

# Primary & Nursery School Lunch Menu

April 2021 – June 2022



**FREE**  
School  
Meals for  
**ALL P1-P3**



## **DYSART DAISY**

Says your P4-P7 child may also be entitled to free school meals. To apply click the link below.

**Free school meals and school clothing grants | Fife Council**

# Primary Menu **Week 1**

## April 2021 – June 2022

12/04/2021	21/06/2021	25/10/2021	03/01/2022	14/03/2022	30/05/2022
26/04/2021	16/08/2021	08/11/2021	17/01/2022	28/03/2022	13/06/2022
10/05/2021	30/08/2021	22/11/2021	31/01/2022	18/04/2022	27/06/2022
24/05/2021	13/09/2021	06/12/2021	14/02/2022	02/05/2022	
07/06/2021	27/09/2021	20/12/2021	28/02/2022	16/05/2022	

Week1	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V
Main 1	Macaroni Cheese V with Garlic Bread Broccoli, Salad & Tomato Wedges	Pork Sausage & Hot Dog Roll Sweetcorn & Coleslaw Potato Wedges	Chicken Korma Boiled Rice, Naan Bread Broccoli & Salad	Steak Pie Potatoes Carrots & Turnip	Crispy Cod Fillet Chips, Peas & Salad
Main 2	Cheesy Beano V With Tomato Wedges & Crudities	Baked Potato V & Various Fillings & Salad	Vegetable Korma V Boiled Rice, Naan Bread Broccoli & Salad	Baked Potato V & Various Fillings & Salad	Italian Pasta V Peas & Salad
Filled Roll	Roll with Turkey or Cheese Fillings	Roll with Egg Mayo or Cheese Fillings	Roll with Ham or Cheese Fillings	Roll with Tuna Mayo or Cheese Fillings	Roll with Turkey or Cheese Fillings
Dessert	Ice Cream Tub Selection of Fresh Fruit	Yoghurt Selection of Fresh Fruit	Mandarin & Melon Cocktail Selection of Fresh Fruit	Jelly & Fresh Fruit Salad Selection of Fresh Fruit	Apple & Grape Cup Selection of Fresh Fruit

**Side Salad & Crudities are available daily with Main Course & Filled Rolls, there is also a choice of Milk or Water Daily.**

**Plated Salad available daily . Soup will be available for dining room service only.**

**Recipes , Allergens & Dietary Information available at [School meals](#) | [Fife Council](#)**

**DIETARY REQUIREMENTS** - If you need help or advise about your child's dietary requirements, please email [dietaryrequest@fife.gov.uk](mailto:dietaryrequest@fife.gov.uk)

A meeting will then be arranged for you with the school cook and manager.

Primary Menu  
Week 2

Nursery Menu  
Week 1

Nursery Menu  
Week 2

Recipe List

# Primary Menu *Week 2*

## April 2021 – June 2022

19/04/2021 23/08/2021  
 03/05/2021 06/09/2021  
 17/05/2021 20/09/2021  
 31/05/2021 04/10/2021  
 14/06/2021 01/11/2021

15/11/2021 10/01/2022  
 29/11/2021 24/01/2022  
 13/12/2021 07/02/2022  
 07/03/2022 23/05/2022  
 21/03/2022 06/06/2022  
 25/04/2022 20/06/2022  
 09/05/2022

<i>Week2</i>	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Starter</i>	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V
<i>Main 1</i>	Italian Meatballs with Spaghetti Broccoli & Salad	Beef Burger/Quorn V Burger & Bun with Sweetcorn Salad & Potato Wedges	Roast Chicken & Gravy Mashed Potatoes Carrots & Peas	Pasta Bolognaise Garlic Bread Peas & Salad	Salmon Fish Fingers Chips, Beans & Peas
<i>Main 2</i>	Cheese Panini V with Salad & Crudities	Baked Potato V & Various Fillings	Cheese & Tomato Pizza V with Salad, Peas & Crudities	Baked Potato V & Various Fillings	Vegetable Chilli V Boiled Rice Salad & Peas
<i>Filled Roll</i>	Roll with Turkey or Cheese Fillings	Roll with Egg Mayo or Cheese Fillings	Roll with Ham or Cheese Fillings	Roll with Tuna Mayo or Cheese Fillings	Roll with Turkey or Cheese Fillings
<i>Dessert</i>	Mandarin & Melon Cocktail Selection of Fresh Fruit	Yoghurt Selection of Fresh Fruit	Apple Sponge & Custard Selection of Fresh Fruit	Apple & Grape Cup Selection of Fresh Fruit	Yoghurt Selection of Fresh Fruit

