

# P7 Residential to Dalguise

When? 24.02.2025-28.02.2025

Leave: 2pm on 24.02.2025

Return: by 3pm on 28.02.2025

Where? Dalguise, 5 miles from Dunkeld <https://www.pgl.co.uk/en-gb/adventure-holidays/centres/dalguise>

Travel: Living High Travel

Who? Miss Stevenson, Mrs MacKenzie and Mr McCarthy. Miss Donaldson will attend Wed/Thurs.

Parents/Carers are welcome to wave us off on 24.02.2025

We will contact you via text message to let you know that we have arrived at Dalguise.

# P7 Residential to Dalguise

## What should your child bring?

Luggage: luggage to one item which should be clearly labelled with your child's name and school. Your child should be able to carry/pull their own luggage.

Back pack and water bottle.

Kit List has been issued.

Please do NOT bring sweets, crisps, snacks etc. No mobile phones, cameras, smart watches, digital devices or technology should be brought.

Your child can bring a maximum of £5 to spend on a souvenir to bring home. They are responsible for their own money.

# Daily Routine

A sample day:

## Sample Day

Schedule	Activities
07.00 - 08.50	Get up, get ready and fuel up for the day ahead with a hearty breakfast.
08.50 - 12.00	Morning activities - 2 sessions with a 10 minute break in-between.
12.00 - 13.50	Enjoy a fresh and tasty two-course hot lunch and some free time.
13.50 - 17.00	Afternoon activities - 2 sessions with a 10 minute break in-between.
17.00 - 19.00	Time to eat again - a different dinner menu each day.
19.00 - 21.00	Discos, campfires, quizzes and more - our evening entertainment programme keeps everyone engaged until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's ready to do it all again tomorrow!

		Dalguise 24/02/2025 – 28/02/2025	<b>Provisional Activity Programme</b>	Newport Primary School
<b>Booking Reference</b>		AU25003225		

	Group	Meeting Point	Group Leader	Session 1 9:00 - 10:30	Session 2 10:40 - 12:10	Session 3 14:00 - 15:30	Session 4 15:40 - 17:10	Evening 19:30 - 20:30
<b>Monday</b>	1					Arrive on Centre	Vertical Challenge (VC2)	Balloon Splash (BSP1)
	2					Arrive on Centre	Vertical Challenge (VC1)	Balloon Splash (BSP1)
	3					Arrive on Centre	Vertical Challenge (VC4)	Balloon Splash (BSP1)
<b>Tuesday</b>	1			Trapeze (TR3)	Archery (A2)	Tree Climb (TC1)	Orienteering (OR1)	Passport To The World (PTTW3)
	2			Archery (A2)	Trapeze (TR3)	Orienteering (OR1)	Tree Climb (TC1)	Passport To The World (PTTW3)
	3			Archery (A3)	Climbing (CL3)	Tree Climb (TC2)	Orienteering (OR2)	Passport To The World (PTTW3)
<b>Wednesday</b>	1			Abseiling (AB1)	Survivor (SU2)	Jacob's Ladder (JL1)	Sensory Trail (ST1)	Highland Games (HG1)
	2			Survivor (SU2)	Abseiling (AB1)	Sensory Trail (ST1)	Jacob's Ladder (JL1)	Highland Games (HG1)
	3			Abseiling (AB2)	Survivor (SU3)	Trapeze (TR3)	Sensory Trail (ST2)	Highland Games (HG1)
<b>Thursday</b>	1			Zip Wire (ZG2)	Problem Solving (PS1)	Climbing (CL3)	Laser Tag (LT1)	Disco (DIS2)
	2			Problem Solving (PS1)	Zip Wire (ZG2)	Laser Tag (LT1)	Climbing (CL3)	Disco (DIS2)
	3			Jacob's Ladder (JL1)	Problem Solving (PS2)	Laser Tag (LT1)	Zip Wire (ZG2)	Disco (DIS2)
<b>Friday</b>	1			Giant Swing (GS1)	Challenge Course (CC1)	Depart		
	2			Challenge Course (CC1)	Giant Swing (GS1)	Depart		
	3			Giant Swing (GS2)	Challenge Course (CC2)	Depart		

