

## **Outdoor Risk Assessment**

#### The Task

To risk assess activities and places with pupils.

#### How?

- Go into an outdoor space and identify an activity or place you are going to risk assess. E.g. tree climbing or challenge activities.
- Identify the Hazards or Risks involved. E.g. Falling out of the tree.
- Look at how we can minimise or control the risk. E.g. pick an easy to climb tree with a soft landing.
- Decide what the level of risk is (having a definition such as low, medium or high will make this easier).
- Consider what level of risk is acceptable given the benefit of the risk. E.g. There is a small chance of falling out of
  the tree and twisting my ankle but climbing trees is fun.

## Considerations

- Are the places or activities interesting enough to spark discussion.
- How much do I need to lead a session or give examples.
- Is it a formal session recording the RA or an informal discussion.











### What will you need?

Outdoor Writing Materials such as clipboards or flipcharts if leading a larger session



# **Outdoor Risk Assessment**

## **Organisation & Layout**

- Lead the whole group through an example before breaking into smaller groups.
- Record discussions on a simple chart with Risks, Controls and Risk Level.
- Try to keep all participants in view.
- Risk assess different a range of different activities.

#### **Learning Objectives**

- Learn how to judge and assess risk in a measurable way.
- Develop literacy and report writing skills.
- Learn about risk and benefits.

# Safety Information

- Emphasise its not about doing the activity but talking about and risk assessing the activity.
- Risk Assess low risk activities and areas 1st to ensure pupils who may get carried away don't into trouble trying the activities instead of talking about them.

#### **Review & Assessment**

- Each group can record a risk assessment either outside or later in class.
- Risk assessments can be compared between groups and discussion about how perception affects risk assessment.
- As it becomes more familiar it can be done as part of any new activity.





## **Additional Links & Support**

Blairvadach Outdoor Risk Assessment - YouTube