

Primary Menu *Week 1*

August 2022 – June 2023

Week Commencing

15/08/2022 07/11/2022 02/01/2023 13/03/2023 05/06/2023
 29/08/2022 21/11/2022 16/01/2023 27/03/2023 19/06/2023
 12/09/2022 05/12/2022 30/01/2023 24/04/2023
 26/09/2022 19/12/2022 13/02/2023 08/05/2023
 24/10/2022 27/02/2023 22/05/2023



<i>Week 1</i>	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Starter</i>	Homemade Soup with Bread <i>V</i>	Homemade Soup with Bread <i>V</i>	Homemade Soup with Bread <i>V</i>	Homemade Soup with Bread <i>V</i>	Homemade Soup with Bread <i>V</i>
<i>Main 1</i>	Macaroni Cheese <i>V</i> with Garlic Bread Broccoli, Salad	Pork Sausage & Hot Dog Roll Sweetcorn & Coleslaw Potato Wedges	Chicken Korma Boiled Rice, Naan Bread Broccoli & Salad	Steak Pie Potatoes Carrots & Turnip	Crispy Cod Fillet Chips, Peas & Salad
<i>Main 2</i>	Baked Potato <i>V</i> & Various Filings & Salad	Quorn Fajitas <i>V</i> & Salad	Vegetable Korma <i>V</i> Boiled Rice, Naan Bread & Salad	Baked Potato <i>V</i> & Various Filings & Salad	Italian Pasta <i>V</i> & Salad
<i>Filled Roll</i>	Roll with Turkey or Cheese Fillings	Sandwich with Chicken or Cheese Fillings	Roll with Ham or Cheese Fillings	Sandwich with Tuna Mayo or Cheese Fillings	Roll with Turkey or Cheese Fillings
<i>Dessert</i>	Ice Cream Tub Selection of Fresh Fruit	Yoghurt Selection of Fresh Fruit	Mandarin & Melon Cocktail Selection of Fresh Fruit	Jelly & Fresh Fruit Salad Selection of Fresh Fruit	Chocolate & Beetroot Muffin Selection of Fresh Fruit

V = Vegetarian

Side Salad and Vegetables are available daily with Lunch choices including Main courses and Filled Rolls/Sandwiches , with a choice of Milk or Water. For further information on Allergens and Nutritional content please go to Fife.gov.uk website and search [School Meals](#), click on [Food In your School](#) and follow links.

For Specific Dietary Requirements form please see School Meal page containing further information and link to Request form.

Primary Menu *Week 2* Week Commencing

August 2022 – June 2023

22/08/2022 14/11/2022 09/01/2023 20/03/2023 12/06/2023
 05/09/2022 28/11/2022 23/01/2023 03/04/2023 26/06/2023
 19/09/2022 12/12/2022 06/02/2023 01/05/2023
 03/10/2022 20/02/2023 15/05/2023
 31/10/2022 06/03/2023 29/05/2023



<i>Week 2</i>	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Starter</i>	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V
<i>Main 1</i>	Italian Meatballs with Spaghetti & Broccoli	Beef Burger/Vegan Burger V & Bun with Sweetcorn Salad & Potato Wedges	Roast Chicken & Gravy Mashed Potatoes Carrots & Peas	Steak Mince Potatoes & Cauliflower	Salmon Fish Fingers Chips, Beans & Peas
<i>Main 2</i>	Cheese Panini V with Salad & Crudités	Baked Potato V & Various Filings	Cheese & Tomato Pizza V with Salad & Peas	Baked Potato V & Various Filings	Vegetable Pasta Bake Topped with Breadcrumbs V Garlic Bread & Peas
<i>Filled Roll</i>	Roll with Turkey or Cheese Fillings	Sandwich with Egg Mayo or Cheese Fillings	Roll with Ham or Cheese Fillings	Sandwich with Chicken or Cheese Fillings	Roll with Turkey or Cheese Fillings
<i>Dessert</i>	Yoghurt Selection of Fresh Fruit	Apple & Grape Cup Selection of Fresh Fruit	Yoghurt Watermelon	Jam Sponge & Custard Selection of Fresh Fruit	Mandarin & Melon Cocktail Selection of Fresh Fruit

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