

MOVING ON FROM P7  
TO

# HIGH SCHOOL

Moving to secondary school brings exciting changes, especially with school meals.

Here's what you and your child need to know:



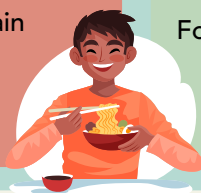
## FOOD CHOICES

The school offers  
freshly cooked and

nutritionally balanced meals daily, including vegetarian options or adapted meals for specific dietary needs.

The school cafeteria has a **wide selection** of hot meals, fresh salads, ready to go snacks, pre-packed hot food and variety of soft drinks or bottled water.

Hot meals include **2 courses** - a starter (soup or dessert) and hot or cold main meal with 2 portions of vegetables and 1 portion of fruit.



## FREE SCHOOL MEALS

For those eligible, free school meals are also available. You can check your eligibility and apply at Fife Council website.

Each eligible child will receive a **daily allowance** of **£2.50** loaded onto their MyFife card.

## SPECIFIC DIETARY REQUIREMENTS

For students with allergies, intolerances, or cultural preferences, you need to complete the **Specific Dietary Requirements form** (available online or from the school office).



## PAYMENT OPTIONS

Students can pay for their meals by MyFife card, contactless payment, bank card or cash.

**MyFife card** can be topped up online through Ipayimpact app (the same app used in primary schools).



## PRE-ORDERS

Skip lunch time queues!

Lunch can be pre-ordered daily until 9.30 am in the

**Fusion** app (available from your app store).

The move from P7 to **High School** is an exciting time for your child, offering new opportunities for growth and independence. We're here to support both you and your child during this change. If you have any questions, please contact the school office.

