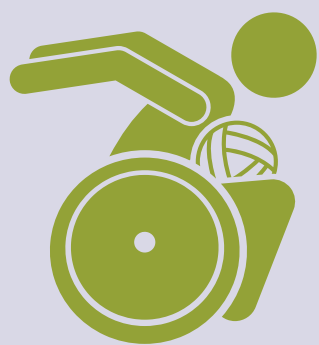


FIFE

PARASPORT FESTIVAL



INFORMATION FOR PARENTS, TEACHERS & PARTICIPANTS

THURSDAY 22ND FEBRUARY 2024



MICHAEL WOODS SPORTS & LEISURE CENTRE, VIEWFIELD, GLENROTHES, KY6 2RD



Information & Background

This document contains information on the upcoming Fife Parasport Festival 2024.

We are delighted to announce the first Fife Parasport Festival will run in partnership with Disability Sport Fife (SCIO) and Active Schools Fife as part of their ongoing program to engage children and young people with disabilities in sport and physical activity. The event will also be supported by clubs and coaches from across Fife as well as Scottish Sport Governing Bodies.

The event is designed to introduce pupils from mainstream schools across Fife with a **physical, visual or hearing impairment, aged P1-S6** to try new and exciting sports.

In 2019, Scottish Disability Sport celebrated 10 years of Parasport Festivals. The video below highlights the value and impact of the Parasport Festival.



**Scottish Disability Sport Parasport
You Tube Video**

<https://www.youtube.com/watch?v=JdkfhV4KwNc>



Event Information

Target Groups

The Parasport Festival is designed for children who have a **physical, visual or hearing impairment in P1-S6**. We would like to actively encourage children and young people with more severe physical disabilities to attend. It has been identified that these groups are significantly under-represented when it comes to participating in weekly sport or physical activity.

Please see attached Guidelines for Eligibility (Pupil/Individual Selection) on page 6

Event Staff

The event will be staffed by Disability Sport Fife (SCIO) and Scottish Disability Sport staff, Active Schools Coordinators, Sports Development Officers and Club Coaches. The event will also be supported by Active Schools Young Sports Ambassadors. These staff will be responsible for the running of the event and delivery of sports sessions.

Pupils attending the event should be supported by a parent/carer or member of school staff who can support their individual needs to ensure they get the most out of the day.

Location

Michael Woods Sports & Leisure Centre, Viewfield, Glenrothes, KY6 2RD

Facilities;

- Disabled Parking
- Accessible changing facilities
- Lift to all floors
- Changing Places
- Braille Signage
- Disabled Toilets
- Level ramp access
- Induction loop system
- Pool Hoists
- Guide Dogs Welcome

