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Object Balancing Race Scoresheet

Travel 10m in under 30 seconds while balancing a beanbag on your head! If you don't have a beanbag, you could use a small cushion or a folded tea towel.

Watch the video **here** to see how it's done. Read the **Skills Poster** for tips and techniques on how best to complete this event.

Every competitor starts the event with five points. Each time a competitor drops the beanbag off their head, they lose one point. A bonus point is awarded to the winner of the race. In this event, zero is the lowest score you can record and six is the highest score you can record.

Keep a record of your scores below:

Name	Attempt 1	Attempt 2	Attempt 3