

# Newport Primary School

Is taking part in



## Cycle to School Week



This is us!



We have 43 spaces for bikes in our playground!





# What is it?

Cycle to School Week is a week-long event where pupils, families and teachers try cycling or scooting to school.

Lets see how many people we can get cycling and scooting!



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# Why cycle or scoot to school?

Being active on the way to school has many benefits including:

- Feeling more energised
- Help the environment by replacing a car journey
- Improve local air quality
- Reduce traffic around the school



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# How can I cycle or scoot to school?



# Ask a parent or guardian





# Check your cycle or scooter is safe to ride





# Choose a safe route



# Put on your helmet



# Meet up with friends



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# Encourage your family to join



# Not sure on something? Ask a teacher



Enjoy the ride and  
good luck!

