

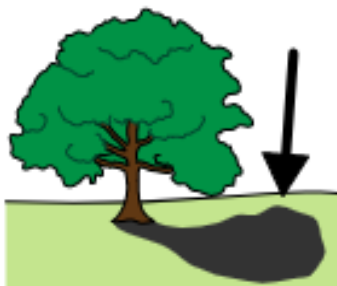


South Parks Primary School & Nursery

# Sun Safe Checklist



- Be outside for limited periods when sunny - only for 15-20mins at a time, before enjoying some shade. Our building provides shaded areas to play



- Wear a Sun Hat (Legionnaire Style is recommended)



- Wear clothing that covers shoulders and arms

- Wear/apply appropriate Sunscreen



- Be Extra Careful April - September between 11am & 3pm