**WELCOME TO EARLY LEARNING AND CHILDCARE AT**

**TREETOP FAMILY NURTURE CENTRE**

****

**2023 - 2024**

**Treetop Family Nurture Centre**

**Hillend Road Granville Way**

**Inverkeithing Rosyth**

**KY11 1PL KY11 2HP**

**01383 602376 01383 602150**

**Meet our Senior Leadership Team:**

**Headteacher:** Rachel Marshall

**Depute Head of Centre:** Elizabeth Hunter

Rachel Graham

**Principal Teacher:** Andrea Stark

**Inverkeithing**

Senior Early Years Officer: Lorna McGuigan

Senior Early Years Officer: Alina Kaczmarczyk

SEYO (Family Worker): Shona Wilson

Samantha Rayner

**Rosyth**

Senior Early Years Officer: Linda Downie

Senior Early Years Officer: Claire Shanks

At Treetop we aim to provide a secure happy stimulating environment for children to learn from. We want them to have fun and will support them as they need it. We will encourage them to become independent and know how to care for themselves as much as they can. We complement our work with children by supporting families and offering parent groups. (currently online support – COVID restrictions)



**At Treetop Children and Families Come First!**

**Families are our Focus, Children are our Future**

**OUR VALUES**

**C**onnect – building positive relationships

**A**spire – achieving our full potential

**R**esilience – developing skills for life

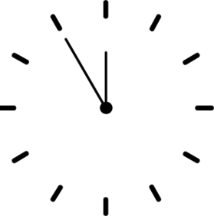
**E**mpower – learning and growing together

**Before your child starts**

Please talk about what they may expect – currently we are sharing SWAYs online which allow you to see inside the nursery and meet some of the staff virtually.

**Keyworkers**

All children have key workers who try to get to know both you and your child. Please feel free to approach your child’s keyworker about anything you are unsure about.



**Times**

Treetop Inverkeithing

Session times are:

**09:00-15:00** term time (39 weeks)

Due to COVID we currently have staggered exit and entry to support social distancing. If restrictions are still in place this will be communicated to parents prior to starting in nursery.

Treetop Rosyth

Session times are:

AM **0800-1240** or PM **1320-1800** (49 weeks)

OR

Mon, Tues **0800-1800** Wed **0752-1240** or

Wed **1320-1808** Thurs, Fri **0800-1800**

(46 weeks)

**Settling In**

Normally parents/carers are welcome to stay at nursery with their child to support a smooth transition. This is often a different length of time for each individual child. Your child’s keyworker will work with you and advise you.

**What do children do at nursery?**

* Learn through play
* Learn how to play with other children
* Learn how to listen and communicate with other adults
* We follow the Early Level Curriculum for Excellence. This is the curriculum followed by children in Scottish Schools throughout their time in school.



**What are Personal Learning Journeys (PLJs)?**

* This a record of your child’s learning at nursery.
* When your child starts here the keyworkers will tell you how you can add to contribute to the PLJ folder.
* You will be invited to have parent chats, so you can hear about how your child has settled and how we can work together with your child to share successes and plan next steps for learning.

PLJs and Parent Chats are face to face but be supported online and through phone calls/discussions.

Home learning is supported through our **closed** Facebook pages.

For children moving to school we have a Treetop Transition Page.

**Clothing**

We would advise you to dress your child in **old, comfortable clothes** for coming to Nursery, so they can run about easily and it won’t matter if they get these covered in paint, glue or mud.

Please also bring a **spare set of clothes** to Nursery so we have a change of clothing should your child get wet in the water tray or have an accident. All clothing should be labelled with your child’s name.

We recommend trainers, or boots/wellies for the winter, to allow the children to safely enjoy physical play outdoors. Indoor shoes are also welcome in your child’s bag – especially when shoes and socks can become wet or muddy from outdoor play.

Please **bring a coat** for your child as we try to get out to play even if the weather is not very good. Waterproofs are also recommended.

**Nursery Snack**

All children are offered a small snack during their session.

This is normally something like fruit, toast, cheese & crackers with milk or water to drink.

