**Primary 1 Family Learning Grid**

Parents/carers – Please pick 1 task per week to complete and share via Teams or in class.

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| **Sports and Fitness**   * I can take part in a sports class or club. * I can be active by going for a local walk with my family. * I am learning to cycle my bicycle. * I can do the actions for different songs. * I can use a variety of balls to practise throwing and catching. * I can throw/kick a ball at a given target. | **Life Skills**   * I can cross the road safely with an adult. * I can identify where the lolly pop lady stands. * I can follow a daily routine talking about what I do in the morning, afternoon and evening. * I can tie my shoe laces with support. * I can try new foods, selecting what I like. * I can measure ingredients using cups and spoons. * I can identify different coins and notes. | **Community and Outdoor Learning**   * I can learn some nursery rhymes/ songs and share them with others. * I can notice and collect evidence of the seasonal changes in my garden/ local environment/park etc. * I can identify the different shops in my local area and discuss how these help me. * I can take part in the RSPB Big Bird Watch. * I can make a card/picture for the local care home to celebrate National Day of Arts in Care Homes in September. * I can complete a scavenger hunt using the letters in my name. |
| **Creativity**   * I can dance/move along to music with an adult while following actions/steps. * I can identify and create a pattern using shape and colour. * I can construct a simple tower. * I can use junk material to create a model/vehicle etc. * I can make a bird feeder to put outside. * I can create a number sign/plaque for my door. | **Health and Wellbeing**   * I can talk about who is in my family. * I can talk about my new school friends. * I can say what job I am role playing. * I can compare foods which we should eat less of and more of. * I can sit down for a meal with my family. * I can spend time doing calming activities I enjoy. | **Technology**   * I can create a pattern with different shapes or colours and can explain my pattern to others. * I can list at least three things I know that use passwords * With an adult, I can open a search engine * I can play a topmarks game:[Shape Patterns (topmarks.co.uk)](https://www.topmarks.co.uk/ordering-and-sequencing/shape-patterns) * I can choose a piece of work from home to add to my digital learning journal * I can make rules for looking after a digital device |