**Primary 1 Family Learning Grid**

Parents/carers – Please pick 1 task per week to complete and share via Teams or in class.

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| **Sports and Fitness*** I can take part in a sports class or club.
* I can be active by going for a local walk with my family.
* I am learning to cycle my bicycle.
* I can do the actions for different songs.
* I can use a variety of balls to practise throwing and catching.
* I can throw/kick a ball at a given target.
 | **Life Skills*** I can cross the road safely with an adult.
* I can identify where the lolly pop lady stands.
* I can follow a daily routine talking about what I do in the morning, afternoon and evening.
* I can tie my shoe laces with support.
* I can try new foods, selecting what I like.
* I can measure ingredients using cups and spoons.
* I can identify different coins and notes.
 | **Community and Outdoor Learning** * I can learn some nursery rhymes/ songs and share them with others.
* I can notice and collect evidence of the seasonal changes in my garden/ local environment/park etc.
* I can identify the different shops in my local area and discuss how these help me.
* I can take part in the RSPB Big Bird Watch.
* I can make a card/picture for the local care home to celebrate National Day of Arts in Care Homes in September.
* I can complete a scavenger hunt using the letters in my name.
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| **Creativity*** I can dance/move along to music with an adult while following actions/steps.
* I can identify and create a pattern using shape and colour.
* I can construct a simple tower.
* I can use junk material to create a model/vehicle etc.
* I can make a bird feeder to put outside.
* I can create a number sign/plaque for my door.
 | **Health and Wellbeing*** I can talk about who is in my family.
* I can talk about my new school friends.
* I can say what job I am role playing.
* I can compare foods which we should eat less of and more of.
* I can sit down for a meal with my family.
* I can spend time doing calming activities I enjoy.
 | **Technology*** I can create a pattern with different shapes or colours and can explain my pattern to others.
* I can list at least three things I know that use passwords
* With an adult, I can open a search engine
* I can play a topmarks game:[Shape Patterns (topmarks.co.uk)](https://www.topmarks.co.uk/ordering-and-sequencing/shape-patterns)
* I can choose a piece of work from home to add to my digital learning journal
* I can make rules for looking after a digital device
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