**Please let us know if your child has specific dietary requirements or allergies.**

**Lunch**

For those children staying for lunch these are free and a choice of hot or cold lunch is available. You can provide your child with their own packed lunch if you prefer. We follow ‘Setting the Table’ documentation

Menus can be shared with parents to support choices.

**Nursery Weekly Contribution**

We ask for a voluntary contribution of £2.00 per week, this covers the cost of any additional snack, cooking or baking activities and also goes a long way towards the cost of trips, outings & resources to support children’s learning and experiences.

**Attendance**

If your child is not attending Nursery due to illness, family days, holidays, appointments then please let us know as soon as possible by calling the main office at:

Inverkeithing: **01383 602376**

Rosyth: **01383 602150**

We are required to follow a Fife Council procedure for all absences.

**Holidays**

Nursery is closed to **all** children on In-Service Days and Public Holidays.

**Inverkeithing**:

Our provision offers term-time 9-3 sessions and as such follows the school holiday calendar for Fife.

Some children may be offered additional time in the holiday period. This is normally arranged in collaboration with nursery, parents/carers and other professionals.

**Rosyth**:

Children accessing the AM/PM sessions in the 49-week model have 1-week holiday at Christmas, plus in-service and public holidays.

Children accessing our 2 ½ day sessions in our 46-week model have 1 week at Christmas, 1 week at Easter and 2 weeks in summer, plus in-service and public holidays.

Dates and reminders are included in our termly newsletters.

**Illness**

We encourage the children to practise good hand hygiene and infection control measures are followed by staff. We are also currently adhering to all COVID guidance from both the Scottish government and Fife Council.

Should you feel your child has something contagious then please do not send them into Nursery and contact us to let us know why they are ill.

**If your child has had sickness and/or diarrhoea then they will not be fit to return to Nursery until 48 hours following their last bout. Infection control is at the back of this booklet.**

**Sun Awareness**

We work a Sun Awareness policy at Treetop that means that

Children should:

* Wear a sunhat when outside – legionnaire if possible
* Wear clothing covering the shoulders and arms
* Be outside for limited periods when sunny between 11.00-15.00
* Wear appropriate sunscreen
* Be encouraged to play in the shade and take frequent liquids

Parents/carers please apply sun cream to your child **prior** to coming into nursery. Staff will reapply during the full day session with nursery sun cream

If your child has sensitive skin, you may wish to supply your own sunscreen. Please label the bottle clearly and speak to a staff member.

**Headlice**

From time to time, we may have lice in the Nursery. Please get into a routine of checking your child’s hair regularly. Your child can continue to attend nursery with head lice however we ask you let us know and start treatment (we recommend a bone comb through wet, conditioned hair).

**Accidents**

If your child has a minor accident in nursery we will treat them with any necessary first aid and advise you of the accident. Nursery staff will phone to inform you at the time of the accident if there has been any head or face bumps.

We keep a record of all accidents. Parents are asked to sign the record to confirm they have been informed of the accident and can also have a copy of the form if they wish.

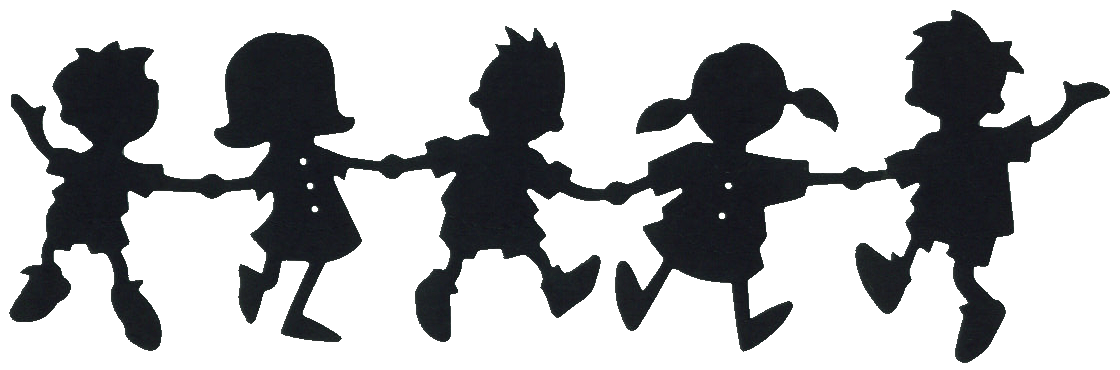
If a child has a major accident in our care, we will contact you and emergency services. Please make sure we have an up-to-date contact for both yourself and your emergency contact in case we cannot reach you.



