

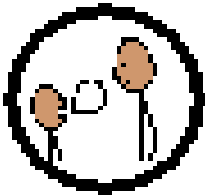
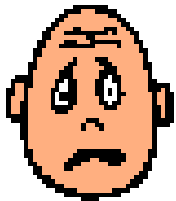


What is bullying behaviour?



- Bullying behaviour can include:
- Being called names, teased, put down or threatened face-to-face/online.
 - Being hit, tripped, pushed or kicked.
 - Having belongings taken or damaged
- **Bullying behaviour is mean**
 - **Bullying behaviour is unkind**

BULLYING BEHAVIOUR MAKES YOU SAD



You **MUST** tell someone

Who to tell:

- Someone at home
- A teacher or adult
- A friend
- An older child



What will happen?

- Someone will listen to you
- They will talk to the person who has used bullying behaviour
- They will let your family know
- They will keep an eye on you



This can help:

- The suggestion box in your classroom or in the main hall.



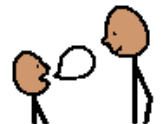
Your parent or carer can look at these websites:

www.childline.org.uk

www.respectme.org.uk



Make sure you tell. Remember it is against your rights to be bullied!



Our Policy

In Torryburn PS, we aim to promote a safe and caring atmosphere for all members of our school community.

All Pupils are expected to:

Uphold school values of Kindness, Honesty and Hardworking

Report all incidents of bullying behaviour, including those other pupils may be afraid to report.

Support each other and to seek help to ensure that everyone feels safe and nobody feels left out or afraid in school.

Be responsible citizens face to face, when online, in both school and outside of school.

Advice on how to deal with bullying behaviour!

Q - What can I do if I'm being bullied in school?

Ignore them if you can, walk away, they are usually looking for a reaction.

Tell someone - you can talk to your friends, parents, class teachers or another adult you trust.

Remember you can also report it to a Playground leader, they can tell an adult for you.

Q - What should I do if I know of someone else or see someone else who is being bullied?

- Don't ignore someone experiencing bullying behaviour.
- Try to offer support to the person being treated unfairly.
- Report the bullying behaviour to my class teacher or any other member of staff.

Q - What If I am using bullying behaviour towards someone?

- Ask yourself why you are behaving in this way.
- Talk to someone about your situation e.g. your class teacher.



Torryburn Primary School

We value Kindness, Honesty and Hardworking

We aim to be Ready,

Respectful, Safe

Anti-Bullying

Leaflet for P1-3 pupils