**Side Salad & Crudities are available daily with Main Course & Filled Rolls, there is also a choice of Milk or Water Daily.**

**Plated Salad available daily . Soup will be available for dining room service only.**

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Primary Menu  
Week 1

Nursery Menu  
Week1

Nursery Menu  
Week 2

Recipe List

# Nursery Menu Week 1

April 2021 – June 2022

Morning /Lunch /Afternoon

12/04/2021	21/06/2021	25/10/2021	03/01/2022	14/03/2022	30/05/2022
26/04/2021	16/08/2021	08/11/2021	17/01/2022	28/03/2022	13/06/2022
10/05/2021	30/08/2021	22/11/2021	31/01/2022	18/04/2022	27/06/2022
24/05/2021	13/09/2021	06/12/2021	14/02/2022	02/05/2022	
07/06/2021	27/09/2021	20/12/2021	28/02/2022	16/05/2022	

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Macaroni Cheese & Sweetcorn or Cheese or Turkey Roll & Veggie Bag Fromage Frais Milk	Pork Sausage in a Bun Coleslaw or Cheese or Egg Roll & Veggie Bag Fruit Bag Milk	Chicken Korma Boiled Rice, Naan Bread & Broccoli or Cheese or Ham Finger Roll & Veggie Bag Melon Milk	Steak Pie Potatoes Carrots or Cheese or Tuna Roll & Veggie Bag Fruit Bag Milk	Crispy Cod Fillet Chips Peas Or Cheese or Turkey Roll & Veggie Bag Fresh Fruit Milk
	Cheese & Crackers Veggie Bag Fromage Frais Milk	Cheese or Egg Roll Veggie Bag Fruit Bag Milk	Cheese or Ham Finger Roll Veggie Bag Melon Milk	Cheese or Tuna Roll Veggie Bag Fruit Bag Milk	Cheese or Turkey Roll Veggie Bag Fresh Fruit Milk
Morning + Afternoon					

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Primary Menu  
Week 1

Primary Menu  
Week 2

Nursery Menu  
Week 2

Recipe List

# Nursery Menu *Week 2*

April 2021 – June 2022

Morning /Lunch /Afternoon

19/04/2021 23/08/2021 15/11/2021 10/01/2022 07/03/2022 23/05/2022  
 03/05/2021 06/09/2021 29/11/2021 24/01/2022 21/03/2022 06/06/2022  
 17/05/2021 20/09/2021 13/12/2021 07/02/2022 25/04/2022 20/06/2022  
 31/05/2021 04/10/2021 21/02/2022 09/05/2022  
 14/06/2021 01/11/2021

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Bag	Italian Meatballs & Pasta / Broccoli or Cheese or Turkey Roll & Veggie Bag Fromage Frai Milk	Beef Burger & Bun & Sweetcorn or Cheese or Egg Roll & Veggie Bag Fruit Bag Milk	Chicken & Gravy & Carrots/Potatoes or Cheese or Ham Finger Roll & Veggie Bag Apple Muffin Milk	Cheese & Tomato Pizza & Salad or Cheese or Tuna Roll & Veggie Bag Melon Milk	Salmon Fish Fingers & Wedges /Beans Or Cheese or Turkey Roll & Veggie Bag Fruit Bag Milk
Morning + Afternoon	Cheese & Crackers Veggie Bag Fromage Frai Milk	Cheese or Egg Roll Veggie Bag Fruit Bag Milk	Cheese or Ham Finger Roll Veggie Bag Apple Muffin Milk	Cheese or Tuna Roll Veggie Bag Melon Milk	Cheese or Turkey Roll Veggie Bag Fruit Bag Milk

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Primary Menu  
Week 1

Primary Menu  
Week 2

Nursery Menu  
Week1

Recipe List