



Wellbeing Leader Action Plan



Goals	Actions	Responsibility	Timescale	Evaluation
what do we want to achieve?	what do we need to do?	who will be involved?	when will we do this?	what went well? even better if?
Develop the 5 Ways to Wellbeing in our school	<ul style="list-style-type: none"> ➤ Promotion through posters, videos and social media ➤ Record/deliver sessions and set tasks/activities for each class 	Wellbeing Leaders Mrs Burnett Class Teachers Pupils	<ul style="list-style-type: none"> ➤ Termly ➤ Monthly 	
Set up and deliver clubs to support the development of the 5 ways to wellbeing (restriction dependent)	<ul style="list-style-type: none"> ➤ Carry out a survey that will help identify the area/pupils to support ➤ Plan, deliver and evaluate each session; <i>Mindfulness Monday, Wellbeing Wednesday</i> 	Wellbeing Leaders Mrs Burnett Groups	When Covid restrictions allow.	