# Activities

## Zip Line and Abseiling



# Activities

## Trapeze and Orienteering



# Activities

# Challenge Course



# Activities

## Tree Climb Giant Swing,



# Free Time





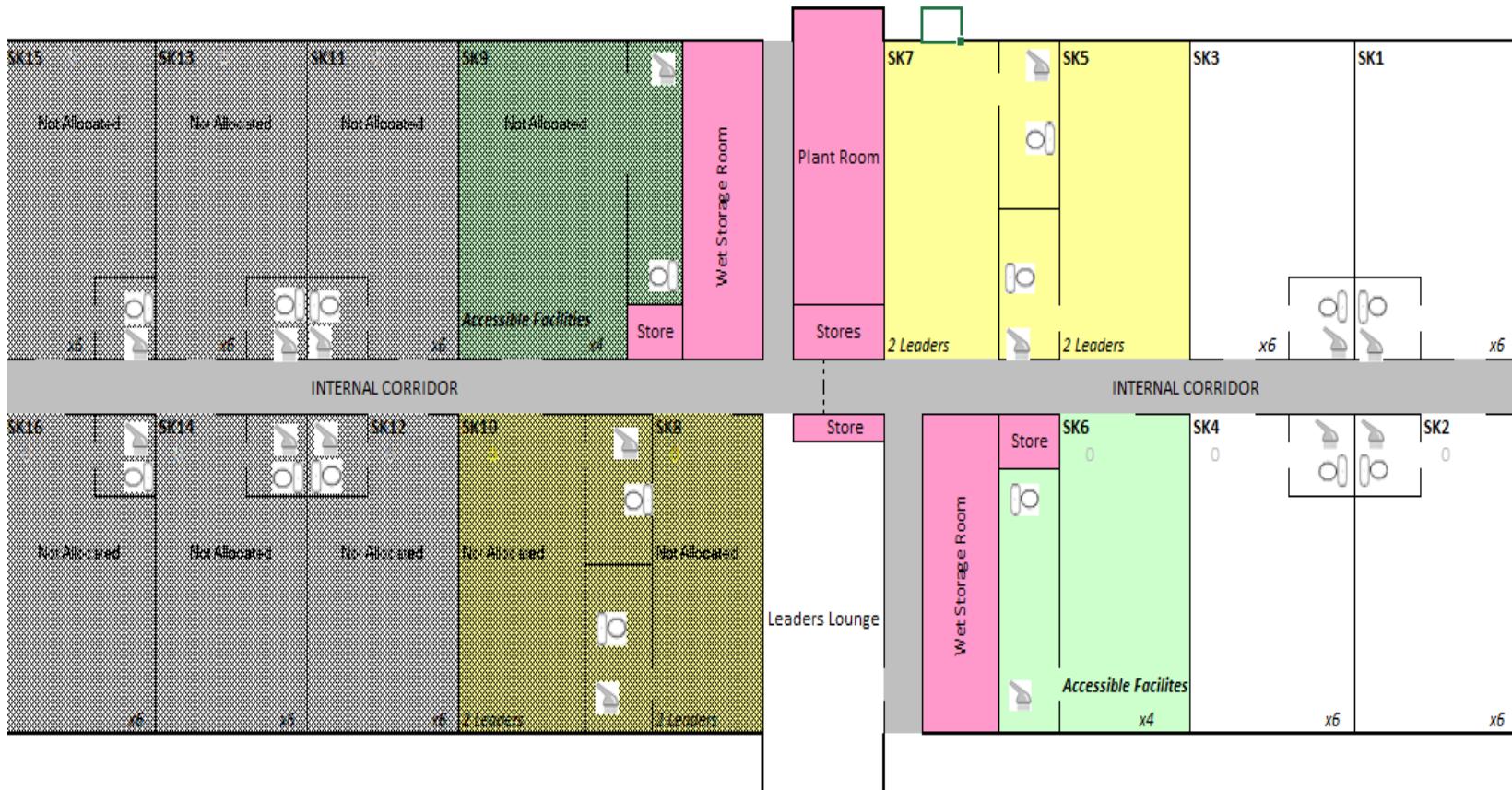
# Dalguise - "Skiach Lodge" Accommodation Plan - Internal Corridors

Group Name

Arrival Date

PGL Booking Ref

Departure Date



# Food and Dietary Requirements

new areas outside the traditional geographical and industry groups are possible, as well as a greater range of integration. In a project, local and industry specific factors, thus as well as other means of management, product, technology and management

These findings demonstrate that the use of a single, highly sensitive, and specific test may

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## REFERENCES

# Medication

- Any child who requires to take medication (including inhalers) at Dalguise should have a medication form completed by their parent. Please let us know and we can issue one to you.
- The medication should be handed into the school office on the morning of 24.02.2025 by an adult. This should be prescribed medication, be in the original packaging, instructions need to be included and the completed form.

# And Finally...

Behaviour will as usual be of the high standard our children maintain on trips or outings. Anyone whose behaviour is unacceptable will have their parents contacted in the first instance and may be sent home, so that the enjoyment of the others is not affected.

At Dalguise we expect:

- you to demonstrate our vision and values 'Kind, Polite, Responsible, Honest and Respectful.'
- you to listen to and follow all instructions on matters of safety and good order before and during the excursions.
- you to ensure you do not take any unnecessary risks.
- you to tell the group leader about any distress, concern or discomfort arising during or resulting from the excursion.
- you not to leave the grounds of Dalguise Centre unless accompanied by a member of staff.