







What's on?	What is it?
<p>Monday</p>	<p>Boosting Budgets 9:30-11:30</p>  <p>Find out ways to -</p> <ul style="list-style-type: none"> <li>• How to make the best of your money</li> <li>• Saving and borrowing with the credit union</li> <li>• Cooking on a budget</li> <li>• Where to get help when you need it</li> <li>• Learn about the changes to benefits This group will run for 7 weeks.</li> </ul>
<p>Tuesday</p>	<p>Incredible years 9.30-12.30</p>  <p>The Incredible Years evidence based programme for parents and children. This will help to reduce challenging behaviour in children and increase their social emotional learning and self-control skills.</p>
<p>Wednesday</p>	<p>Breakfast with Bookbug 915-10 (All families welcome)</p>  <p>Children and families will come together to have breakfast and to share a story and sing some songs in our family room, promoting literacy experiences at both nursery and home.</p> <p>Wellbeing Group 1:45 - 2:45</p>  <p>The group will deliver weekly activities that promote better life choices, help us to gain more control over health that may be causing challenges we have recently experienced as a family or individual.</p>
<p>Thursday</p>	<p>Parents/Babies group 10-10.30</p>  <p>Parents/carers are welcome to join our family worker Kayleigh for a cuppa chat.</p> <p>13:45 - 14:45</p>  <p>Family Learning - Fun activities for parents/carers to learn together. This is for our pre school children and will be focused around school</p>

Paxton Nursery - Family Learning Timetable

