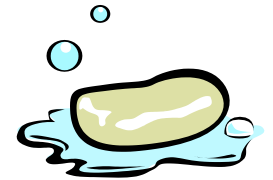
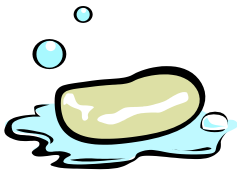


Personal hygiene



L.I: We are learning how important personal hygiene is and how to achieve it.

Starter - unscramble these hygiene related words!

- apos
- moospah
- ahed cile
- tdeodaorn
- yobd urood
- abd eatrbh

The answers

- Soap
- Shampoo
- Head lice
- Deodorant
- Body odour
- Bad breath

Task 1



- Watch the film and answer the questions
<https://www.youtube.com/watch?v=jQ2e0KH5Wrl>
- Why is hygiene important?
- What makes you sick?
- Are all germs bad for us?
- What will happen if you don't brush your teeth?

Why is hygiene important?

FIRST IMPRESSIONS COUNT!



Which smile gives a better first impression?

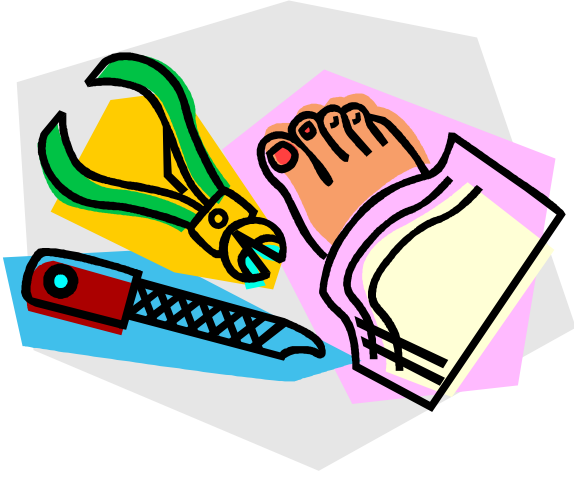
A



B



Good grooming makes a difference!



“Batten down your armpits, stop picking your nose and reach for the extra-strong mints, because personal hygiene – or to be more accurate, a complete lack of it – is the one trait that makes a person less employable above all others in the eyes of Britain's bosses.”

What is the trait that makes it more likely you will get a job?

Decide what products you should have.

Use the internet to find products that you think you should have in a toiletry bag.

Write down the names and add up how much they will cost altogether.



Task 2 – true/false worksheet



plenary

You've been picked to appear in a TV programme on a desert island (like shipwrecked on ch4)



Which 3 toiletries would you take with you and why?