Challenge

Timetable

	Week 1	Week 2	Week 3	Week 4	Week 5		Week 6
Monday	7th September <u>Risk Assessment</u>	14th September <u>Five Line Poem</u>	21st September <u>Reduce, Reuse, Recycle</u>	28th September <u>Constrained Sprints</u>	5th October <u>Traverse Challenge</u>		19th October <u>Journey Stick</u>
Tuesday	8th September <u>Playground Workout</u>	15th September <u>Obstacle Course</u>	22nd September <u>How To Make A Map</u>	29th September <u>Forest Bathing</u>	6th October <u>Sky Scanning</u>	October Break	20th October <u>Egg Drop</u>
Wednesday	9th September <u>Mini Shelter Building</u>	16th September <u>Bug Shake Down</u>	23rd September <u>Make Leaves Count</u>	30th September <u>Knot Tying</u>	7th October <u>Nest Building</u>	October Break	21st October <u>Worm Charming</u>
Thursday	10th September <u>Counting With Sticks</u>	17th September <u>Measure The Height Of A Tree</u>	24th September <u>Build A Dam</u>	01 October <u>Mini Raft Build</u>	8th October <u>Structure Building</u>	October Break	22nd October <u>Silly Symphony</u>
Friday	11th September <u>Clockwork Cones</u>	18th September <u>World Compass</u>	25th September <u>Magic Number Square</u>	02 October <u>Skeleton Drawing</u>	9th October <u>Meet A Tree</u>	October Break	23rd October <u>Reviewing</u>



Download your Activity Cards on our website



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our social media channels**