

Skills
Development
Scotland



My
World of
Work



Your
career service
in school

Discover and explore myworldofwork.co.uk

Your future is now

The world of work never stops changing. Soon, you could be doing work that wasn't even invented when you started school.

While you're in school, it's important to start exploring and taking up opportunities, so that you can discover what might be right for you, and the ways to get into the career that interests you.

How we can help

Throughout your time at school, your SDS careers adviser will help you to understand who you are, the world of work, and how to develop and use your career management skills.

Career management skills

Career management skills are skills you can use throughout your life. They help you make and take decisions as the world of work and learning change – and that's why they're so important.



You might meet your SDS careers adviser:

- in a group activity
- at drop-in sessions
- at one-to-one appointments.

You can speak to them about:

- understanding your self, your interests, and your skills
- making option choices
- researching different types of learning and work
- the different ways into work, including apprenticeships
- CVs, job applications, and interviews
- applying for college or university courses.



My World of Work

My World of Work is your career website. It's packed full of information and advice to help you say hello to a wide world of career choices.

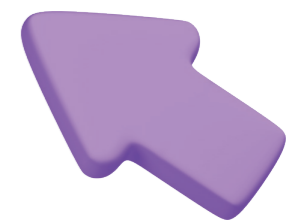
Building your future starts today

Whether you don't know where to start, you're thinking about your options, or you're getting ready to leave school, your SDS careers adviser and My World of Work are here to help with career inspiration, expert advice and information.

Understand yourself

Choosing your career path is a big deal. The good thing is, the better you know yourself the more you'll understand what's right for you. So we've created tools and resources to help you do just that:

- My Strengths
- Animal Me
- Skills Discovery.



What will you be?

There's a whole world of possibilities out there. Discover work that suits your skills, personality, interests and strengths. Explore now at myworldofwork.co.uk

You can also find out about apprenticeships, including what Foundation Apprenticeships you can take while still at school. Visit apprenticeships.scot

Come and **talk to us**

Take a note of your SDS school careers adviser and where to find them in your school.

Life after school

Leaving school soon? You might need some support from us before you head out into the world.

Our services are available to people of all ages. So, once you leave school, you can still get support from our expert advisers. If you or someone you know needs help:

- Find out where to meet us: skillsdevelopmentscotland.co.uk/contact-us
- Call our freephone helpline: **0800 917 8000**.

Information for **parents and carers**

You can speak to the SDS careers adviser at any time - just get in touch with the school to arrange.

There is also dedicated resources on My World of Work for parents and carers. All the content is designed to help you and your young person with career conversations.

It is packed with information such as the industries offering exciting opportunities in Scotland, and the different routes into careers.

If you're looking for support with planning and managing your own career, we can help you too. Find and apply for learning and work, and take your career in a new direction. Visit myworldofwork.co.uk