**Parents**

Treetop encourages parents to have regular contact with staff. Our staff are always happy to discuss how your child is getting on in nursery and we are available if you need some support or advice.

We normally run a programme of parent’s groups, activities and learning sessions throughout the year.

****

**To try and maintain an infection free zone**

**Stay and Play Visits**

You are welcome to stay and play for part of your child’s session. This gives you the opportunity to share in your child’s experiences.

**Forest/Beach Kindergarten**

Children will take part in outdoor learning sessions to the forest and beach. We will use areas within walking distance where possible.

We welcome parents to come along and spend time with their child.

**Local Visits**

Children often go out for a walk in the local area e.g. library, care home, shops, orchard, playing field. We welcome parent support at these times.

**Volunteering**

Can you help support the work at Treetop by becoming a volunteer?

If you can share your talents and time we will be grateful.

We always welcome volunteers on our woods trips and other outings, speak to your nursery room team.

**Child Protection**

All children and young people in Fife have the right to be cared for and protected. We all have a part to play to ensure that you are safe and your needs are met. Here in Fife, we believe that “***child protection is*** ***everyone’s job and everyone’s responsibility***”. Your welfare is very important to us all and we take that very seriously.

Should a child inform us or show signs that they are at risk from harm then we have a duty to report our concerns to either Social Work or Fife Police. This may be done without parental consent, please know this is being done to ensure the safety of all our children and families.

**Elizabeth Hunter is our Child Protection Co-ordinator**.

**Rachel Marshall Depute Child Protection Co-ordinator.**

**Our SEYOs are also depute child protection trained:**

**Inverkeithing: Shona Wilson, Lorna McGuigan**

**Rosyth: Linda Downie and Claire Shanks**

**Social Work Contact Centre:- 03451 551 503.**

**E-mail-** [**sw.contactctr@fife.gov.uk**](mailto:sw.contactctr@fife.gov.uk)

**Concerns and Complaints**

If you have any concerns or complaints, please speak to your child’s keyworker or our Senior EYOs in the first instance.

Parents can also speak to management at any time. A member of the management team will be available to help. Please let staff know or contact us by phoning the nursery on

Inverkeithing: 01383 602376

Rosyth: 01383 602150

Or emailing our nursery at Inverkeithingnur.enquiries@fife.gov.uk

**Where to find us:**

Treetop Family Nurture Centre

Hillend Road Granville Way

Inverkeithing Rosyth

KY11 1PL KY11 2 HP

01383 602376 01383 602150

**To keep up with our latest news & information:**

Follow us: [www.facebook.com/TreetopFamily](http://www.facebook.com/TreetopFamily)

We also have a closed Facebook page for each playroom which you can request to join once you start at nursey.

**Our website is now on blogs.glowscotland.org.uk and can be reached using the code:**

bit.ly/treetopfnc

**Scan this QR code with your smartphone to be taken straight to our main Facebook page.**

|  |  |
| --- | --- |
| **Facebook** | facebook qr code |

**Infection Control**

The information contained in the booklet was issued by the Department of Health and Department of Education.

