

Primary Menu • Week One

Menu available for the weeks beginning on the following dates:

14/08/2023	20/11/2023	12/02/2024	13/05/2024
28/08/2023	04/12/2023	26/02/2024	27/05/2024
11/09/2023	18/12/2023	11/03/2024	10/06/2024
25/09/2023	01/01/2024	25/03/2024	24/06/2024
23/10/2023	15/01/2024	15/04/2024	
06/11/2023	29/01/2024	29/04/2024	



School Lunches!



Monday

Vegetable soup
with bread

✓ Crispy quorn fajitas
with garden peas
and side salad

or

Traditional macaroni
cheese with garlic bread,
garden peas and
side salad

or

Plated garden salad
with cheese or
tuna mayonnaise

or

Filled wrap with cheese
or tuna mayonnaise,
side salad and crudités

Ice cream tub and
selection of fresh fruit

Tuesday

Lentil soup
with bread

✓ Vegan sausage
in a hotdog roll with
chips, sweetcorn and
side salad

or

Pork sausage
in a hotdog roll with
chips, sweetcorn and
side salad

or

Plated garden salad
with cheese or chicken
mayonnaise

or

Filled sandwich with
cheese or chicken
mayonnaise,
side salad and crudités

Fruit yoghurt and
selection of fresh fruit

Wednesday

Tomato soup
with bread

✓ Vegetable korma with
long-grain rice,
naan bread, medley of
vegetables and side salad

or

Chicken korma with
long-grain rice,
naan bread, medley of
vegetables and side salad

or

Plated garden salad with
cheese or sliced ham

or

Filled roll with
cheese or ham,
side salad and crudités

Homemade carrot sponge,
custard and selection of
fresh fruit

Thursday

Broccoli soup
with bread

✓ Baked potato
with a choice of
baked beans or cheese
and side salad

or

Homemade steak pie
with sliced green beans,
carrots and new potatoes

or

Plated garden salad with
cheese or turkey

or

Filled sandwich with
cheese or turkey,
side salad and crudités

Strawberry jelly,
fresh fruit salad and
selection of fresh fruit

Friday

Carrot & coriander soup
with bread

✓ Mediterranean
vegetable frittata
with chips, garden peas
and side salad

or

Crispy cod fillet
with chips, garden peas
and side salad

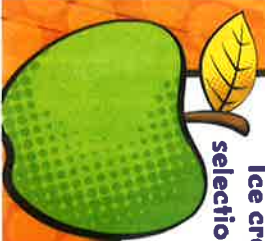
or

Plated garden salad
with cheese or egg
mayonnaise

or

Filled roll with cheese or
egg mayonnaise,
side salad and crudités

Chocolate & beetroot
muffin and selection of
fresh fruit



For information on allergens and nutritional content please visit www.fife.gov.uk/primaryschoolmeals

✓ = Vegetarian option. All soups are vegetarian