**Primary 5 Family Learning Grid**

Parents/carers – Please pick 1 task per week to complete and share via Teams or in class.

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| **Sports and Fitness**   * I can demonstrate an increased level or skill through my club. * I can take part in a gentle jog or walk in my local area. * I am learning to safely cycle my bicycle. * I can share a few Scottish country dances. * Support and spectate at a local sporting event and share the results. * I can take part in a team activity. | **Life Skills**   * I can take responsibility for my own safety when crossing the road. * I can tell the time to 5-minute intervals on analogue and digital clocks. * With support I can select and organise the appropriate clothing for specific activities. * I can safely prepare a variety of food. * I can calculate the change when making a purchase. * I can independently weigh and measure using a measuring jug and scales. | **Community and Outdoor Learning**   * I can carry out an act of kindness for a family member or a person in my community. * Find out about clubs in my local area * Global 13, Climate Action; I know where the recycling points are in my local environment. * I can help or support a neighbour. * Seasonal activities (Snowdrop walk, pumpkin spotting, fruit picking, Christmas crafts etc). * Walk in the local area and share what I find. |
| **Creativity**   * I can dance/move to music and start to create some of my own steps/choreography. * I can appreciate the work of an artist. * I can make a model of a bridge. * I can create an interesting piece of text. * I can show my appreciation of music, I can choose an artist and discuss likes or dislikes. * I can think of an invention which will make the world a better place to live. | **Health and Wellbeing**   * I can give an example of a good and bad role model. * I understand that a wide range of different kinds of friendships exist and can identify them. * I can explain my own ambitions and create a plan to achieve it. * I can give examples of different dietary requirements for different lifestyles e.g. athlete, diabetic etc. * I can model a range of tasks in relation to hygiene, cleanliness and safety. | **Technology**   * I can create a set of instructions for making a meal * I can create and use a strong password * I can create a Fact-file in chronological order * I can explore and complete a task from:   <https://makecode.microbit.org/>  [Hour of Code Teacher Resources | Code.org](https://code.org/hourofcode/overview)  [Scratch - Imagine, Program, Share (mit.edu)](https://scratch.mit.edu/projects/editor/?tutorial=getStarted)   * I can add to my Digital Learning Journal * Explore Interland and explain what you have learned * [Play Interland - Be Internet Legends (beinternetawesome.withgoogle.com)](https://beinternetawesome.withgoogle.com/en_uk/interland) |