

## St Leonard's Primary: Whole School Nurture Approach

### Universal Support

- Modelling and scaffolding learning
- Self-regulations scale
- De-escalation/distraction
- Emotion Works
- Relaxation strategies
- Opportunities to talk, be listened to
- Class charter
- Routines and planning



### Targeted Support

- Nurture HUB
- Sensory Room
- Individual planning
- Referral system
- TLG Coaching
- Kitbag
- Movement group
- Outdoor Learning
- Music Therapy



### Celebrating Success

- Golden bands
- Leo Learners
- Kindness Tree
- Rainbow Ray
- Celebrating Success Board
- Weekly Review
- Photos updated on Seesaw
- Class work displayed around the school.
- Cake Friday
- Playground points
- House Points and termly treats



# St. Leonard's Primary School



## Nurture: A Whole School Approach

## WHAT is a NURTURING APPROACH?

Positive and attuned relationships are central to a nurturing approach and form the foundation for effective teaching and learning, and the development of wellbeing. Children and young people's life experiences are taken into consideration and care is given to their strengths and the special adults in their lives. A nurturing approach values everyone across the whole school community and it is the responsibility of all to develop positive relationships and a nurturing ethos. It is an inclusive approach that can be applied universally, benefiting all children and young people, as well as targeted for individuals requiring more support.

A Nurturing Approach is based on **6 Nurturing Principles**:



- Learning to understand development.
- Environment offers a safe base.
- Nurture is important for wellbeing and self-esteem.
- Language is a vital means of communication.
- All behaviour is communication.
- Transactions are important in children's lives.

## Applying Nurture as a Whole School

A nurturing approach has been promoted as a key approach to supporting behaviour, wellbeing, attainment and achievement in Scottish schools in a number of policy documents including 'Included, Engaged and Involved, Part 2'<sup>1</sup> and 'Better Relationships, Better Learning and Better Behaviour'<sup>2</sup>. Local authorities have increasingly promoted a whole school nurturing approach in response to the needs within the school population, particularly with regards to closing the attainment gap<sup>3</sup> and have developed resources accordingly.

1 <https://www.gov.scot/publications/included-engaged-involved-part-2-positive-approach-preventing-managing-school/> Included, engaged and involved part 2: a positive approach to managing school exclusions. Scottish Government, 2011

2 <https://www.gov.scot/publications/developing-positive-whole-school-ethos-culture-relationships-learning-behaviour/> Better Relationships, better learning, better behaviour. Scottish Government 2013

3 <https://www.jrf.org.uk/report/closing-attainment-gap-scottish-education>

### Good Practice in Applying Nurture as a Whole School

In accordance with GIRFEC and SHANARRI wellbeing indicators **1**. at St Leonard's Primary School, we aim to apply Nurture as a whole school through the following actions:

- **Creating** a Safe, Secure, Flexible and Caring Environment where positive relationships are seen as being fundamental based on *The Compassionate and Connected Classroom Curricular Resource 2*
- **Develop** a Whole School Focus on Social and Emotional Learning and the Building of Resilience
- **Continued** Awareness of the Impact of ACES (Adverse Childhood Experiences and Trauma) **3**
- **Focus** on Assessment and Planning which has a focus on what has happened to the individual rather than what is wrong with the individual.
- **Establishing** developmentally appropriate supports which support self-regulation
- **Adopt** a range of whole school approaches which support

1. <https://www.gov.scot/policies/girfec/principles-and-values/>

2. [https://education.gov.scot/media/3ugjamia/nih087-compassionate-and-connected-classroom\\_.pdf](https://education.gov.scot/media/3ugjamia/nih087-compassionate-and-connected-classroom_.pdf)

3. <https://www.gov.scot/publications/adverse-childhood-experiences-aces/>