



St Andrew's Karate Club

Cosmos Centre, St Andrew's

Every Friday evening

6:30pm-7:30pm £5 a session



Seiken Ryu Karate Association (SRKA) is the biggest association delivering Shukokai Karate in the North of England and we have now expanded to Scotland. This class will suit the needs of anyone interested in starting their Karate journey. We cater for all ages (+5yrs) and abilities through our family friendly classes which are delivered by Sensei Anastasia Seccombe (4th Dan Black belt).

The classes will help improve students' confidence and self-discipline whilst improving self-defence skills. Gradings will be available when students are ready to progress to the next belt. The Seiken Ryu Karate Association also hosts many events for students and supports them along their karate careers.

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