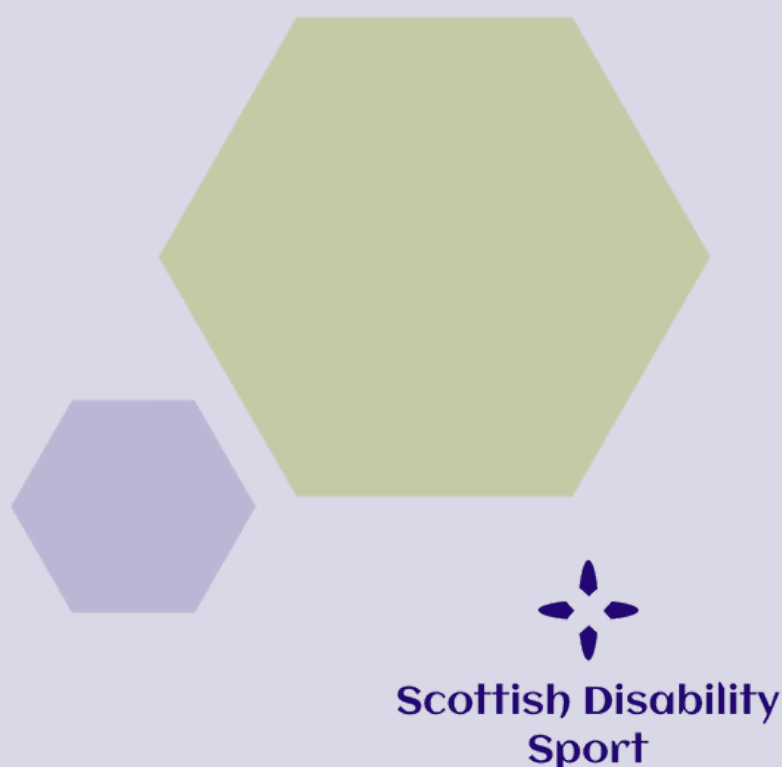


Timings

9.30am - Registration

10.00am - 2.30pm*

**Please note that these timings are approximate and will be confirmed in due course.*



What to bring

- Please wear **sports clothes and indoor shoes** for activities
- **Swimwear and towel** - *if participating in swimming activity*
- **Outdoor jacket/coat** *
- **Packed lunch** - a cafe is available at the Michael Woods Centre, however, it will be very busy on the day of the event so we advise bringing a packed lunch.
- **Water bottle** - hydration stations are available throughout the facility to refill water bottles
- **Lockers** are available outside the main Gameshall for **£1 (returnable)** - for safety reasons we would encourage the use of lockers to store belongings during the event.

** dependent upon weather conditions, All Ability Bikes may be outdoors.*

Sports & Activities *

- Athletics & Frame Running
- Boccia
- Judo
- Cricket
- Swimming
- Football
- Wheelchair Basketball
- Badminton
- All Ability Bikes

** the sports on offer may be subject to change*

Athlete Q&A

We have invited some athletes along to the event to share their sporting experiences through an interactive question and answer session at the end of the day.

Contact Information

For further information please contact:

Gayle Sloan - Fife Regional Development Manager (Scottish Disability Sport)

gayle.sloan@scottishdisabilitysport.com **or contact;**

Scottish Disability Sport Office: 0131 317 1130

Additional Contacts:

Active Schools Fife
Disability Sport Fife(SCIO)

Alex Bird
Kirsty Byrne

alex.bird@fife.gov.uk
kirsty.byrne@fifeleisure.org.uk
Tel: 03451 555 555 **ext. 444 989**



Registration

All participants **MUST** register using the following link:

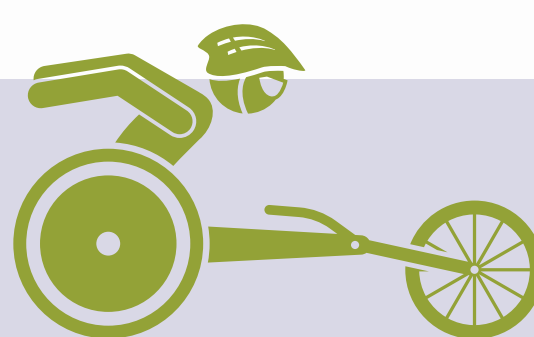
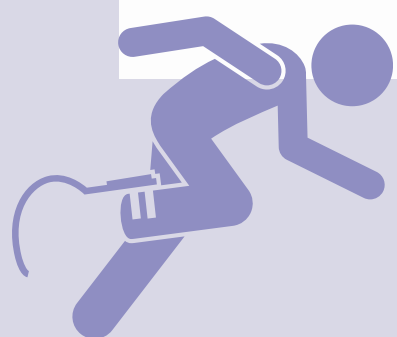
FIFE PARASPORT FESTIVAL

THURSDAY 22ND FEBRUARY 2024

[REGISTRATION LINK](#)



*Registration closes on
Thursday 8th February*



Scottish Disability
Sport



Guidelines for Pupil/Individual Selection

Below is a set of guidelines for pupils who are eligible to take part in the Parasport Festival. (Please note that these lists are not exhaustive)

Physical Disability

- Achondroplasia (dwarfism)
- Amputees
- Arthrogryposis
- Brittle Bones
- Cerebral Palsy
- Dysmelia
- Multiple Sclerosis
- Muscular Dystrophy
- Perthes Disease
- Polio
- Spina Bifida
- Spinal Cord Injury
- Spinal Muscular Atrophy

Deaf/Hearing Impairment

Sensory disability relates to an impairment to one (or more) of the senses. An individual may have no hearing (deaf) or a mild impairment to their hearing. Some examples include:

- Tinnitus
- Otosclerosis
- Stickler Syndrome

Blind/Visual Impairment

Sensory disability relates to an impairment to one (or more) of the senses. An individual may have no sight (blind) or a mild impairment to their sight. Some examples include:

- Tunnel vision
- Cortical visual impairment

There are a number of conditions for which this event is **NOT** suitable for:

- Learning Disability
- Down's Syndrome
- Fragile X
- Autism Spectrum
- ADHD
- Scoliosis
- Dyspraxia
- Transplant recipients
- Cystic Fibrosis
- Asthma
- Epilepsy
- Obesity
- Diabetes