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  |  | | --- | --- | --- | | **Infection or symptoms** | **Recommended Exclusion** | **Comments** | | **1. Rashes/ skin infections** | | | | Athlete’s foot. | None. | Not serious infection child should be treated. | | Chickenpox (Varicella Zoster). | Until all vesicles have crusted over (usually 5 days). | Pregnant staff should seek advice from their GP if they have no history of having the illness. | | Cold sores (herpes simplex). | None. | Avoid kissing and contact with the sore. | | German measles (rubella). | 7 days before rash and 7 days after. | Preventable by vaccination (MMR x 2 doses). Pregnant staff should seek prompt advice from their GP. | | Hand Foot and Mouth (coxsackie). | None. | If a large number of children affected contact HPT. Exclusion may be considered in some circumstances. | | Impetigo (Streptococcal Group A skin infection). | Until lesions are crusted or healed or 48 hours after starting antibiotics. | Antibiotics reduce the infectious period. | | Measles. | 4 days from onset of rash. | Preventable by immunisation. (MMR x 2 doses). Pregnant staff should seek prompt advice from their GP. | | Ringworm. | Not usually required unless extensive. | Treatment is required. | | Scabies. | Until first treatment has been completed. | 2 treatments are required including treatment for household and close contacts. | | Scarlet fever. | Child can return 24 hours after starting appropriate antibiotic treatment. | Antibiotic treatment is recommended for the affected child. | | Slapped cheek/fifth disease. Parvovirus B19. | None (once rash has developed). | Pregnant contacts of a case should consult their GP. | | Shingles. | Exclude only if rash is weeping and cannot be covered. | Can cause chickenpox in those who are not immune, ie have not had chickenpox. It is spread by very close contact and touch. | | Warts and verrucae. | None. | Verrucae should be covered in swimming pools, gymnasiums and changing rooms. | | **2. Diarrhoea and vomiting illness** | | | | Diarrhoea and/or vomiting. | 48 hours from last episode of diarrhoea or vomiting. |  | | *E. coli* O157 STEC Typhoid and paratyphoid (enteric fever) *Shigella* (dysentery). | Should be excluded for 48 hours from the last episode of diarrhoea for *E. coli* 0157.  Further exclusion may be required for some children until they are no longer excreting. Exclusion is also variable for enteric fever and dysentery. HPT will advise. | Further exclusion is required for children aged 5 years or younger and those who have difficulty in adhering to hygiene practices. | | Cryptosporidiosis. | Exclude for 48 hours from the last episode of diarrhoea. | Exclusion from swimming is advisable for 2 weeks after the diarrhoea has settled. | | **3. Respiratory infections** | | | | Flu (influenza). | Until recovered. | If an outbreak/cluster occurs, consult your local HPT. | | Tuberculosis. | Advised by HPT on individual cases. | Only pulmonary (lung) TB is infectious to others. Needs close, prolonged contact to spread. | | Whooping cough (pertussis). | 48 hours from starting antibiotic treatment, or 21 days from onset of illness if no antibiotic treatment. | Preventable by vaccination. After treatment, non-infectious coughing may continue for many weeks. | | **4. Other infections** | | | | Conjunctivitis. | None. | If an outbreak/cluster occurs, consult your local HPT. | | Diphtheria. | Exclusion is essential.  Always consult your local HPT. | Family contacts must be excluded until cleared to return by your local HPT. Preventable by vaccination. | | Glandular fever | None. | | | Head lice | None. | Treatment is recommended only in cases where live lice have been seen. | | Hepatitis A | Exclude until 7 days after onset of jaundice (or 7 days after symptom onset if no jaundice). |  | | Hepatitis B, C, HIV/AIDS. | None. | Hepatitis B and C and HIV are bloodborne viruses that are not infectious through casual contact. | | Meningococcal meningitis/ septicaemia. | Until recovered. | Meningitis ACWY and B are preventable by vaccination.  There is no reason to exclude siblings or other close contacts of a case. | | Meningitis due to other bacteria. | Until recovered. | Hib and pneumococcal meningitis are preventable by vaccination. There is no reason to exclude siblings or other close contacts of a case. | | Meningitis viral | None | Milder illness. There is no reason to exclude siblings and other close contacts of a case. Contact tracing is not required. | | MRSA | None. | Good hand hygiene and environmental cleaning. | | Mumps | Exclude child for 5 days after onset of swelling. | Preventable by vaccination (MMR x2 doses). | | Threadworms | None. | Treatment is recommended for the child and household contacts. | | Tonsillitis | None. | There are many causes, but most cases are due to viruses and do not need an antibiotic. | |
|  |