**Team Torryburn 2021 Newsletter – 25.03.21**

**Our Values: Kindness ~ Honesty ~ Hardworking**

**Our Aims:** to be **Ready ~ Respectful ~Safe**

Dear Parent/Carer,

Here we are at the end of what we can only describe as a very different first term of 2021 – We made it!

Looking back over the term we would just like to thank you all again for all of your efforts in supporting your child’s learning at home. We also want to thank our staff for their dedication and ongoing commitment in supporting all at Team Torryburn. We know this last year has been particularly challenging and it goes without saying that we continue to be amazed at the resilience of all our young people and how well they have adapted to new routines and ways of working.

It is important that we all take the time over the Easter break to rest and relax before we return to school refreshed and ready for our final term.

Please support our young people with the 5 Ways to Wellbeing over the holidays –

**Keep active**

* dance to your favourite song
* walk a dog
* hula hoop
* make an obstacle course
* walk or cycle
* help in the garden
* run a race with friends
* make up your own sport

**Take notice**

* look what you can see out of your window and how it changes
* paint or draw a picture of what you've seen today
* think about how you are feeling today
* listen to the sounds of nature like the wind and rain
* play I spy
* notice how your friends or family are feeling today
* plant some seeds and watch them grow

**Connect**

* talk to your friends and family
* help a friend or neighbour
* eat a meal with your family
* make a new friend
* say hello
* bake some cakes and share them

**Keep learning**

* learn a new word each day
* visit a museum or art gallery online
* try out a musical instrument
* do a word search
* try a new food
* learn to cook a new recipe
* study an animal or bug
* visit a new place
* write a story or song

**Give**

* smile and say thank you
* make a homemade present or card for no reason
* hold a door open for someone
* give someone you love a hug
* share with others
* help around the house - wash the dishes or do some dusting
* listen to someone else and how they are feeling

Please stay safe and look after each other.

**School Holidays**

**Easter Holidays**

Monday 29 March – Friday 9 April

**May Holiday**

Monday 3 May

**May Inservice**

Thursday 6 May

**June Holiday**

Monday 7 June

**Summer Holidays**

Friday 25 June

(last day of term Thu 24 June)

We will welcome everyone back to school

on Monday 12 April.

Mr Wilson and Team Torryburn

