

**Early Help & Support and
Masterton Primary School's
Family Link Worker
Ruth Pitcaithly**



Ruth will be holding informal and confidential drop-in sessions in our school for anyone looking for support in:

- ❖ Improving family relationships.
- ❖ Help with routines and boundaries.
- ❖ Support parents experiencing children with challenging behaviour.
- ❖ Support to parents on their own emotion wellbeing.
- ❖ Support to families experiencing domestic abuse, substance misuse and bereavement.
- ❖ A safe space to relax and chat.
- ❖ Everyone welcome.

Wednesday 7th October 9.00 – 11.00

Wednesday 4th November 9.00 – 11.00

Wednesday 2nd December 9.00 – 11.00

Wednesday 6th January 9.00 – 11.00

Wednesday 3rd February 9.00 – 11.00

Wednesday 3rd March 9.00 – 11.00

Wednesday 3rd May 9.00 – 11.00

Wednesday 2nd June 9.00 – 11.00

Please contact the school office, Mrs Mitchell or a member of the Senior Management Team to book a time slot.

